

Individual Top Times

Times since: 01-May-24 **Times until: 30-Apr-25**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
Women 11 - 11 50 Free									
1	30.33 L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group	
2	30.60 L S	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024		
3	30.73 L S	F	Caro Bishop	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024		
4	31.13 L	F	Sage Lindsay	11	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT		
5	31.21 L	F	Morgan Booyesen	11	PSCP UMD	26/03/2025	SA Level 3 Regional	Age Group	
6*	31.70 L S	F	Elke Coetsee	11	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024		
6*	31.70 L	P	Lily Bailes	11	ECSA	05/04/2025	SA Schools Swimming Championship		
8	31.75 L	F	Demi Vorster	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
9	31.83 L	P	Hayley Greyvenstein	11	USC BUF	25/04/2025	SA National Junior Age Grou-WCA		
10	31.88 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional	Age Group	
11	32.21 L	F	Leah Kotze'	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
12	32.34 L S	F	Keyla Douglas	11	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024		
13	32.49 L	P	Layla Palframan	11	KZNS	05/04/2025	SA Schools Swimming Championship		
14	32.73 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional	Age Group	
15	32.74 L	F	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional	Age Group	
16	32.95 L	P	Layla Palframan	11	SEAL UMD	26/03/2025	SA Level 3 Regional	Age Group	
17	33.25 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
18	33.30 L	P	Jaime Sprong	11	ASAC CPT	20/03/2025	SA Level 3 Regional	Age Group	
19	33.37 L	F	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
20	33.44 L	F	Jaime-Lynn Vermeulen	11	HARL BUF	02/11/2024	BCA November Age Group Gala 2024		
21*	33.47 L	P	Lize Beyers	11	AGAQ OBD	20/03/2025	SA Level 3 Regional	Age Group	
21*	33.47 L	P	Dione Smit	11	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group	
23	33.50 L	F	Catherine Sebastian	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
24	33.52 L	P	Saskia Gilligan	11	BLMA CPT	20/03/2025	SA Level 3 Regional	Age Group	
25	33.54 L	P	Mila Geldenhuys	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT		
26	33.57 L	F	Mikayla Wilensky	11	ASAC CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)		
27	33.61 L	P	Lisa Le Roux	11	BLOT MAN	20/03/2025	SA Level 3 Champs 2025-NT		
28	33.64 L	F	Jana Serdyn	11	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
29	33.65 L	F	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
30	33.69 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional	Age Group	
31	33.71 L	P	Chelsey Crossman	11	BLSS MAN	26/03/2025	SA Level 3 Regional	Age Group	
32	33.74 L	F	Emma Du Toit	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala		
33	33.75 L	P	Lika Baird	11	NWS	05/04/2025	SA Schools Swimming Championship		
34	33.77 L S	P	Bukata Mwanza	11	ESP EKU	05/12/2024	EGA Summer Championships		
35	33.83 L	P	Isabella Knight	11	WATR JHB	29/11/2024	CGA Championships 2024		
36	33.84 L	P	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3 Regional	Age Group	
37	33.89 L	P	Hannah Stearn	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group	
38	33.92 L	P	Isabel Helberg	11	MDOL JHB	29/11/2024	CGA Championships 2024		
39*	34.02 L	P	Sophie Chiang	11	WATR JHB	29/11/2024	CGA Championships 2024		
39*	34.02 L	P	Aiva Van der Zandt	11	NWS	05/04/2025	SA Schools Swimming Championship		
41	34.08 L	P	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
42	34.23 L	P	Yamakhuzo Loni	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group	
43	34.33 L	F	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
44	34.38 L	P	Ella Niven	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024		
45	34.39 L	F	Maria Geyser	11	LSBOS WB	02/11/2024	Limpopo LS - Top 8 skole 2024		
46	34.50 L	P	Zara Komani	11	WATR JHB	29/11/2024	CGA Championships 2024		
47	34.55 L	F	Mercedes Jaftha	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
48*	34.57 L	P	Alexi Claassen	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
48*	34.57 L	P	Lea Dornbrack	11	WELL CED	28/03/2025	SA Level 2 Regional Age Group Champs		
50	34.61 L	P	Gianna Olivier	11	PAQU CED	20/03/2025	SA Level 3 Regional	Age Group	
51	34.67 L	F	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
52	34.73 L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional	Age Group	
53	34.75 L	F	Lilly-Mae Smith	11	SOUL EKU	27/03/2025	SA Level 2 Champs 2025-EGA		
54*	34.76 L	F	Mariane Labuschagne	11	FISH EDD	08/02/2025	WCA-B Champs - 2025		
54*	34.76 L	P	Jessica Caldeira	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT		
56	34.77 L	F	Amy-Lee Wood	11	TCA EKU	01/02/2025	EGA Last Chance Gala		
57*	34.80 L	F	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
57*	34.80 L	P	Tatum Adams	11	PAQU CED	20/03/2025	SA Level 3 Regional	Age Group	

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	Time	P/F/S	Name	Age/Yr					
59	34.84 L	P	Naomi Mahlangu	11	BLMA CPT	20/03/2025	SA Level 3 Regional	Age Group	
60	34.88 L	F	Harley Knudsen	11	CA ECU	12/10/2024	EGA Summer 2		
61	34.89 L	F	Ané Venter	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025		
62	34.90 L	F	Shalom Mtileni	11	UNIU EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15		
63	34.92 L	P	Alexi Dandoulakis	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
64	34.97 L	F	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs		
65	35.02 L	F	Jorja Adelaine	11	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
66	35.14 L	F	Sydney Kuhn	11	ELEC TSH	13/09/2024	NTS September Age Group 2024		
67	35.22 L S	P	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024		
68	35.27 L	P	Bianca Van Jaarsveld	11	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group		
69	35.33 L	F	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025-EGA		
70	35.44 L	P	Mackenzi Dart	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
71	35.47 L	F	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
72	35.50 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group		
73	35.52 L	F	Janel Van der Merwe	11	UNI EZD	27/03/2025	SA Level 2 Champs 2025 EGA		
74	35.53 L	F	Willow Makwakwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
75*	35.55 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT		
75*	35.55 L	F	Darshana Pillay	11	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb		
77*	35.58 L	P	Morgan Burstein	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
77*	35.58 L	F	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
79	35.61 L	F	Colleen McQueen	11	BLSS MAN	04/12/2024	Free State Champs 2024		
80	35.70 L	F	Melissa Kleynhans	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA		
81	35.72 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
82	35.73 L	F	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
83*	35.75 L	P	Emma Gutsche	11	POLSC CCD	20/03/2025	SA Level 3 Champs 2025-NT		
83*	35.75 L	P	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group		
85	35.77 L	F	Diante Bothma	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)		
86	35.84 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025		
87	35.85 L	F	Rachel De Fleuriot	11	SEALE ETH	08/03/2025	Invitational Meet 2025		
88	35.88 L	F	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group		
89*	35.90 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
89*	35.90 L	P	Mila Nel	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
91	35.91 L	P	Emma Ranger	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
92	35.92 L	F	Lebogang Maredi	11	SS MPD	09/11/2024	Limpopo Age Group 5		
93	35.96 L	F	Isabel Smith	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025		
94	36.01 L	F	Anzel Smit	11	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024		
95	36.04 L	F	Gia Warby	11	PER JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb		
96	36.05 L	F	Kayden Jack	11	PER JHB	29/11/2024	CGA Championships 2024		
97	36.07 L	F	Esther Lubbe	11	HARV NMA	22/02/2025	Eastern Cape School Provincial Trials		
98	36.09 L	F	Chantel Van der Linde	11	VHD ZLD	25/01/2025	uShaka Champs 2025		
99	36.14 L	F	Sophia Duggan	11	PEAS NMA	16/11/2024	5th A League Gala 2024		
100	36.20 L	F	Kenzie Du Preez	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024		
101	36.22 L	F	Rachel Saltzman	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA		
102	36.30 L S	P	Aphelele Shange	11	PSCP UMD	02/07/2024	Prestige Tournament 2024		
103	36.33 L	P	Mambay Banza	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024		
104	36.35 L	F	Jane Tredoux	11	UPS NMA	18/02/2025	Inter Primary 2025		
105	36.36 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025		
106	36.37 L	F	Phelan Labuscagne	11	QUES JHB	29/11/2024	CGA Championships 2024		
107	36.38 L	F	Skyler Muller	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
108	36.39 L	F	Kyra Du Preez	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025		
109	36.41 L	P	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
110*	36.45 L	F	Reatile Ntidi	11	PCS KK	28/02/2025	NW School Championships 2025		
110*	36.45 L	F	Beulah vd Merwe	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs		
112	36.46 L	F	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024		
113	36.48 L	F	Heili Van Heerden	11	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Champs		
114	36.49 L	F	Zara Zehmke	11	SUMW NMA	22/02/2025	Eastern Cape School Provincial Trials		
115*	36.50 L	F	Helana Pretorius	11	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025		
115*	36.50 L	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024		
117	36.53 L	P	Naledi Makhanya	11	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN		

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	Time	P/F/S	Name	Age/Yr				
118*	36.54 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
118*	36.54 L	P	Leané Bruwer	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs	
120	36.57 L	P	Miané Prinsloo	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT	
121	36.60 L	F	Nienke Eksteen	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
122	36.61 L S	P	Murunwa Thidiela	11	MAKO ECU	05/12/2024	EGA Summer Championships	
123*	36.63 L	F	Tshegofatso Moabelo	11	BAS ECU	12/10/2024	EGA Summer 2	
123*	36.63 L	P	Olivia Odendaal	11	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
123*	36.63 L	F	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
126	36.64 L	F	Inge Jv Vuuren	11	LSTZN CCD	02/11/2024	Limpopo LS - Top 8 skole 2024	
127	36.65 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
128	36.66 L	F	Mari Haasbroek	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
129	36.68 L	F	Emily Van Der Byl	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025	
130	36.71 L	P	Ashlynn Shaw	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
131	36.77 L	F	Daniella Louw	11	BLOT MAN	04/12/2024	Free State Champs 2024	
132*	36.83 L	P	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
132*	36.83 L	P	Gianna Onkruid	11	UWCA CPT	20/03/2025	SA Level 3 Regional Age Group	
134	36.85 L	P	Engela Kloppe	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
135	36.87 L	F	Nika Loots	11	UPS NMA	18/02/2025	Inter Primary 2025	
136*	36.88 L	F	Isabelle de Beer	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
136*	36.88 L	F	Kate Pieterse	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials	
138	36.90 L	P	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
139	36.92 L	F	Jessieka Faul	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
140*	37.04 L	F	Zaan Van Goeverden	11	FISH EDD	30/11/2024	Eden LC Champs 2024	
140*	37.04 L	F	Luze Potgieter	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
142	37.05 L	F	Leanke Loots	11	KNYA EDD	30/11/2024	Eden LC Champs 2024	
143*	37.07 L	F	Emma Roets	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
143*	37.07 L	F	Lizanté Bam	11	UPS NMA	18/02/2025	Inter Primary 2025	
145*	37.08 L	F	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
145*	37.08 L	F	Lily Marais	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
147	37.10 L	F	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
148	37.15 L	F	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
149	37.19 L	F	Mamoso Ramokgopa	11	TKS WBD	29/11/2024	Limpopo Champs 2024	
150	37.20 L	F	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
151*	37.21 L	F	Hayden Kreusch	11	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
151*	37.21 L	P	Kyla Coetzee	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
151*	37.21 L	F	Pia Swanepoel	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
154	37.24 L	F	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
155	37.25 L	P	Josephine Watt	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
156	37.27 L	F	Vinelle Moss	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials	
157	37.29 L	F	Elmine Opperman	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs	
158*	37.32 L	F	Myra Bailey	11	RACE JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
158*	37.32 L	P	Miane Steyn	11	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
160	37.33 L S	F	Dine Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
161*	37.36 L	P	Paige Oliphant	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
161*	37.36 L S	F	Kaylee Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
163*	37.39 L	P	Miane Bendeman	11	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT	
163*	37.39 L	F	Ditebogo Pheeha	11	ACAA CCD	27/03/2025	SA Level 2 Champs 2025 EGA	
165*	37.41 L	F	Olivia Berry	11	BEST NMA	31/01/2025	Infinity Gala 2025	
165*	37.41 L S	P	Alexia Tranter	11	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024	
167	37.46 L	F	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
168	37.50 L	F	Lea Cilliers	11	BLOT MAN	04/12/2024	Free State Champs 2024	
169	37.56 L	P	Emily Marais	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs	
170	37.57 L	P	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
171	37.58 L	P	Lusanele Qusheka	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs	
172*	37.59 L	F	Zane Kroon	11	AGAQ QBD	08/02/2025	WCA-B Champs - 2025	
172*	37.59 L	F	Mieke Pretorius	11	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA	
174	37.72 L	F	Yolayne Aucamp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
175	37.76 L	F	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
176	37.77 L	F	Leah Schemel	11	HARL BUF	22/11/2024	BCA Long Course Championships 2024	

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177	37.78 L	F	Gcinizwi Dom	11	HPPS BUF	22/02/2025	Eastern Cape School	Provincial Trials	
178	37.79 L	F	Livi Engelbrecht	11	PAC TSH	27/03/2025	SA Level 2	Champs 2025-EGA	
179	37.89 L	P	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025	SA Level 3 Regional	Age Group	
180	37.90 L	F	Amy Freeman	11	NAE EZD	11/10/2024	MP AGE GROUP 2	(11 - 11 OCT'24)	
181	38.00 L	F	Cato Erasmus	11	BLIZ TMD	04/12/2024	Free State Champs 2024		
182	38.02 L	F	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group	Champs	
183	38.03 L	F	Märta Fogelström	11	TUKS TSH	13/09/2024	NTS September Age Group	2024	
184	38.06 L	F	Ashley Du Randt	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025		
185	38.15 L	F	Janke Bresler	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks		
186	38.19 L	P	Cayleigh Knott	11	ASAC CPT	20/03/2025	SA Level 3 Regional	Age Group	
187	38.20 L	F	Saarah De Maine	11	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024		
188	38.22 L	F	Mariandi Bredenkamp	11	BS LLD	14/02/2025	Neptune Last Chance Gala		
189	38.23 L	F	Mieke Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024		
190	38.29 L	F	Mieke Jordaan	11	KTS	18/01/2025	AGE GROUP 5 KATHU 2025		
191	38.39 L	F	Skylin Koupis	11	BS LLD	18/02/2025	Inter Primary 2025		
192	38.40 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
193	38.45 L	F	Kirsti Davids	11	GREY CPT	08/02/2025	WCA-B Champs - 2025		
194	38.52 L	F	Lisan Joubert	11	JOIE FBD	18/01/2025	AGE GROUP 5 UPT2025		
195	38.53 L	P	Milea Louw	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group	Champs	
196*	38.59 L	P	Wyllow Halse	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025		
196*	38.59 L	F	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
198	38.61 L	F	Isabella Van Breda	11	NWUC KKD	07/12/2024	NWS Championships 2024		
199	38.63 L	F	Morgan Baard	11	FISH EDD	15/06/2024	PEA Winter Gala 2024		
200*	38.71 L	F	Kamila Mohapi	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025 EGA		
200*	38.71 L	P	Sinakhokonke Bhengu	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
202	38.73 L	F	Bela Davis-Taylor	11	COLJ NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st		
203	38.74 L	F	Anchen Schoeman	11	BS LLD	01/02/2025	Heidedal & Sentraal Galal		
204	38.75 L	F	Tshegofatso Le Roux	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
205	38.77 L	P	Izelda Meyer	11	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN		
206	38.86 L	F	Leila Burden	11	BARR CPT	08/02/2025	WCA-B Champs - 2025		
207*	38.89 L	F	Lua Heyns	11	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group	2024	
207*	38.89 L	F	Hayley Downs	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
209	38.95 L	P	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group	Champs	
210	38.96 L	F	Lienke Bester	11	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024		
211	39.01 L	P	Zeney De Beer	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024		
212	39.05 L	F	Cara Kolesky	11	LORR NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st		
213	39.07 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3 Regional	Age Group	
214	39.09 L	F	Charlotte Van Acker	11	SUMW NMA	22/02/2025	Eastern Cape School	Provincial Trials	
215*	39.10 L	F	Alexa Kibel	11	ORCA ECU	26/10/2024	Summer 3 Delville		
215*	39.10 L S	P	Emilie Botha	11	JAQ ECU	05/12/2024	EGA Summer Championships		
217	39.13 L	P	Marlien Nell	11	HREF BPD	07/12/2024	NWS Championships 2024		
218	39.17 L	F	Hayley Liedeman	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025		
219	39.25 L	F	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
220	39.36 L	P	Sarah McNamara	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
221	39.39 L	F	Lienke Rossouw	11	LALE CED	09/11/2024	Winelands SL4		
222	39.40 L	F	Lara Engels	11	CASC CPT	08/02/2025	WCA-B Champs - 2025		
223	39.43 L	P	Ilanca Smuts	11	STAR BPD	07/12/2024	NWS Championships 2024		
224	39.44 L	F	Puleng Masemene	11	ELEC TSH	13/09/2024	NTS September Age Group	2024	
225*	39.53 L	F	Tanya Loots	11	TYGE CPT	09/11/2024	Winelands SL4		
225*	39.53 L	F	Sophia Ebrahim	11	ESP ECU	12/10/2024	EGA Summer 2		
225*	39.53 L	P	Annabelle Els	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group	Champs	
228	39.61 L	F	Leah Meszaros	11	QUES JHB	15/02/2025	CGA Summer Gala #6	Level 2+ 15 Feb	
229	39.62 L	P	Catherine Couch	11	QUES JHB	29/11/2024	CGA Championships 2024		
230	39.66 L	F	Emme Wessels	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group		
231	39.71 L	F	Lehanri Cronje	11	MDOL JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
232	39.74 L	F	Nina le Cordeur	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
233	39.76 L	P	Tlotlotsame Makatiers	11	RBOT BPD	07/12/2024	NWS Championships 2024		
234	39.78 L	F	Alexia Botha	11	KALA	18/01/2025	AGE GROUP 5 KATHU 2025		
235	39.79 L	P	Lilly Rautenbach	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group	Champs	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236*	39.85 L	P	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
236*	39.85 L	P	Bailey Maralik	11	PER JHB	29/11/2024	CGA Championships 2024
238	39.87 L	F	Botshelo Rampana	11	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
239	39.89 L	F	Abigail Haupt	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
240	39.95 L	F	Natalie Brown	11	MATL KKD	23/11/2024	NWS Age Group 3 + 4 2024
241	39.99 L	F	Anna Charlton	11	TRAZ TSH	13/09/2024	NTS September Age Group 2024
242	40.03 L	P	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
243	40.07 L	P	Leah Botha	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
244	40.08 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025
245	40.10 L	F	Shekinah Ikedachi	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
246	40.12 L	F	Kari Moolman	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
247	40.19 L	F	Cari Kriel	11	LALE CED	09/11/2024	Winelands SL4
248	40.20 L	F	Emma Arendse	11	MANT CPT	08/02/2025	WCA-B Champs - 2025
249	40.21 L	P	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
250	40.23 L	F	Maya Chelin	11	H2O EKU	01/02/2025	EGA Last Chance Gala
251	40.25 L	P	Qhama-Qhamisa Gonya	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
252*	40.31 L	F	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
252*	40.31 L	F	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
254	40.33 L	F	Lindiwe Mothobi	11	SASE JHB	22/01/2025	Crusaders Night Gala 2
255	40.42 L	F	Leah Kuisis	11	SS MPD	09/11/2024	Limpopo Age Group 5
256	40.51 L	F	Ymeri Wilken	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs
257	40.52 L	F	Reabetswe Raphuti	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
258	40.56 L	F	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA
259*	40.59 L	P	Adison Gericke	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
259*	40.59 L	F	Ava Candiotes	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
261	40.63 L	F	Lea Swart	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
262	40.64 L	F	Emma McCallum	11	USC BUF	13/12/2024	NMBA Championships 2024
263	40.70 L	F	Jaunté Duvenage	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
264	40.81 L	P	Alexa Els	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
265	40.89 L	P	Carla Swart	11	ASAC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
266	41.09 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
267	41.13 L	F	Sabella Chetty	11	HHPS NMA	22/02/2025	Eastern Cape School Provincial Trials
268	41.14 L	F	Oarerata Modiole	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
269	41.15 L	F	Miele' Loftus	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
270	41.34 L	F	Lize-Mari Cloete	11	BS LLD	01/03/2025	Provincial Level 1 Age Group
271	41.36 L S	F	Abigail Wilson	11	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
272*	41.39 L	F	Jaydine Fortein	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
272*	41.39 L	P	Leah Vos	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
274	41.41 L	P	Ava Stevens	11	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
275	41.43 L	F	Legofi Modisapitse	11	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
276*	41.45 L	F	Kayla Coetzee	11	VALS FDD	15/11/2024	Valsrivier Gala 2024
276*	41.45 L	F	Arya Fenwick	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
278*	41.51 L	F	Eliana Woldemariam	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
278*	41.51 L S	P	Vania Martin	11	SOUL EKU	05/12/2024	EGA Summer Championships
280	41.54 L	F	Danille De Jager	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
281	41.56 L	F	Aryn Feris	11	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
282	41.63 L	F	Ilé Fourie	11	SS MPD	29/11/2024	Limpopo Champs 2024
283	41.65 L	F	Brogan Eke	11	SUN NMA	22/02/2025	Eastern Cape School Provincial Trials
284	41.66 L	F	Rachel Thompson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
285	41.67 L	F	Bethany Meyer	11	CPPS NMA	22/02/2025	Eastern Cape School Provincial Trials
286	41.91 L S	F	Beatrisa Kotkliair	11	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
287	41.92 L	F	Maria De Klerk	11	BS LLD	04/12/2024	Free State Champs 2024
288	41.93 L	F	Mihanka vd Bank	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
289*	41.95 L	F	Mika Philander	11	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
289*	41.95 L	F	Reneilwe Tsunke	11	BLOT MAN	19/10/2024	Pelicans Gala 2
289*	41.95 L	F	Emily Fryer	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
292*	42.01 L	F	Mpho Kutumane	11	UWCA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
292*	42.01 L	F	Lexi Abrahamse	11	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
294	42.04 L	F	Riandi Muller	11	INFA NMA	13/12/2024	NMBA Championships 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
295	42.09 L	P	Kharlyn Gysman	11	CAMPB BUF	03/02/2025 Buffalo City Primary School Trials 2025
296	42.10 L	F	Kagiso Motuku	11	PGAC ECU	27/03/2025 SA Level 2 Champs 2025 EGA
297	42.13 L	F	Marizel Prinsloo	11	BS LLD	06/09/2024 Bull Sharks Annual Gala
298	42.14 L	F	Lisa Meyer	11	UNI EZD	01/03/2025 SSA LEVEL 1 REGIONAL CHAMPS
299	42.18 L	P	Jorja Petschel	11	HARL BUF	28/03/2025 SA Level 2 Regional Age Group Champs
300	42.19 L	F	Tshegofatso Kwadjo	11	TUKS TSH	13/09/2024 NTS September Age Group 2024
301	42.23 L	F	Mari Sterne	11	STAQ CED	25/01/2025 Winelands JLfin
302	42.28 L	P	Emma Dyer	11	CPRIM BUF	03/02/2025 Buffalo City Primary School Trials 2025
303	42.29 L	F	Rita Rouillard	11	PSA ZLD	26/10/2024 Froggies Aquatics Championships 2024
304	42.32 L	F	Milly Kriek	11	BEARS TSH	13/09/2024 NTS September Age Group 2024
305	42.37 L	F	Esihle Damoyi	11	PEAS NMA	14/09/2024 3rd A League Gala 2024
306	42.40 L	F	Beersheba Negash	11	BARA ECU	27/03/2025 SA Level 2 Champs 2025-EGA
307*	42.43 L	F	Fozia Martin	11	MANT CPT	22/02/2025 Swartland Invitational Gala 2025
307*	42.43 L	F	Tamary Nsabayera	11	CSA EZD	01/03/2025 SSA LEVEL 1 REGIONAL CHAMPS
309	42.54 L	F	Tenè Venter	11	BLSS MAN	11/10/2024 Otters Prestige Gala 2024
310	42.55 L S	P	Khera Murray	11	H2O ECU	05/12/2024 EGA Summer Championships
311	42.64 L	F	Faythe Evans	11	RACE JHB	27/03/2025 SA Level 2 Champs 2025-EGA
312	42.67 L	F	Emily-Thea Kirsten	11	LALE CED	25/01/2025 Winelands JLfin
313	42.72 L	F	Lacey Hodgkinson	11	SWIFT ECU	01/02/2025 EGA Last Chance Gala
314	42.73 L	F	Roxanne Hautmann	11	RBUR BPD	23/11/2024 NWS Age Group 3 + 4 2024
315	42.83 L	F	Zoe Joanides	11	BLNE MAN	11/10/2024 Otters Prestige Gala 2024
316	42.91 L	F	Carla Fourie	11	CSA EZD	11/10/2024 MP AGE GROUP 2 (11 - 11 OCT'24)
317	43.02 L	F	Katherine Van Zyl	11	CPSC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
318	43.03 L	P	Riley Fourie	11	SPS BUF	03/02/2025 Buffalo City Primary School Trials 2025
319*	43.05 L S	F	Lily Jones	11	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
319*	43.05 L	F	Danika Brynard	11	STSC KCD	25/01/2025 uShaka Champs 2025
321	43.06 L	P	Etti Van Niekerk	11	CSA EZD	29/11/2024 Mpumalanga Championships 2024
322	43.20 L	F	Emma Botha	11	AASC EZD	31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 JAN
323	43.36 L	F	Isabella Van Rooyen	11	RFA TSH	13/09/2024 NTS September Age Group 2024
324	43.47 L	F	Oratilwe Mokhatla	11	CASC CPT	22/02/2025 Swartland Invitational Gala 2025
325	43.48 L	F	Suraya Badat	11	PSCP UMD	01/03/2025 Provincial Level 1 Age Group
326	43.54 L	F	Caley Page	11	HHPS NMA	22/02/2025 Eastern Cape School Provincial Trials
327	43.55 L	F	Ale Mentz	11	KTS	18/01/2025 AGE GROUP 5 KATHU 2025
328	43.69 L	P	Isabella Du Preez	11	CPRIM BUF	03/02/2025 Buffalo City Primary School Trials 2025
329	43.76 L	F	Astrid Saul	11	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
330	43.93 L	F	Taylor Crous	11	PEAS NMA	17/08/2024 Madibaz Swim Meet 2024
331	43.95 L	F	Danelle Louw	11	BULS MAN	28/03/2025 SA Level 2 Regional Age Group Champs
332	43.99 L	F	Tabea Greyling	11	RFA TSH	13/09/2024 NTS September Age Group 2024
333	44.04 L	F	Michaela Kröger	11	BARR CPT	17/10/2024 43rd Freda Barnard Invitational Gala
334	44.08 L	F	Courtney Ferguson	11	DSG NMA	08/02/2025 Nelson Mandela Bay Schools Trials & 1st
335	44.13 L	F	Adrianne Meiring	11	PEAS NMA	17/10/2024 43rd Freda Barnard Invitational Gala
336	44.18 L	P	Stella van Staden	11	CENP BUF	03/02/2025 Buffalo City Primary School Trials 2025
337	44.24 L	F	Katryn Gerber	11	CPPS NMA	08/02/2025 Nelson Mandela Bay Schools Trials & 1st
338	44.30 L S	F	Lea Van den Berg	11	SFSC CPT	21/09/2024 CTA INVITATIONAL LC MEET
339	44.32 L	F	Marné Truter	11	TKS WBD	29/11/2024 Limpopo Champs 2024
340	44.36 L	F	Leah Brand	11	KNYA EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
341	44.37 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024 NCASA CHAMPS 2024
342	44.53 L	P	Mia du Plessis	11	RBOT BPD	07/12/2024 NWS Championships 2024
343	44.58 L	F	Lilly-Anne Benade	11	LSBOS WB	01/02/2025 Limpopo School Champs & Limpopo AG
344	44.63 L	F	Hayleigh Roux	11	BLIZ TMD	04/12/2024 Free State Champs 2024
345	44.71 L	F	Nina Murray	11	DDA TSH	13/09/2024 NTS September Age Group 2024
346	44.74 L	F	Mianke Lubbe	11	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
347	44.78 L	F	Katrien Prinsloo	11	DDA TSH	13/09/2024 NTS September Age Group 2024
348	44.90 L	F	Ava Diedericks	11	CPPS NMA	08/02/2025 Nelson Mandela Bay Schools Trials & 1st
349	44.96 L	F	Cayla Senekal	11	TKS WBD	29/11/2024 Limpopo Champs 2024
350	45.03 L	F	Tshilidzi Rakhumba	11	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
351	45.12 L	P	Summer Metcalfe	11	CPRIM BUF	03/02/2025 Buffalo City Primary School Trials 2025
352	45.24 L	F	Emily van der Linde	11	SOUL ECU	26/10/2024 Summer 3 Delville
353	45.37 L	P	Lucy Bush	11	HPPS BUF	03/02/2025 Buffalo City Primary School Trials 2025

Individual Top Times

Times since: 01-May-24
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	Time	P/F/S	Name	Age/Yr			
354	45.46 L	F	Gabriella De Klerk	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
355	45.51 L	F	Motheo Leshilo	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
356	45.72 L	F	Mari-Hane Visser	11	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
357	45.74 L	F	Lizé Labuschagne	11	TASC MPD	29/11/2024	Limpopo Champs 2024
358	45.77 L S	P	Mia Schraader	11	SOUL ECU	05/12/2024	EGA Summer Championships
359	45.81 L	F	Lisa McEwan	11	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
360	45.85 L	F	Nqobile Kakana	11	LEBII BP	28/02/2025	NW School Championships 2025
361*	45.87 L	F	Busisiwe Matsebele	11	AWIN TSH	13/09/2024	NTS September Age Group 2024
361*	45.87 L	F	Morgan-Jane Moolman	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
363*	45.94 L	F	Kenzie Murugan	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group
363*	45.94 L S	P	Abigail Van der Westhuizen	11	CA ECU	05/12/2024	EGA Summer Championships
365	46.00 L	P	Emma Swanepoel	11	MPS NGD	03/02/2025	Buffalo City Primary School Trials 2025
366	46.55 L	P	Katrien Radley	11	NSAD EZD	29/11/2024	Mpumalanga Championships 2024
367	46.61 L	F	Klara Bruwer	11	SUMW NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
368	46.66 L	F	Leandi Van der Westhuizen	11	QSAW CED	09/11/2024	Swartland Prestige Gala 2024
369	46.82 L	F	Johane' Goosen	11	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
370	46.85 L	F	Juliana Goncalves	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
371	47.03 L	P	Gemma Heugh	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
372	47.12 L	F	Leah Mbhokota	11	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
373	47.13 L	F	Anneske Smith	11	KTS	18/01/2025	AGE GROUP 5 KATHU 2025
374	47.43 L	F	Emily Muijs	11	STAQ CED	25/01/2025	Winelands JLfin
375	47.93 L	F	Leane Van Zyl	11	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
376	47.99 L	F	Sophia Lamprecht	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
377	48.05 L	F	Elné Roets	11	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
378	48.44 L	P	Tatiana Fourie	11	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
379	49.51 L	F	Kayla Herbst	11	LSPHA MP	02/11/2024	Limpopo LS - Top 8 skole 2024
380	49.52 L	F	Katrina Sutton	11	SUN NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
381	49.63 L	P	Caitlyn Aspey	11	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
382	49.78 L	F	Liane Jordaan	11	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
383	49.84 L	P	Zoe Billie	11	MPS NGD	03/02/2025	Buffalo City Primary School Trials 2025
384	50.22 L	F	Lwandisiwe Siqwede	11	SRAY BUF	22/11/2024	BCA Long Course Championships 2024
385	50.23 L S	P	Asanele Mtolo	11	WSTV ETH	02/07/2024	Prestige Tournament 2024
386	50.31 L	F	Lana Raubenheimer	11	SFSC CPT	22/02/2025	Swartland Invitational Gala 2025
387	50.51 L	F	Tshegofa Tau	11	CPSC TSH	13/09/2024	NTS September Age Group 2024
388	50.56 L	F	Zete Adonis	11	PAQU CED	25/01/2025	Winelands JLfin
389	50.60 L	F	Rachel Bennetts	11	SRAY BUF	02/11/2024	BCA November Age Group Gala 2024
390	50.67 L	F	Lwandle Mnguni	11	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
391	50.72 L	F	Daniella-Mohapi Lebogo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
392	50.91 L	P	Atipha-Ishe Mubuyzyi	11	CAMB P BUF	03/02/2025	Buffalo City Primary School Trials 2025
393	51.03 L	F	Jana Pienaar	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
394	51.47 L	F	Emma Tait	11	SFSC CPT	22/02/2025	Swartland Invitational Gala 2025
395	52.55 L	F	Anke Pretorius	11	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
396	52.75 L	F	Atipa-Ishe Mubuyayi	11	AQUA BUF	22/11/2024	BCA Long Course Championships 2024
397	52.81 L	F	Neo Chomba	11	BARA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
398	53.12 L	F	Nathalie Naude	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
399	53.29 L	F	Ava Koortzen	11	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
400	53.61 L	F	Kankolongo Kadima	11	ISSA NM	28/02/2025	NW School Championships 2025
401	53.64 L	P	Carli Pienaar	11	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
402	53.79 L	F	Larona Pilane	11	AASC EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
403	53.91 L	F	Cleo Julius	11	KALA	05/10/2024	FLAMINGO GALA OCT 2024
404	54.00 L	F	Emily Henry	11	CA ECU	12/10/2024	EGA Summer 2
405	54.23 L	F	Lisa Mostert	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
406	54.94 L	F	Thabelo Ntjana	11	WSS LLD	24/08/2024	Kovsie Gala 2
407	56.38 L	F	Codi May	11	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
408	56.97 L	F	Karla Kriek	11	QSAW CED	25/01/2025	Winelands JLfin
409	57.12 L	F	Summer Bosch	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
410	58.94 L	P	Lea van Greunen	11	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
411	58.99 L	F	Oreneile Modimola	11	NGU TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
412	1:00.57 L	F	Relebohile Khaoletsa	11	PELIC MAN	14/02/2025	Neptune Last Chance Gala

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
413	1:01.65 L	F	Laika Mayet	11	BHK NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN	
414	1:01.84 L	F	Matte Van der Merwe	11	VOLK NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
415	1:02.22 L	F	Karli Van der Merwe	11	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024	
416	1:02.23 L	F	Elizabeth Calitz	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
417	1:08.52 L	F	Onolo Jonathan	11	KSSS JTD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1	
418	1:10.55 L	F	Mia Lessing	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group	
419	1:15.32 L	F	Minenhle Malaza	11	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS	
420	1:18.77 L	F	Gontse Mmusi	11	KSSS JTD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1	
421	1:20.45 L	F	Noa Marsden	11	CBC FBD	15/02/2025	AGE GROUP 6 KBY 2025	
422	1:31.01 L	F	Kendall Davies	11	KSSS JTD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1	
423	1:41.93 L	F	Keasha Beukes	11	KSSS JTD	15/02/2025	AGE GROUP 6 KATHU 2025	
Women 11 - 11 100 Free								
1	1:05.38 L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
2	1:06.73 L	F	Sage Lindsay	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
3	1:08.38 L	F	Caro Bishop	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
4*	1:08.47 L	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
4*	1:08.47 L	F	Ella Johnson	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group	
6	1:08.93 L	F	Demi Vorster	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
7	1:09.99 L	F	Elke Coetsee	11	FISH EDD	31/01/2025	Infinity Gala 2025	
8	1:11.01 L	F	Mikayla Wilensky	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
9	1:11.27 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group	
10	1:11.37 L	F	Lily Bailes	11	ECSA	05/04/2025	SA Schools Swimming Championship	
11	1:12.03 L	F	Arabella Symington	11	ACES ETH	26/03/2025	SA Level 3 Regional Age Group	
12	1:12.11 L	F	Hayley Greyvenstein	11	USC BUF	22/11/2024	BCA Long Course Championships 2024	
13	1:12.19 L	F	Keyla Douglas	11	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024	
14	1:12.26 L	F	Annebelle Botha	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT	
15	1:12.36 L	F	Sophie Chiang	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
16	1:12.53 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional Age Group	
17	1:12.55 L	F	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group	
18	1:12.78 L	P	Chantel Van der Linde	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
19*	1:13.35 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
19*	1:13.35 L	P	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group	
21	1:13.72 L	P	Jessica Caldeira	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
22	1:13.85 L	P	Lize Beyers	11	AGAQ OBD	20/03/2025	SA Level 3 Regional Age Group	
23	1:13.91 L	F	Layla Palframan	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
24*	1:14.03 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group	
24*	1:14.03 L	P	Gianna Olivier	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group	
26	1:14.11 L	F	Lisa Le Roux	11	BLOT MAN	04/12/2024	Free State Champs 2024	
27	1:14.31 L	P	Hannah Stearn	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
28	1:14.40 L	P	Mila Geldenhuys	11	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT	
29	1:14.58 L	P	Tatum Adams	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group	
30	1:15.29 L	P	Arabella Symington	11	KZNS	05/04/2025	SA Schools Swimming Championship	
31	1:15.41 L	P	Isabella Knight	11	WATR JHB	29/11/2024	CGA Championships 2024	
32	1:15.46 L	P	Alivia Nel	11	CRSC JHB	29/11/2024	CGA Championships 2024	
33	1:15.49 L	P	Saskia Gilligan	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
34	1:15.51 L	P	Kwicia Nchumali	11	CBM	26/03/2025	SA Level 3 Regional Age Group	
35*	1:15.65 L	F	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
35*	1:15.65 L	F	Maria Geyser	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024	
37	1:15.74 L	P	Layla Palframan	11	KZNS	05/04/2025	SA Schools Swimming Championship	
38	1:15.81 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
39	1:16.04 L	F	Morgan Booysen	11	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group	
40	1:16.20 L	P	Simone Zoutendyk	11	RBOT BPD	07/12/2024	NWS Championships 2024	
41	1:16.22 L	F	Kayden Jack	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
42	1:16.24 L	P	Jaime Sprong	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
43	1:16.43 L	F	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
44	1:16.53 L	P	Dione Smit	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
45	1:16.58 L	P	Alexi Dandoulakis	11	CA ECU	05/12/2024	EGA Summer Championships	
46	1:16.89 L	P	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
47	1:16.97 L	P	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
48	1:17.03 L	P	Yamakhuze Loni	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group	
49	1:17.15 L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional	Age Group	
50	1:17.49 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional	Age Group	
51	1:17.52 L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024		
52	1:17.57 L	P	Mila Nel	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
53	1:17.65 L	P	Emily Van Der Byl	11	USC BUF	20/03/2025	SA Level 3 Regional	Age Group	
54	1:17.71 L	F	Lea Dornbrack	11	WELL CED	28/03/2025	SA Level 2 Regional Age Group Champs		
55*	1:17.73 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
55*	1:17.73 L	F	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024		
57	1:17.76 L	F	Jana Serdyn	11	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
58	1:17.80 L	P	Naomi Mahlangu	11	BLMA CPT	20/03/2025	SA Level 3 Regional	Age Group	
59	1:17.93 L	P	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional	Age Group	
60	1:18.02 L	F	Mackenzi Dart	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
61	1:18.04 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
62	1:18.09 L	F	Leanke Loots	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs		
63	1:18.14 L	F	Alexi Claassen	11	TUKS TSH	13/09/2024	NTS September Age Group 2024		
64	1:18.17 L	F	Amy-Lee Wood	11	TCA ECU	05/12/2024	EGA Summer Championships		
65	1:18.23 L	P	Morgan Burstein	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
66	1:18.27 L	P	Alexia Tranter	11	SSISA CPT	20/03/2025	SA Level 3 Regional	Age Group	
67	1:18.41 L	P	Tshegofatso Moabelo	11	BAS ECU	20/03/2025	SA Level 3 Champs 2025-NT		
68	1:18.47 L	P	Miané Prinsloo	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT		
69	1:18.53 L	P	Pia Swanepoel	11	ASAC CPT	20/03/2025	SA Level 3 Regional	Age Group	
70	1:18.61 L	P	Melissa Kleynhans	11	PGAC ECU	05/12/2024	EGA Summer Championships		
71	1:18.70 L	P	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs		
72	1:18.79 L	F	Willow Makwakwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
73	1:18.91 L	F	Jaime-Lynn Vermeulen	11	HARL BUF	01/02/2025	BCA Feb Age Group Gala 2025		
74	1:18.94 L	F	Chelsey Crossman	11	BLSS MAN	04/12/2024	Free State Champs 2024		
75	1:18.95 L	P	Ella Niven	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024		
76	1:18.97 L	P	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3 Regional	Age Group	
77*	1:19.08 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT		
77*	1:19.08 L	P	Bianca Van Jaarsveld	11	TYGE CPT	20/03/2025	SA Level 3 Regional	Age Group	
79	1:19.23 L	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024		
80	1:19.35 L	F	Diante Bothma	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)		
81	1:19.47 L	P	Bukata Mwanza	11	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT		
82	1:19.54 L	F	Emma Du Toit	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala		
83	1:19.61 L	F	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
84	1:19.66 L	F	Jane Tredoux	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
85	1:19.77 L	P	Harley Knudsen	11	PGAC ECU	20/03/2025	SA Level 3 Champs 2025-NT		
86	1:19.81 L	P	Isabel Smith	11	HARL BUF	20/03/2025	SA Level 3 Regional	Age Group	
87*	1:19.83 L	P	Leah Schemel	11	HARL BUF	20/03/2025	SA Level 3 Regional	Age Group	
87*	1:19.83 L	F	Catherine Sebastian	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
89	1:19.94 L	P	Emma Gutsche	11	POLSC CCD	20/03/2025	SA Level 3 Champs 2025-NT		
90	1:20.06 L	F	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA		
91	1:20.09 L	P	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
92	1:20.15 L	F	Courtney Grant	11	ACES ETH	02/07/2024	Prestige Tournament 2024		
93	1:20.28 L	F	Rachel De Fleuriot	11	SEALE ETH	08/03/2025	Invitational Meet 2025		
94	1:20.30 L	P	Emma Roets	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
95	1:20.35 L	F	Alexa Kuhn	11	CASC CPT	08/02/2025	WCA-B Champs - 2025		
96	1:20.44 L	F	Sophia Duggan	11	PEAS NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
97	1:20.49 L	P	Mari Haasbroek	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA		
98	1:20.55 L	F	Janel Van der Merwe	11	UNI EZD	27/03/2025	SA Level 2 Champs 2025-EGA		
99	1:20.61 L	F	Lizanté Bam	11	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
100	1:20.79 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025		
101	1:20.83 L	F	Kyra Du Preez	11	USC BUF	31/01/2025	Infinity Gala 2025		
102	1:20.85 L	P	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs		
103	1:20.87 L	F	Naledi Makhanya	11	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
104*	1:21.01 L	F	Shalom Mtileni	11	UNIU EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER		
104*	1:21.01 L	F	Cayden Parfitt	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024		
106	1:21.03 L	P	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs		

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
107	1:21.10 L	F	Hayley Liedeman	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025	
108	1:21.11 L	P	Ashlynn Shaw	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
109	1:21.15 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs	
110	1:21.21 L	F	Nissi Mtetwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
111	1:21.29 L	P	Darshana Pillay	11	MDOL JHB	29/11/2024	CGA Championships 2024	
112	1:21.34 L	P	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group	
113	1:21.40 L	F	Kate Pieterse	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials	
114	1:21.55 L	P	Miane Bendeman	11	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT	
115	1:21.80 L	P	Leah Kotze'	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
116	1:22.05 L	F	Ané Venter	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
117	1:22.14 L	P	Aiva Van der Zandt	11	STAR BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
118	1:22.18 L	P	Paige Oliphant	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
119	1:22.22 L	F	Reatile Ntidi	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs	
120	1:22.26 L	P	Abigail Haupt	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
121	1:22.30 L	P	Mika Pelser	11	OLDE JHB	29/11/2024	CGA Championships 2024	
122	1:22.42 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025	
123	1:22.52 L	P	Sophia Ebrahim	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025-EGA	
124	1:22.53 L	F	Zane Kroon	11	AGAQ OBD	08/02/2025	WCA-B Champs - 2025	
125	1:22.56 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
126	1:22.64 L	F	Jessieka Faul	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
127	1:22.75 L	F	Miane Steyn	11	LEGC ETH	01/02/2025	KCDA Age Group 4 2024	
128	1:22.78 L	P	Anzel Smit	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
129	1:22.91 L	F	Leila Burden	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025	
130	1:23.06 L	P	Lilly-Mae Smith	11	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
131	1:23.15 L	F	Leané Bruwer	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs	
132	1:23.20 L	P	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
133	1:23.23 L	P	Cayleigh Knott	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
134	1:23.25 L	P	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2 Champs 2025-EGA	
135	1:23.29 L	F	Mariane Labuschagne	11	FISH EDD	30/11/2024	Eden LC Champs 2024	
136	1:23.34 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
137	1:23.41 L	P	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
138	1:23.48 L	P	Beulah vd Merwe	11	HREF BPD	07/12/2024	NWS Championships 2024	
139	1:23.52 L	F	Mia (B) Venter	11	AWIN TSH	13/09/2024	NTS September Age Group 2024	
140	1:23.53 L	F	Ashley Du Randt	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
141	1:23.58 L	F	Engela Kloppe	11	USC BUF	13/12/2024	NMBA Championships 2024	
142*	1:23.68 L	P	Phelan Labuscagne	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
142*	1:23.68 L	F	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024	
144	1:23.73 L	F	Tanya Loots	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025	
145	1:23.75 L	P	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
146	1:23.94 L	P	Yolayne Aucamp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
147	1:24.30 L	P	Elmine Opperman	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs	
148	1:24.43 L	P	Zeney De Beer	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA	
149	1:24.70 L	F	Isabella Van Breda	11	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
150	1:24.74 L	F	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
151	1:24.79 L	P	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
152	1:24.92 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
153	1:24.96 L	F	Zaan Van Goeverden	11	FISH EDD	30/11/2024	Eden LC Champs 2024	
154	1:24.99 L	P	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
155	1:25.04 L	F	Vinelle Moss	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
156	1:25.06 L	F	Mercedes Jaftha	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
157	1:25.07 L	P	Janke Bresler	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
158	1:25.10 L	P	Gia Warby	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
159	1:25.21 L	P	Kyla Coetzee	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
160	1:25.22 L	F	Kenzie Du Preez	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024	
161	1:25.34 L	F	Kaylee Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
162	1:25.46 L	F	Zani Hager	11	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Champs	
163	1:25.47 L	F	Tshegofatso Le Roux	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
164	1:25.48 L	F	Mambay Banza	11	UNI EZD	10/01/2025	2024 Grand Prix Invitation Swimming	
165*	1:25.57 L	F	Emma McCallum	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
165*	1:25.57 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3 Regional	Age Group	
167	1:25.64 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	08/02/2025	WCA-B Champs - 2025		
168	1:25.67 L	P	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2	Champs 2025-EGA	
169	1:25.71 L	F	Mia Mostert	11	AWIN TSH	13/09/2024	NTS September Age Group 2024		
170	1:25.73 L S	F	Kirsten Schnehage	11	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)		
171	1:25.94 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025		
172	1:26.02 L	P	Murunwa Thidiela	11	MAKO ECU	05/12/2024	EGA Summer Championships		
173	1:26.24 L	P	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
174	1:26.25 L	P	Aphelele Shange	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
175	1:26.26 L	F	Mieke Jordaan	11	KTS	18/01/2025	AGE GROUP 5 KATHU 2025		
176	1:26.31 L S	F	Emily Johnson	11	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
177	1:26.36 L	F	Skyler Muller	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
178	1:26.48 L	F	Milea Louw	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
179	1:26.51 L	F	Märta Fogelström	11	TUKS TSH	13/09/2024	NTS September Age Group 2024		
180	1:26.54 L	F	Dine Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024		
181	1:26.56 L	F	Emma Ranger	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025		
182	1:26.78 L	P	Heili Van Heerden	11	BETH FDD	28/03/2025	SA Level 2 Regional Age Group Champs		
183	1:26.97 L	P	Bailey Maralik	11	PER JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
184	1:27.04 L	P	Ditebogo Pheeha	11	ACAA CCD	27/03/2025	SA Level 2	Champs 2025-EGA	
185	1:27.05 L	P	Catherine Couch	11	QUES JHB	29/11/2024	CGA Championships 2024		
186	1:27.06 L	F	Bela Davis-Taylor	11	COLJ NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st		
187	1:27.08 L	F	Lily Marais	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala		
188	1:27.25 L	F	Emily Marais	11	KNYA EDD	08/02/2025	WCA-B Champs - 2025		
189	1:27.28 L	P	Nika Loots	11	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
190	1:27.32 L	F	Vida Olivier	11	BLNE MAN	11/10/2024	Otters Prestige Gala 2024		
191	1:27.48 L	F	Lusanele Qusheka	11	BEST NMA	13/12/2024	NMBA Championships 2024		
192	1:27.58 L	P	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
193	1:27.64 L	F	Isabelle de Beer	11	HREF BPD	07/12/2024	NWS Championships 2024		
194	1:27.74 L	F	Helana Pretorius	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs		
195	1:27.77 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA		
196	1:27.81 L	F	Morgan Baard	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools		
197	1:27.98 L	F	Gianna Onkruid	11	UWCA CPT	08/02/2025	WCA-B Champs - 2025		
198	1:28.06 L	F	Lara Engels	11	CASC CPT	08/02/2025	WCA-B Champs - 2025		
199	1:28.12 L	F	Mariandi Bredenkamp	11	BS LLD	01/02/2025	Heidedal & Sentraal Galal		
200	1:28.17 L	P	Mieke Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024		
201	1:28.19 L	F	Kirsti Davids	11	GREY CPT	08/02/2025	WCA-B Champs - 2025		
202	1:28.21 L	F	Skylin Koupis	11	BS LLD	18/02/2025	Inter Primary 2025		
203	1:28.33 L	F	Emma Arendse	11	MANT CPT	08/02/2025	WCA-B Champs - 2025		
204*	1:28.35 L	F	Meziana Hammouche	11	MAKO ECU	12/10/2024	EGA Summer 2		
204*	1:28.35 L	F	Wyllow Halse	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
206	1:28.39 L	F	Daniella Louw	11	BLOT MAN	25/10/2024	Neptunes Gala		
207	1:28.43 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
208	1:28.44 L	F	Lea Cilliers	11	BS LLD	18/02/2025	Inter Primary 2025		
209	1:28.47 L	P	Rachel Saltzman	11	ESTR ECU	27/03/2025	SA Level 2	Champs 2025-EGA	
210	1:28.49 L	P	Maria De Klerk	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs		
211	1:28.59 L	F	Cato Erasmus	11	BLIZ TMD	04/12/2024	Free State Champs 2024		
212	1:28.85 L	P	Myra Bailey	11	RACE JHB	29/11/2024	CGA Championships 2024		
213	1:28.98 L	P	Maya Chelin	11	H2O ECU	27/03/2025	SA Level 2 Champs 2025 EGA		
214	1:29.05 L	F	Emma Vorster	11	HPS TSH	13/09/2024	NTS September Age Group 2024		
215	1:29.07 L	F	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025		
216	1:29.40 L	P	Marlien Nell	11	HREF BPD	07/12/2024	NWS Championships 2024		
217	1:29.46 L	F	Inge Jv Vuuren	11	SS MPD	29/11/2024	Limpopo Champs 2024		
218	1:29.64 L	F	Nienke Eksteen	11	BS LLD	18/02/2025	Inter Primary 2025		
219	1:29.79 L	P	Sinakhokonke Bhengu	11	PSCP UMD	02/07/2024	Prestige Tournament 2024		
220	1:29.89 L	P	Hayley Downs	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
221	1:30.00 L	F	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
222	1:30.02 L	F	Anchen Schoeman	11	BS LLD	04/12/2024	Free State Champs 2024		
223	1:30.15 L	F	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
224	1:30.24 L	F	Cari Kriel	11	LALE CED	28/03/2025	SA Level 2 Regional Age Group Champs		

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
225	1:30.29 L	F	Lilly Rautenbach	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
226	1:30.39 L	P	Khera Murray	11	H2O EKU	05/12/2024	EGA Summer Championships
227	1:30.43 L	P	Anna Charlton	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
228	1:30.54 L	P	Nina le Cordeur	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
229	1:30.55 L	F	Annabelle Els	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs
230	1:30.56 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
231	1:30.57 L	F	Emme Wessels	11	BETH FDD	25/10/2024	Neptunes Gala
232	1:30.63 L	P	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
233	1:31.05 L	F	Ilanca Smuts	11	STAR BPD	09/11/2024	NWS Age Group 1 & 2 2024
234	1:31.08 L	F	Annabelle Ras	11	QUIC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
235*	1:31.31 L	P	Amber Gewer	11	MDOL JHB	29/11/2024	CGA Championships 2024
235*	1:31.31 L	P	Tlotlotsame Makatiers	11	RBOT BPD	07/12/2024	NWS Championships 2024
237*	1:31.53 L	F	Alexia Botha	11	KALA	26/10/2024	KALAHARI CLASSIC
237*	1:31.53 L	P	Lehanri Cronje	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
239	1:31.85 L	F	Leah Botha	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
240	1:32.01 L	F	Kari Moolman	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
241	1:32.17 L	P	Elle Lingerfelder	11	QUES JHB	29/11/2024	CGA Championships 2024
242	1:32.20 L	P	Emilie Botha	11	JAQ EKU	05/12/2024	EGA Summer Championships
243	1:32.47 L	F	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
244	1:32.70 L	F	Lienke Rossouw	11	LALE CED	09/11/2024	Winelands SL4
245	1:33.00 L	F	Atsile Mogaleemang	11	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
246	1:33.13 L	P	Leah Vos	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
247	1:33.34 L	F	Carla Swart	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025
248	1:33.35 L S	F	Lexi Abrahamse	11	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
249	1:33.38 L	P	Kamila Mohapi	11	ESTR EKU	27/03/2025	SA Level 2 Champs 2025 EGA
250	1:33.50 L	F	Adison Gericke	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
251	1:33.66 L	P	Kagiso Motuku	11	PGAC EKU	27/03/2025	SA Level 2 Champs 2025-EGA
252	1:33.69 L	F	Lua Heyns	11	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
253	1:33.88 L	P	Sarah McNamara	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
254	1:34.19 L	F	Mika Philander	11	AQDO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
255	1:34.22 L	F	Caitlin Byliefeldt	11	MAKO EKU	12/10/2024	EGA Summer 2
256	1:34.28 L	P	Vania Martin	11	SOUL EKU	05/12/2024	EGA Summer Championships
257	1:34.52 L	F	Eliana Woldemariam	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
258	1:34.53 L	F	Izelda Meyer	11	VHD ZLD	11/01/2025	Uthukela District Age Group Gala
259	1:34.61 L	F	Mihanka vd Bank	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
260	1:34.63 L	F	Qhama-Qhamisa Gonya	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
261	1:34.64 L	F	Lize-Mari Cloete	11	BS LLD	18/02/2025	Inter Primary 2025
262	1:34.69 L	F	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
263	1:34.90 L	F	Ava Stevens	11	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
264	1:35.24 L	P	Danille De Jager	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
265	1:35.26 L	F	Milly Kriek	11	BEARS TSH	13/09/2024	NTS September Age Group 2024
266	1:35.30 L	F	Danika Brynard	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group
267	1:35.43 L	P	Oarerata Modiole	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
268	1:35.60 L	F	Rebecca Symon	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
269	1:35.93 L	P	Ava Candiotes	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
270	1:36.06 L	F	Gcinizwi Dom	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
271	1:36.23 L	F	Etti Van Niekerk	11	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
272	1:36.31 L	F	Mpho Kutumane	11	UWCA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
273	1:36.40 L	F	Miele' Loftus	11	BULS MAN	04/12/2024	Free State Champs 2024
274	1:36.65 L	P	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
275	1:36.77 L	P	Rita Rouillard	11	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
276	1:36.82 L	F	Taylor Crous	11	PEAS NMA	13/12/2024	NMBA Championships 2024
277	1:37.26 L	F	Beatrisa Kotliar	11	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
278	1:37.38 L	F	Lilly-Anne Benade	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
279	1:37.41 L	F	Riandi Muller	11	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
280	1:37.49 L	F	Mari-Hane Visser	11	KALA	08/02/2025	NCASA SPRINTS 2025
281	1:37.53 L	F	Emma Botha	11	AASC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
282	1:37.54 L	F	Abigail Van der Westhuizen	11	CA EKU	01/02/2025	EGA Last Chance Gala
283	1:37.72 L	P	Emily Fryer	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24
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Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
284	1:37.78 L	P	Beersheba Negash	11	BARA ECU	05/12/2024	EGA Summer Championships
285	1:37.80 L	P	Legofi Modisapitse	11	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
286	1:37.81 L	F	Jaydine Fortein	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
287	1:37.85 L S	F	Astrid Saul	11	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
288*	1:37.92 L	F	Mckenzie Adams	11	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
288*	1:37.92 L	F	Marizel Prinsloo	11	BS LLD	04/12/2024	Free State Champs 2024
290	1:37.93 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
291	1:38.04 L	F	Danelle Louw	11	BULS MAN	04/12/2024	Free State Champs 2024
292	1:38.15 L	F	Emily van der Linde	11	SOUL ECU	12/10/2024	EGA Summer 2
293	1:38.16 L	F	Alexa Kibel	11	ORCA ECU	01/02/2025	EGA Last Chance Gala
294	1:38.23 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
295	1:38.26 L	F	Rachel Thompson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
296	1:38.51 L	F	Marné Truter	11	TKS WBD	29/11/2024	Limpopo Champs 2024
297	1:38.59 L	P	Ymeri Wilken	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs
298*	1:38.97 L	F	Carla Fourie	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
298*	1:38.97 L	P	Reabetswe Raphuti	11	HARB BPD	07/12/2024	NWS Championships 2024
300	1:38.98 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
301	1:38.99 L	F	Fozia Martin	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
302	1:39.21 L	F	Roxanne Hautmann	11	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
303	1:39.38 L	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
304	1:39.45 L	F	Nina Murray	11	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
305	1:39.49 L	F	Aishah Bingudza	11	NGU TSH	13/09/2024	NTS September Age Group 2024
306	1:39.81 L	F	Shekinah Ikedachi	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
307	1:40.09 L	F	Elmi Koen	11	ASAW CED	25/01/2025	Winelands JLfin
308	1:40.14 L	F	Zoe Joanides	11	BLNE MAN	25/10/2024	Neptunes Gala
309	1:40.32 L	F	Kayla Coetzee	11	VALS FDD	15/11/2024	Valsrivier Gala 2024
310	1:40.53 L	F	Hayleigh Roux	11	BLIZ TMD	15/11/2024	Valsrivier Gala 2024
311	1:40.63 L	F	Motheo Leshilo	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
312	1:40.76 L	F	Mia Schraader	11	SOUL ECU	12/10/2024	EGA Summer 2
313	1:40.84 L	F	Lisa Meyer	11	PRA GSD	25/01/2025	uShaka Champs 2025
314	1:41.02 L	F	Courtney Ferguson	11	PEAS NMA	14/09/2024	3rd A League Gala 2024
315	1:41.37 L	F	Botshelo Rampana	11	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
316	1:41.53 L	F	Mianke Lubbe	11	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
317	1:41.78 L	F	Leandi Van der Westhuizen	11	QSAW CED	09/11/2024	Swartland Prestige Gala 2024
318	1:41.96 L	F	Anika Brand	11	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
319	1:42.13 L	F	Elné Roets	11	GHSK	08/02/2025	NCASA SPRINTS 2025
320	1:42.23 L	F	Jorja Petschel	11	HARL BUF	15/06/2024	PEA Winter Gala 2024
321	1:42.25 L	F	Ulfa Jaffa	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
322	1:42.61 L	P	Lacey Hodgkinson	11	SWIFT ECU	05/12/2024	EGA Summer Championships
323	1:43.17 L	F	Tshilidzi Rakhumba	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
324	1:43.61 L	F	Suraya Badat	11	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
325	1:43.74 L	F	Michaela Kröger	11	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
326	1:43.92 L	F	Nashe Mudzengi	11	AA JHB	20/11/2024	Crusaders Night Gala 1
327	1:44.13 L	P	Mia du Plessis	11	RBOT BPD	07/12/2024	NWS Championships 2024
328	1:44.16 L	F	Cayla Senekal	11	TKS WBD	29/11/2024	Limpopo Champs 2024
329	1:45.35 L	F	Thalia Mbock Madjang	11	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
330	1:45.93 L	F	Ale Mentz	11	KTS	08/02/2025	NCASA SPRINTS 2025
331	1:46.36 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
332	1:46.52 L	P	Faythe Evans	11	RACE JHB	29/11/2024	CGA Championships 2024
333	1:47.91 L	F	Lisa McEwan	11	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
334	1:49.22 L	F	Anneske Smith	11	KTS	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
335	1:49.23 L S	F	Amy Cloete	11	UWCA CPT	21/09/2024	CTA INVITATIONAL LC MEET
336	1:49.43 L	F	Morgan-Jane Moolman	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
337	1:49.99 L	F	Tamary Nsabuyera	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
338	1:50.41 L	F	Oarabile Malete	11	SASE JHB	20/11/2024	Crusaders Night Gala 1
339	1:51.11 L	F	Reneilwe Tsunke	11	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
340	1:52.18 L	F	Busisiwe Matsebele	11	AWIN TSH	13/09/2024	NTS September Age Group 2024
341	1:52.24 L	F	Isabella Van Rooyen	11	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
342	1:53.10 L	F	Esihle Damoyi	11	PEAS NMA	05/10/2024	4th A League Gala 2024

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
343	1:53.48 L	F	Karla Kriek	11	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
344	1:53.86 L	F	Daniella-Mohapi Lebogo	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
345	1:54.73 L	F	Sophia Lamprecht	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
346	1:54.74 L	F	Kenzie Murugan	11	STSC KCD	25/01/2025	uShaka Champs 2025
347	1:55.34 L	F	Leane Van Zyl	11	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
348	1:57.81 L	P	Asanele Mtolo	11	WSTV ETH	02/07/2024	Prestige Tournament 2024
349	1:57.92 L	F	Loago Mmoloke	11	HREF BP	23/11/2024	NWS Age Group 3 + 4 2024
350	1:58.28 L	F	Zete Adonis	11	PAQU CED	25/01/2025	Winelands JLfin
351	1:58.64 L	F	Carli Pienaar	11	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
352	2:00.58 L	F	Nqobile Kakana	11	LEBII BP	28/02/2025	NW School Championships 2025
353	2:02.34 L	P	Jana Pienaar	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
354	2:02.49 L	F	Emily Henry	11	CA EKU	12/10/2024	EGA Summer 2
355	2:03.84 L	F	Nathalie Naude	11	HHPs NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
356	2:05.19 L	F	Liane Jordaan	11	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
357	2:06.28 L	F	Cleo Julius	11	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
358	2:06.31 L	F	Atipa-Ishe Mubuyayi	11	AQUA BUF	22/11/2024	BCA Long Course Championships 2024
359	2:06.36 L	F	Thabelo Ntjana	11	WSS LLD	15/11/2024	Valsrivier Gala 2024
360	2:09.38 L	F	Neo Chomba	11	BARA EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
361	2:12.42 L	F	Lwandisiwe Siqwede	11	SRAY BUF	22/11/2024	BCA Long Course Championships 2024
362	2:13.66 L	F	Summer Bosch	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
363	2:15.82 L	F	Codi May	11	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
364	2:17.15 L	F	Karli Van der Merwe	11	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
365	2:23.80 L	F	Relebohile Khaoletsa	11	PELIC MAN	04/12/2024	Free State Champs 2024
366	2:26.07 L	F	Lisa Mostert	11	QUIC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 11 - 11 200 Free							
1	2:24.76 L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group
2	2:25.49 L	F	Sage Lindsay	11	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
3	2:28.20 L	F	Caro Bishop	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
4	2:28.57 L	F	Ella Johnson	11	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
5	2:28.81 L	F	Demi Vorster	11	TUKS TSH	13/12/2024	NMBA Championships 2024
6	2:33.98 L	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
7	2:34.83 L	F	Arabella Symington	11	ACES ETH	26/03/2025	SA Level 3 Regional Age Group
8	2:35.16 L	P	Hayley Greyvenstein	11	USC BUF	25/04/2025	SA National Junior Age Grou-WCA
9	2:36.18 L	F	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group
10	2:36.56 L	P	Gianna Olivier	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
11	2:37.04 L	P	Annebelle Botha	11	PER JHB	29/11/2024	CGA Championships 2024
12	2:39.00 L	F	Hannah Raphaela Morgado	11	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
13	2:39.03 L	P	Elke Coetsee	11	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
14	2:39.04 L	P	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
15	2:39.76 L	F	Keyla Douglas	11	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024
16	2:40.02 L	P	Arabella Symington	11	KZNS	05/04/2025	SA Schools Swimming Championship
17	2:40.83 L	P	Amy-Lee Wood	11	TCA EKU	20/03/2025	SA Level 3 Champs 2025-NT
18	2:41.24 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
19	2:41.76 L	P	Sophie Chiang	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
20	2:42.09 L	P	Alivia Nel	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
21	2:42.23 L	P	Tatum Adams	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
22	2:43.53 L	F	Maria Geyser	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
23	2:44.48 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	2:45.06 L	P	Isabella Knight	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
25	2:45.65 L	P	Mila Geldenhuys	11	ACAC CCD	20/03/2025	SA Level 3 Champs 2025-NT
26	2:45.89 L	P	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group
27	2:46.33 L	P	Jessica Caldeira	11	CRSC JHB	29/11/2024	CGA Championships 2024
28	2:46.84 L	F	Mackenzi Dart	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
29	2:47.16 L	F	Lisa Le Roux	11	BLOT MAN	04/12/2024	Free State Champs 2024
30	2:47.43 L	F	Hayden Perrins	11	GREY CPT	08/02/2025	WCA-B Champs - 2025
31	2:47.53 L	F	Courtney Grant	11	ACES ETH	02/07/2024	Prestige Tournament 2024
32	2:47.91 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group
33	2:48.02 L	P	Morgan Burstein	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
34	2:48.16 L	F	Jana Serdyn	11	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
35	2:48.25 L	F	Saskia Gilligan	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
36	2:48.27 L S	F	Alexi Dandoulakis	11	CA ECU	05/12/2024	EGA Summer Championships	
37	2:48.35 L	P	Kyra Du Preez	11	USC BUF	20/03/2025	SA Level 3 Regional Age Group	
38	2:48.65 L	F	Chelsey Crossman	11	BLSS MAN	04/12/2024	Free State Champs 2024	
39	2:48.84 L	F	Chantel Van der Linde	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
40	2:49.18 L	F	Emma Ranger	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
41	2:49.40 L	P	Simone Zoutendyk	11	RBOT BPD	07/12/2024	NWS Championships 2024	
42	2:49.74 L	P	Dione Smit	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
43	2:49.82 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group	
44	2:50.11 L	F	Lily Bailes	11	COLJ NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
45	2:50.59 L	P	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
46	2:50.65 L	F	Mila Nel	11	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
47	2:50.68 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs	
48	2:50.91 L	P	Miané Prinsloo	11	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT	
49	2:50.92 L	P	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
50	2:51.04 L	P	Olivia Odendaal	11	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
51	2:51.11 L	P	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
52	2:51.12 L	P	Pia Swanepoel	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
53	2:51.43 L	P	Yamakhuze Loni	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
54	2:51.75 L	P	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
55	2:51.88 L	P	Bria Ahmed	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
56	2:52.36 L	P	Puleng Masemene	11	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
57	2:53.15 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
58	2:53.37 L	F	Hannah Stearn	11	INFA NMA	13/12/2024	NMBA Championships 2024	
59	2:53.40 L	P	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
60	2:53.59 L	F	Rachel De Fleuriot	11	SEALE ETH	25/01/2025	uShaka Champs 2025	
61	2:53.84 L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group	
62	2:53.86 L	P	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
63	2:54.11 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT	
64	2:54.25 L	F	Lize Beyers	11	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
65	2:54.29 L	P	Emma Roets	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
66	2:54.30 L	F	Melissa Kleynhans	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
67	2:54.49 L	F	Willow Makwakwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
68	2:54.51 L	P	Emily Van Der Byl	11	USC BUF	20/03/2025	SA Level 3 Regional Age Group	
69	2:54.64 L	F	Engela Klopper	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
70	2:54.85 L	P	Harley Knudsen	11	PGAC ECU	20/03/2025	SA Level 3 Champs 2025-NT	
71	2:54.86 L	F	Lea Dornbrack	11	WELL CED	28/03/2025	SA Level 2 Regional Age Group Champs	
72	2:55.11 L	F	Beulah vd Merwe	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
73	2:55.19 L	P	Jaime Sprong	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
74	2:55.22 L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024	
75	2:55.25 L	F	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs	
76	2:55.61 L	F	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
77	2:55.84 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
78	2:55.90 L	F	Emma Du Toit	11	UPS NMA	18/02/2025	Inter Primary 2025	
79	2:56.34 L	P	Layla Palframan	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
80	2:56.49 L	P	Naomi Mahlangu	11	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group	
81	2:56.64 L	P	Bianca Van Jaarsveld	11	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group	
82	2:56.69 L	F	Alexia Tranter	11	SSISA CPT	22/02/2025	Swartland Invitational Gala 2025	
83	2:57.02 L	F	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
84	2:57.56 L	F	Mieke Steinbach	11	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
85	2:58.41 L	F	Lika Baird	11	GHS BP	28/02/2025	NW School Championships 2025	
86	2:58.54 L	F	Zane Kroon	11	AGAQ OBD	08/02/2025	WCA-B Champs - 2025	
87	2:58.79 L	F	Anzel Smit	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
88	2:59.22 L	F	Tshegofatso Moabelo	11	BAS ECU	15/11/2024	Summer 4 Delville	
89	2:59.54 L	F	Kate Pieterse	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials	
90	2:59.73 L	P	Elmine Opperman	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs	
91	2:59.76 L	F	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
92	2:59.86 L	P	Emily Marais	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs	
93	2:59.91 L	F	Ashley Du Randt	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
94	3:00.03 L	F	Mariane Labuschagne	11	FISH EDD	08/02/2025	WCA-B Champs - 2025
95	3:00.16 L	P	Hayley Liedeman	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
96	3:00.42 L	P	Bukata Mwanza	11	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
97	3:00.45 L	F	Isabel Smith	11	HARL BUF	25/01/2025	BCA January Age Group Gala 2025
98	3:00.56 L	P	Naledi Makhanya	11	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN
99	3:00.61 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025
100	3:00.89 L	F	Janel Van der Merwe	11	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
101	3:00.92 L	P	Skyler Muller	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
102	3:00.93 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
103	3:00.98 L	P	Kayden Jack	11	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA
104	3:00.99 L	P	Lizanté Bam	11	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
105	3:01.01 L	F	Phelan Labuschagne	11	QUES JHB	29/11/2024	CGA Championships 2024
106	3:01.24 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025
107	3:01.34 L	F	Ella Niven	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
108	3:01.72 L	F	Diante Bothma	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
109	3:02.15 L	F	Darshana Pillay	11	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
110	3:02.25 L	P	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
111	3:02.29 L	F	Nissi Mtetwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA
112	3:02.30 L	F	Jorja Adelaine	11	AA JHB	27/03/2025	SA Level 2 Champs 2025 EGA
113	3:02.32 L	P	Catherine Sebastian	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs
114	3:02.57 L	F	Jaime-Lynn Vermeulen	11	HARL BUF	22/11/2024	BCA Long Course Championships 2024
115	3:02.63 L	F	Mari Haasbroek	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
116	3:02.90 L	F	Yolayne Aucamp	11	TNDER FDD	04/12/2024	Free State Champs 2024
117	3:02.93 L	P	Catherine Couch	11	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
118	3:03.26 L	P	Leanke Loots	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs
119	3:03.45 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN
120	3:03.52 L	P	Leané Bruwer	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
121	3:03.57 L	P	Rachel Thompson	11	PSC TSH	20/03/2025	SA Level 3 Champs 2025-NT
122	3:03.73 L	P	Kyla Coetzee	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
123	3:03.88 L	F	Reatile Ntidi	11	NWUC KKD	07/12/2024	NWS Championships 2024
124	3:03.91 L	P	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
125	3:04.53 L	F	Isabella Van Breda	11	NWUC KKD	07/12/2024	NWS Championships 2024
126	3:04.69 L	F	Mia Mostert	11	AWIN TSH	13/09/2024	NTS September Age Group 2024
127	3:04.78 L	F	Phoebe Josiah	11	PSCP UMD	08/03/2025	Invitational Meet 2025
128	3:04.80 L	F	Kenzie Du Preez	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
129	3:04.84 L	F	Leila Burden	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
130	3:04.88 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	08/02/2025	WCA-B Champs - 2025
131	3:04.99 L	F	Nika Loots	11	UPS NMA	18/02/2025	Inter Primary 2025
132	3:05.14 L	F	Miane Bendeman	11	LSPHA MP	01/02/2025	Limpopo School Champs & Limpopo AG
133	3:05.34 L	P	Jane Tredoux	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
134	3:05.38 L	F	Sophia Duggan	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
135	3:05.65 L	F	Morgan Baard	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
136	3:05.67 L	P	Leah Schemel	11	HARL BUF	20/03/2025	SA Level 3 Regional Age Group
137	3:05.83 L	F	Amelia Lange	11	STAQ CED	08/02/2025	Winelands SL Final
138	3:06.07 L	P	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2 Champs 2025-EGA
139	3:06.24 L	P	Aphelele Shange	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
140	3:06.33 L	P	Abigail Haupt	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
141	3:06.43 L	F	Tshegofatso Le Roux	11	CASC CPT	08/02/2025	WCA-B Champs - 2025
142	3:06.75 L	F	Paige Oliphant	11	PAC TSH	13/09/2024	NTS September Age Group 2024
143	3:07.05 L	P	Tiisetso Makhatho	11	ESP EKU	27/03/2025	SA Level 2 Champs 2025-EGA
144	3:07.44 L	F	Zeney De Beer	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
145	3:07.59 L	F	Ané Venter	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
146	3:08.04 L	P	Mieke Pretorius	11	CA EKU	27/03/2025	SA Level 2 Champs 2025-EGA
147	3:08.28 L	P	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
148	3:08.59 L	P	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
149	3:08.74 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
150	3:08.87 L	P	Milea Louw	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
151	3:08.93 L	P	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
152	3:09.12 L	P	Emma McCallum	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
153	3:09.24 L	P	Shalom Mtileni	11	UNIU EZD	27/03/2025	SA Level 2 Champs 2025 EGA	
154	3:09.26 L	F	Ashlynn Shaw	11	PAC TSH	13/09/2024	NTS September Age Group 2024	
155	3:09.35 L	P	Zani Hager	11	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Champs	
156	3:09.41 L	F	Mieke Jordaan	11	KTS	06/12/2024	NCASA CHAMPS 2024	
157	3:09.66 L S	F	Kaylee Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
158	3:09.71 L	F	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024	
159	3:09.77 L	P	Cari Kriel	11	LALE CED	28/03/2025	SA Level 2 Regional Age Group Champs	
160	3:09.93 L	F	Vinelle Moss	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials	
161	3:09.96 L	P	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
162	3:10.34 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA	
163	3:10.60 L	F	Bela Davis-Taylor	11	COLJ NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
164	3:11.04 L	F	Tanya Loots	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025	
165	3:11.16 L	F	Emma Gutsche	11	POLSC CCD	29/11/2024	Limpopo Champs 2024	
166	3:11.26 L	F	Emily Johnson	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025	
167	3:11.52 L	P	Emma Arendse	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
168	3:11.61 L	P	Lilly Rautenbach	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
169	3:11.87 L	P	Marlien Nell	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
170	3:12.11 L	F	Murunwa Thidiela	11	MAKO EKU	15/11/2024	Summer 4 Delville	
171	3:12.15 L S	P	Maya Chelin	11	H2O EKU	05/12/2024	EGA Summer Championships	
172	3:12.47 L	P	Holly Couzens	11	SGUL ETH	02/07/2024	Prestige Tournament 2024	
173	3:12.86 L	P	Lilly-Mae Smith	11	SOUL EKU	27/03/2025	SA Level 2 Champs 2025-EGA	
174	3:13.50 L	P	Isabelle de Beer	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
175	3:13.52 L	F	Cato Erasmus	11	BLIZ TMD	01/03/2025	Provincial Level 1 Age Group	
176	3:13.65 L	P	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
177	3:14.29 L	F	Lusanele Qusheka	11	BEST NMA	13/12/2024	NMBA Championships 2024	
178	3:14.37 L	F	Ditebogo Pheeha	11	ACAQ CCD	09/11/2024	Limpopo Age Group 5	
179	3:14.41 L	F	Alexia Botha	11	KALA	06/12/2024	NCASA CHAMPS 2024	
180	3:14.56 L	P	Mercedes Jaftha	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
181	3:14.72 L	P	Rachel Johnson	11	BARA EKU	27/03/2025	SA Level 2 Champs 2025-EGA	
182	3:15.03 L	P	Aiva Van der Zandt	11	STAR BPD	07/12/2024	NWS Championships 2024	
183	3:15.54 L	F	Annabelle Ras	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025	
184	3:15.56 L	P	Janke Bresler	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
185*	3:15.73 L	F	Ella Arnold	11	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb	
185*	3:15.73 L	F	Skylin Koupis	11	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal	
187	3:15.75 L	F	Lisan Joubert	11	JOIE FBD	18/01/2025	AGE GROUP 5 UPT2025	
188	3:16.03 L	P	Maria De Klerk	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs	
189	3:16.11 L	P	Carla Swart	11	ASAC CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
190	3:16.46 L	P	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
191	3:16.58 L	F	Rebecca Symon	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
192	3:16.62 L	F	Lily Marais	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
193	3:16.64 L	F	Myra Bailey	11	RACE JHB	29/11/2024	CGA Championships 2024	
194	3:16.65 L	P	Annabelle Els	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs	
195*	3:16.69 L	F	Heili Van Heerden	11	BETH FDD	04/12/2024	Free State Champs 2024	
195*	3:16.69 L	P	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
197	3:17.14 L	P	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
198	3:17.23 L	P	Sophia Ebrahim	11	ESP EKU	27/03/2025	SA Level 2 Champs 2025-EGA	
199	3:17.60 L	F	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
200	3:17.64 L S	P	Khera Murray	11	H2O EKU	05/12/2024	EGA Summer Championships	
201	3:17.98 L	P	Helana Pretorius	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs	
202	3:18.46 L	F	Amber Gewer	11	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
203	3:18.72 L	F	Lehanri Cronje	11	NSAD EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15	
204	3:18.83 L	F	Kirsten Schnehage	11	VINE CPT	08/02/2025	WCA-B Champs - 2025	
205	3:19.23 L	P	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
206	3:19.37 L	F	Miane Steyn	11	LEGC ETH	01/02/2025	KCDA Age Group 4 2024	
207	3:19.99 L	F	Kari Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
208	3:20.21 L	F	Gia Warby	11	PER JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb	
209	3:20.86 L	F	Ava Du Preez	11	BEAV ETH	25/01/2025	uShaka Champs 2025	
210	3:21.02 L	F	Nienke Eksteen	11	BS LLD	18/02/2025	Inter Primary 2025	
211	3:21.28 L	P	Bailey Maralik	11	PER JHB	29/11/2024	CGA Championships 2024	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
212	3:21.72 L	F	Mika Philander	11	AQDO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
213	3:21.90 L	P	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
214	3:21.96 L	P	Nina le Cordeur	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025-EGA
215	3:22.35 L	F	Lea Cilliers	11	BLOT MAN	19/10/2024	Pelicans Gala 2
216	3:22.96 L	F	Xin Tong Haley Liang	11	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
217	3:23.38 L	F	Mariandi Bredenkamp	11	BS LLD	14/02/2025	Neptune Last Chance Gala
218	3:23.51 L	F	Inge Jv Vuuren	11	SS MPD	12/10/2024	Limpopo Age Group 4
219	3:23.67 L	P	Sarah McNamara	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
220	3:23.76 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025-EGA
221	3:23.82 L	F	Mckenzie Adams	11	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
222	3:24.39 L	F	Hayley Downs	11	CRSC JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
223	3:25.27 L	F	Daniella Louw	11	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
224	3:25.79 L	P	Etlí Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
225	3:26.04 L S	F	Beatrisa Kotkliair	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
226	3:26.18 L	F	Leah Kotze'	11	BULS MAN	01/02/2025	Heidedal & Sentraal Galal
227	3:26.49 L	F	Anchen Schoeman	11	BS LLD	04/12/2024	Free State Champs 2024
228	3:26.88 L	P	Kagiso Motuku	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA
229	3:27.03 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
230	3:27.86 L	F	Lily Jones	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
231	3:28.36 L	F	Taylor Crous	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials
232	3:28.55 L	F	Caitlin Byliefeldt	11	MAKO ECU	18/01/2025	EGA Summer 5
233	3:28.74 L	P	Emily Fryer	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
234	3:28.99 L	F	Leah Vos	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
235	3:29.28 L	F	Elle Lingerfelder	11	QUES JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
236	3:29.31 L	F	Emme Wessels	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group
237	3:29.78 L	F	Mpho Kutumane	11	UWCA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
238	3:30.36 L	F	Leah Meszaros	11	QUES JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
239	3:30.47 L	F	Zoe Joanides	11	BLNE MAN	25/10/2024	Neptunes Gala
240	3:30.49 L	F	Oarerata Modiole	11	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
241	3:30.68 L	P	Arya Fenwick	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
242	3:31.32 L	P	Miele' Loftus	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
243	3:31.82 L	F	Suraya Badat	11	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
244	3:32.62 L	F	Kamila Mohapi	11	ESTR ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
245	3:32.70 L	F	Danelle Louw	11	BULS MAN	01/02/2025	Heidedal & Sentraal Galal
246	3:33.06 L S	F	Lara Engels	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
247	3:33.48 L	F	Ilanca Smuts	11	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
248	3:33.96 L	F	Vania Martin	11	SOUL ECU	18/01/2025	EGA Summer 5
249	3:33.98 L	P	Michaela Kröger	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
250	3:34.27 L	F	Mari-Hane Visser	11	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
251	3:34.78 L S	P	Beersheba Negash	11	BARA ECU	05/12/2024	EGA Summer Championships
252	3:35.87 L	F	Emma Botha	11	AASC EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
253	3:35.90 L S	F	Astrid Saul	11	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
254	3:36.45 L S	P	Emilie Botha	11	JAQ ECU	05/12/2024	EGA Summer Championships
255	3:36.51 L	F	Mika Vd Merwe	11	AWSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
256	3:36.53 L	F	Mianke Lubbe	11	STGR XRD	19/10/2024	NCASA AGE GROUP 1 KBY 2024
257	3:37.64 L	F	Ava Candiotas	11	GHS BP	28/02/2025	NW School Championships 2025
258	3:38.50 L	F	Abigail Van der Westhuizen	11	CA ECU	18/01/2025	EGA Summer 5
259	3:39.25 L	F	Nina Murray	11	DDA TSH	01/02/2025	EGA Last Chance Gala
260	3:39.64 L	F	Tenè Venter	11	BS LLD	18/02/2025	Inter Primary 2025
261	3:40.57 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
262	3:40.66 L	F	Danille De Jager	11	OLDE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
263	3:41.33 L	F	Anika Brand	11	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
264	3:41.91 L	F	Jorja Petschel	11	HARL BUF	22/11/2024	BCA Long Course Championships 2024
265	3:42.94 L	F	Jaydine Fortein	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
266	3:43.65 L	F	Kayla Coetzee	11	VALS FDD	15/11/2024	Valsrivier Gala 2024
267	3:44.73 L	F	Mihanka vd Bank	11	CUHE QBD	09/11/2024	Swartland Prestige Gala 2024
268	3:44.88 L	F	Rita Rouillard	11	PSA ZLD	07/12/2024	Stingrays Champs 2024
269	3:45.13 L	F	Rachel Saltzman	11	ESTR ECU	01/02/2025	EGA Last Chance Gala
270	3:45.71 L	F	Ymeri Wilken	11	VALS FDD	04/12/2024	Free State Champs 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
271	3:45.93 L	F	Reabetswe Raphuti	11	GHS BP	28/02/2025	NW School Championships 2025
272	3:46.98 L	F	Marizel Prinsloo	11	BS LLD	14/02/2025	Neptune Last Chance Gala
273	3:47.11 L	F	Emily-Thea Kirsten	11	LALE CED	25/01/2025	Winelands JLfin
274	3:48.15 L S	F	Thalia Mbock Madjang	11	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
275	3:48.34 L	F	Abigail Wilson	11	TYGE CPT	17/10/2024	43rd Freda Barnard Invitational Gala
276	3:50.29 L	F	Adrianne Meiring	11	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
277	3:50.38 L	F	Ava Stevens	11	USC BUF	22/11/2024	BCA Long Course Championships 2024
278	3:51.59 L	F	Emma Ku	11	OLDE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
279	3:52.95 L	F	Ulfa Jaffa	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
280	3:53.69 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
281	3:54.44 L	F	Lacey Hodgkinson	11	SWIFT ECU	15/11/2024	Summer 4 Delville
282	3:54.69 L	F	Botshelo Rampana	11	PELIC MAN	14/02/2025	Neptune Last Chance Gala
283	3:54.81 L	P	Faythe Evans	11	RACE JHB	29/11/2024	CGA Championships 2024
284	3:55.10 L	F	Leandi Van der Westhuizen	11	QSAW CED	25/01/2025	Winelands JLfin
285	3:57.13 L	F	Riandi Muller	11	INFA NMA	14/09/2024	3rd A League Gala 2024
286	4:05.37 L	F	Leah Mbhokota	11	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
287	4:07.92 L	F	Liane Jordaan	11	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
288	4:08.73 L	F	Jana Pienaar	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
289	4:09.66 L	F	Amy Cloete	11	UWCA CPT	21/09/2024	CTA INVITATIONAL LC MEET
290	4:10.60 L	F	Karla Kriek	11	QSAW CED	25/01/2025	Winelands JLfin
291	4:13.06 L	F	Mia du Plessis	11	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
292	4:18.11 L	P	Carli Pienaar	11	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
293	4:20.48 L	F	Lwandisiwe Siqwede	11	SRAY BUF	22/11/2024	BCA Long Course Championships 2024
294	4:27.36 L	F	Cleo Julius	11	KALA	06/12/2024	NCASA CHAMPS 2024
295	4:39.11 L	F	Lwandle Mnguni	11	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
296	5:01.85 L	F	Neo Chomba	11	BARA ECU	18/01/2025	EGA Summer 5
297	5:09.10 L	F	Karli Van der Merwe	11	KALA	06/12/2024	NCASA CHAMPS 2024
Women 11 - 11 400 Free							
1	5:12.91 L	F	Ella Johnson	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
2	5:14.58 L	F	Demi Vorster	11	TUKS TSH	13/12/2024	NMBA Championships 2024
3	5:21.28 L	F	Caro Bishop	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
4	5:22.87 L	F	Arabella Symington	11	ACES ETH	26/03/2025	SA Level 3 Regional Age Group
5	5:23.28 L	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
6	5:24.01 L	F	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
7	5:26.09 L	F	Alexi Claassen	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
8*	5:32.73 L	F	Hayley Greyvenstein	11	USC BUF	25/04/2025	SA National Junior Age Grou-WCA
8*	5:32.73 L	F	Gianna Olivier	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
10	5:33.45 L	F	Sage Lindsay	11	CA ECU	05/12/2024	EGA Summer Championships
11	5:34.41 L	F	Arabella Symington	11	KZNS	05/04/2025	SA Schools Swimming Championship
12	5:37.12 L	F	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group
13	5:37.65 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional Age Group
14	5:38.84 L	F	Annebelle Botha	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
15	5:39.09 L	F	Jessica Caldeira	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
16	5:39.73 L	F	Amy-Lee Wood	11	TCA ECU	20/03/2025	SA Level 3 Champs 2025-NT
17	5:44.98 L	F	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group
18	5:45.79 L	F	Saskia Gilligan	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
19	5:46.07 L	F	Mila Geldenhuys	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT
20	5:51.51 L	F	Courtney Grant	11	ACES ETH	08/03/2025	Invitational Meet 2025
21	5:52.69 L	F	Morgan Burstein	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
22	5:54.50 L	F	Mackenzi Dart	11	USC BUF	13/12/2024	NMBA Championships 2024
23	5:55.64 L	F	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
24	5:55.83 L	F	Olivia Odendaal	11	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
25	5:56.97 L	F	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
26	5:57.57 L	F	Keyla Douglas	11	ROA EDD	17/08/2024	Madibaz Swim Meet 2024
27	5:57.94 L	F	Mila Nel	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
28	5:58.41 L	F	Alexi Dandoulakis	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
29	5:59.18 L	F	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group
30	5:59.34 L	F	Kyra Du Preez	11	USC BUF	20/03/2025	SA Level 3 Regional Age Group
31	6:02.56 L	F	Miané Prinsloo	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24
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Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
32	6:02.65 L	F	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group
33	6:02.87 L	F	Emily Van Der Byl	11	USC BUF	02/11/2024	BCA November Age Group Gala SC	
34	6:04.38 L	F	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional	Age Group
35	6:04.47 L	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024	
36	6:05.92 L	F	Yamakhuze Loni	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group
37	6:08.11 L	F	Pia Swanepoel	11	ASAC CPT	20/03/2025	SA Level 3 Regional	Age Group
38	6:10.06 L	F	Simone Zoutendyk	11	RBOT BPD	07/12/2024	NWS Championships 2024	
39	6:11.28 L	F	Gabriella Scott	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
40	6:11.57 L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024	
41	6:11.71 L	F	Emma Du Toit	11	UPS NMA	18/02/2025	Inter Primary 2025	
42	6:14.78 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025	SA Level 3 Regional	Age Group
43	6:16.53 L	F	Emma Roets	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
44	6:18.19 L	F	Leah Schemel	11	HARL BUF	02/11/2024	BCA November Age Group Gala SC	
45	6:19.85 L	F	Yolayne Aucamp	11	TNDER FDD	04/12/2024	Free State Champs 2024	
46	6:20.10 L	F	Kenzie Du Preez	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024	
47	6:21.89 L	F	Jaime-Lynn Vermeulen	11	HARL BUF	01/02/2025	BCA Feb Age Group Gala 2025	
48	6:22.38 L	F	Isabella Van Breda	11	BLS KK	28/02/2025	NW School Championships 2025	
49	6:26.62 L	F	Isabel Smith	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
50	6:26.94 L	F	Skyler Muller	11	HARL BUF	02/11/2024	BCA November Age Group Gala SC	
51	6:27.46 L	F	Engela Kloppe	11	USC BUF	13/12/2024	NMBA Championships 2024	
52	6:27.56 L	F	Zara Komani	11	WATR JHB	29/11/2024	CGA Championships 2024	
53	6:28.13 L	F	Morgan Baard	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
54*	6:29.61 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025	
54*	6:29.61 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025	
56	6:29.72 L	F	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024	
57	6:33.38 L	F	Mariane Labuschagne	11	FISH EDD	08/02/2025	WCA-B Champs - 2025	
58	6:33.70 L	F	Zeney De Beer	11	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
59	6:43.95 L	F	Marlien Nell	11	HREF BPD	07/12/2024	NWS Championships 2024	
60	6:47.02 L	F	Naomi Mahlangu	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
61	6:53.44 L	F	Wyllow Halse	11	USC BUF	13/12/2024	NMBA Championships 2024	
62	6:54.02 L	F	Reatile Ntidi	11	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024	
63	6:54.79 L	F	Bukata Mwanza	11	ESP ECU	01/02/2025	EGA Last Chance Gala	
64	6:55.45 L	F	Jeanine Goosen	11	BLNE MAN	04/12/2024	Free State Champs 2024	
65	6:57.50 L	F	Kaylee Vd Wal	11	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group
66	6:58.92 L	F	Emma McCallum	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025	
67	6:59.28 L	F	Lianka Spies	11	HARB BPD	07/12/2024	NWS Championships 2024	
68	7:01.64 L	F	Meziana Hammouche	11	MAKO ECU	26/10/2024	Summer 3 Delville	
69	7:03.39 L	F	Lusanele Qusheka	11	BEST NMA	31/01/2025	Infinity Gala 2025	
70	7:04.45 L	F	Rebecca Sam	11	HPS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
71	7:07.24 L	F	Beulah vd Merwe	11	HREF BPD	07/12/2024	NWS Championships 2024	
72	7:11.41 L	F	Vida Olivier	11	BLNE MAN	25/10/2024	Neptunes Gala	
73	7:14.96 L	F	Tiisetso Makhatho	11	ESP ECU	26/10/2024	Summer 3 Delville	
74	7:16.80 L	F	Lheané Du Plessis	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
75	7:17.51 L	F	Khloe Mesquita	11	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024	
76	7:17.74 L	F	Mieke Pretorius	11	CA ECU	01/02/2025	EGA Last Chance Gala	
77	7:19.58 L	F	Isabelle de Beer	11	HREF BPD	07/12/2024	NWS Championships 2024	
78	7:22.18 L	F	Etti Van Niekerk	11	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15	
79	7:24.07 L	F	Alexia Botha	11	KALA	06/12/2024	NCASA CHAMPS 2024	
80	7:24.61 L	F	Jorja Petschel	11	HARL BUF	15/06/2024	PEA Winter Gala 2024	
81	7:28.91 L	F	Kirsten Schnehage	11	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
82	7:32.37 L	F	Sophia Ebrahim	11	ESP ECU	26/10/2024	Summer 3 Delville	
83	7:36.95 L	F	Abigail Van der Westhuizen	11	CA ECU	01/02/2025	EGA Last Chance Gala	
84	7:37.39 L	F	Zoe Joanides	11	BLNE MAN	25/10/2024	Neptunes Gala	
85	7:44.46 L	F	Mihanka vd Bank	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
86	7:45.67 L	F	Lilly Rautenbach	11	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024	
87	7:56.88 L	F	Abigail Wilson	11	TYGE CPT	09/11/2024	Winelands SL4	
88	7:58.65 L	F	Ava Candiotas	11	HREF BPD	07/12/2024	NWS Championships 2024	
89	8:52.05 L	F	Adelle Luttig	11	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Women 11 - 11 500 Free									
1	10:18.11	L	O	Catherine Sebastian	11	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
2	11:13.72	L	O	Lilly Rautenbach	11	ANAX CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
Women 11 - 11 800 Free									
1	10:53.94	L	F	Ella Johnson	11	SAAW CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
2	11:32.77	L	F	Leah Dabrowski	11	BLMA CPT	14/02/2025	Western Cape Elite Gala 2025	
3	11:33.81	L	F	Hayley Greyvenstein	11	USC BUF	02/11/2024	BCA November Age Group Gala 2024	
4	11:44.56	L	F	Grace Johns	11	OHAN ILD	25/01/2025	uShaka Champs 2025	
5	12:04.82	L	F	Mackenzi Dart	11	USC BUF	02/11/2024	BCA November Age Group Gala SC	
6	12:13.45	L	F	Gianna Olivier	11	PAQU CED	09/11/2024	Winelands SL4	
7	12:15.73	L	F	Keyla Douglas	11	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
8	12:34.43	L	F	Mila Geldenhuys	11	ACAA CCD	12/10/2024	Limpopo Age Group 4	
9	12:54.77	L	F	Kyra Du Preez	11	USC BUF	02/11/2024	BCA November Age Group Gala SC	
10	13:07.70	L	F	Mieke Steinbach	11	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024	
11	13:21.57	L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024	
12	14:09.45	L	F	Mariane Labuschagne	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
13	14:38.75	L	F	Reatile Ntidi	11	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
Women 11 - 11 1500 Free									
1	20:36.32	L	F	Ella Johnson	11	SAAW CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
2	26:40.25	L	O	Hannah Raphaela Morgado	11	CSA EZD	03/11/2024	MPUMALANGA OPEN WATER 2- 3	
3	26:44.45	L	F	Lienke Bester	11	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024	
4	27:51.43	L	F	Mariane Labuschagne	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools	
5	29:47.46	L	O	Pia Swanepoel	11	ASAC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
6	31:12.19	L	O	Alexa Kuhn	11	CASC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
7	32:55.41	L	O	Zeney De Beer	11	CSA EZD	16/02/2025	MPUMALANGA OPEN WATER 16	
8	32:56.39	L	O	Pradhia Singh	11	CASC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
Women 11 - 11 50 Back									
1	34.28	L	F	Sage Lindsay	11	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
2	34.43	L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
3	35.22	L	F	Elke Coetsee	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group	
4	35.33	L	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
5	36.68	L	P	Kwicia Nchumali	11	CBM	26/03/2025	SA Level 3 Regional Age Group	
6	37.30	L	F	Jessica Caldeira	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
7	37.41	L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group	
8	37.43	L	F	Lize Beyers	11	AGAQ QBD	20/03/2025	SA Level 3 Regional Age Group	
9	37.96	L	F	Saskia Gilligan	11	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group	
10	38.28	L	F	Alexi Claassen	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
11	38.30	L	F	Demi Vorster	11	TUKS TSH	13/12/2024	NMBA Championships 2024	
12	38.47	L	F	Lilly-Mae Smith	11	SOUL EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
13	38.64	L	F	Chantel Van der Linde	11	VHD ZLD	25/01/2025	uShaka Champs 2025	
14	38.68	L	P	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
15	38.92	L	P	Chelsey Crossman	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group	
16	38.95	L	F	Layla Palframan	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
17	39.08	L	F	Cayleigh Knott	11	ASAC CPT	08/02/2025	Winelands SL Final	
18	39.20	L	F	Lisa Le Roux	11	BLOT MAN	20/03/2025	SA Level 3 Champs 2025-NT	
19	39.22	L	P	Keyla Douglas	11	ROA EDD	20/03/2025	SA Level 3 Regional Age Group	
20	39.24	L	F	Lily Bailes	11	COLJ NMA	22/02/2025	Eastern Cape School Provincial Trials	
21	39.32	L	P	Caro Bishop	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
22	39.54	L	F	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3 Regional Age Group	
23	39.61	L	P	Sophie Chiang	11	WATR JHB	29/11/2024	CGA Championships 2024	
24	39.66	L	P	Jaime Sprong	11	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024	
25	39.72	L	F	Ané Venter	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
26*	39.78	L	F	Olivia Normington	11	XCEL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
26*	39.78	L	F	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group	
28	40.03	L S	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024	
29	40.09	L	P	Alexia Tranter	11	SSISA CPT	14/02/2025	Western Cape Elite Gala 2025	
30	40.18	L	P	Mila Geldenhuys	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT	
31*	40.20	L	F	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
31*	40.20 L	P	Jaime-Lynn Vermeulen	11	ECSA	05/04/2025	SA Schools Swimming Championship
33	40.21 L	P	Isabella Knight	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
34	40.26 L	F	Hayley Greyvenstein	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
35	40.28 L	F	Mackenzi Dart	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
36	40.34 L	P	Mila Nel	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
37	40.40 L	P	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
38	40.46 L	F	Miane Steyn	11	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN
39	40.47 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
40	40.49 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
41	40.67 L	F	Harley Knudsen	11	CA ECU	26/10/2024	Summer 3 Delville
42	40.72 L	P	Bianca Van Jaarsveld	11	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
43	40.75 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional Age Group
44	40.76 L	P	Layla Palframan	11	KZNS	05/04/2025	SA Schools Swimming Championship
45	40.82 L	F	Emma Roets	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
46	40.86 L	F	Kyla Coetzee	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
47	40.91 L	F	Naledi Makhanya	11	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN
48	41.00 L	P	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
49	41.02 L	F	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
50	41.16 L	P	Bukata Mwanza	11	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
51	41.23 L	F	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
52	41.28 L	P	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024
53	41.40 L	F	Courtney Grant	11	ACES ETH	02/07/2024	Prestige Tournament 2024
54	41.45 L	F	Hannah Stearn	11	INFA NMA	15/06/2024	PEA Winter Gala 2024
55	41.49 L	F	Rebecca Symon	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
56	41.51 L	P	Dione Smit	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
57	41.60 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group
58	41.73 L	F	Naomi Mahlangu	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025
59	41.78 L	P	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
60	41.79 L	F	Lea Dornbrack	11	WELL CED	28/03/2025	SA Level 2 Regional Age Group Champs
61	41.87 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025
62	41.89 L	F	Zeney De Beer	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
63	42.01 L	F	Ella Niven	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
64	42.03 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
65	42.19 L	P	Mari Haasbroek	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
66*	42.25 L	F	Tatum Adams	11	PAQU CED	25/01/2025	Winelands JLin
66*	42.25 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
68*	42.31 L	F	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
68*	42.31 L	P	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
70*	42.35 L	F	Leané Bruwer	11	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
70*	42.35 L	P	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group
72	42.37 L	F	Diante Bothma	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
73	42.40 L	F	Tiisetso Makhatho	11	ESP ECU	05/12/2024	EGA Summer Championships
74	42.42 L	F	Lizanté Bam	11	BLSS MAN	13/09/2024	Pelicans Age Group Gala
75	42.46 L	F	Inge Jv Vuuren	11	SS MPD	29/11/2024	Limpopo Champs 2024
76	42.55 L	P	Darshana Pillay	11	MDOL JHB	29/11/2024	CGA Championships 2024
77	42.59 L	P	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs
78	42.62 L	F	Emma Du Toit	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala
79	42.63 L	P	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
80	42.65 L	F	Mika Pelser	11	OLDE JHB	29/11/2024	CGA Championships 2024
81	42.79 L S	F	Marli Strydom	11	QUIC CPT	02/11/2024	CTA A & B CHAMPS 2024
82	42.86 L	F	Amy Freeman	11	NAE EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
83	42.97 L	F	Yamakhuze Loni	11	INFA NMA	13/12/2024	NMBA Championships 2024
84	42.99 L	F	Mieke Steinbach	11	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
85	43.02 L	P	Leah Vos	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
86	43.06 L	P	Paige Oliphant	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT
87	43.09 L	F	Mieke Jordaan	11	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
88	43.11 L	F	Leila Burden	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
89	43.16 L	F	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
90	43.18 L	P	Colleen McQueen	11	BLSS MAN	02/07/2024	Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
91	43.20 L	F	Maria Geyser	11	LSBOS WB	01/02/2025	Limpopo School Champs & Limpopo AG
92	43.22 L	F	Lienke Rossouw	11	LALE CED	09/11/2024	Winelands SL4
93	43.28 L	F	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
94	43.33 L	F	Luze Potgieter	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
95	43.39 L	P	Sophia Ebrahim	11	ESP EKU	27/03/2025	SA Level 2 Champs 2025-EGA
96	43.47 L S	F	Zia-Bella Engelbrecht	11	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
97*	43.52 L	F	Aiva Van der Zandt	11	VASTR BPD	28/02/2025	NW School Championships 2025
97*	43.52 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
99	43.53 L	F	Lilly Rautenbach	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
100*	43.54 L	F	Daniella Louw	11	BLOT MAN	04/12/2024	Free State Champs 2024
100*	43.54 L	P	Gianna Olivier	11	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024
102*	43.58 L	F	Kayden Jack	11	PER JHB	29/11/2024	CGA Championships 2024
102*	43.58 L	F	Cato Erasmus	11	BLIZ TMD	01/03/2025	Provincial Level 1 Age Group
104	43.71 L S	F	Simone Zoutendyk	11	RBOT BPD	07/12/2024	NWS Championships 2024
105	43.73 L	F	Jana Serdyn	11	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs
106	43.77 L	F	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
107	43.81 L	F	Marlien Nell	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
108	43.87 L	F	Sydney Kuhn	11	ELEC TSH	13/09/2024	NTS September Age Group 2024
109*	43.92 L	P	Maria De Klerk	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
109*	43.92 L	P	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2 Champs 2025 EGA
111	43.94 L	F	Rachel De Fleuriot	11	SEALE ETH	25/01/2025	uShaka Champs 2025
112	43.98 L	P	Melissa Kleynhans	11	PGAC EKU	05/12/2024	EGA Summer Championships
113	43.99 L	F	Lusanele Qusheka	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
114	44.09 L	F	Isabel Smith	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
115	44.11 L	P	Olivia Odendaal	11	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
116	44.24 L	F	Vinelle Moss	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials
117	44.27 L	F	Miane Bendeman	11	LSPHA MP	01/02/2025	Limpopo School Champs & Limpopo AG
118	44.28 L	P	Morgan Burstein	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
119	44.34 L	F	Ashley Du Randt	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025
120	44.37 L	P	Jane Tredoux	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
121*	44.39 L	F	Shalom Mtleni	11	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
121*	44.39 L	F	Engela Kloppe	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
123	44.41 L	F	Leah Schemel	11	HARL BUF	01/02/2025	BCA Feb Age Group Gala 2025
124	44.47 L	F	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
125	44.57 L	F	Kyra Du Preez	11	USC BUF	13/07/2024	1st A League Gala 2024
126	44.63 L	P	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA
127	44.67 L	F	Bela Davis-Taylor	11	COLJ NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
128	44.70 L	P	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
129	44.73 L	F	Zani Hager	11	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Champs
130*	44.76 L	F	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
130*	44.76 L	P	Bailey Maralik	11	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA
132	44.79 L	P	Beulah vd Merwe	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
133	44.80 L S	F	Aria Benade	11	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
134	44.81 L	P	Gia Warby	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
135	44.82 L	F	Annabelle Ras	11	QUIC CPT	08/02/2025	WCA-B Champs - 2025
136	44.90 L	P	Leah Kotze'	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
137	44.92 L	F	Marizel Prinsloo	11	BS LLD	25/10/2024	Neptunes Gala
138	45.08 L	F	Morgan Baard	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
139	45.12 L	F	Janel Van der Merwe	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
140	45.13 L	F	Esther Lubbe	11	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
141*	45.15 L	P	Janke Bresler	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
141*	45.15 L	F	Gianna Onkruid	11	UWCA CPT	08/02/2025	WCA-B Champs - 2025
143	45.23 L S	F	Dine Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
144	45.26 L	P	Murunwa Thidiela	11	MAKO EKU	05/12/2024	EGA Summer Championships
145	45.30 L	F	Annique Bester	11	AGAQ QBD	08/02/2025	WCA-B Champs - 2025
146	45.37 L	P	Isabelle de Beer	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
147	45.38 L	F	Emily Van Der Byl	11	USC BUF	13/07/2024	1st A League Gala 2024
148	45.41 L	F	Kenzie Du Preez	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
149	45.51 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
150*	45.53 L	P	Abigail Haupt	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
150*	45.53 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
152*	45.60 L	P	Khera Murray	11	H2O EKU	05/12/2024	EGA Summer Championships	
152*	45.60 L	P	Miané Prinsloo	11	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT	
154	45.62 L	P	Amy-Lee Wood	11	TCA EKU	05/12/2024	EGA Summer Championships	
155	45.67 L	F	Catherine Sebastian	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
156	45.71 L	P	Rachel Johnson	11	BARA EKU	05/12/2024	EGA Summer Championships	
157	45.77 L	F	Reatile Ntidi	11	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024	
158	45.80 L	P	Elmine Opperman	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs	
159	46.01 L	F	Skylin Koupis	11	BS LLD	18/02/2025	Inter Primary 2025	
160	46.02 L S	F	Lara Engels	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024	
161	46.03 L	F	Amelia Lange	11	STAQ CED	08/02/2025	Winelands SL Final	
162	46.08 L	F	Cara Kolesky	11	LORR NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
163	46.15 L	F	Mambay Banza	11	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER	
164*	46.16 L	F	Alexia Botha	11	KALA	15/11/2024	AGE GROUP 2 KATHU 2024	
164*	46.16 L	F	Milea Louw	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
166	46.19 L	F	Mariandi Bredenkamp	11	BS LLD	14/02/2025	Neptune Last Chance Gala	
167	46.20 L	P	Anchen Schoeman	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs	
168	46.29 L	F	Mariane Labuschagne	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
169	46.41 L S	F	Tanya Loots	11	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024	
170	46.44 L	P	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
171*	46.45 L S	F	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024	
171*	46.45 L	P	Etli Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA	
173	46.49 L	P	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
174	46.50 L	F	Hayley Liedeman	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025	
175	46.60 L	P	Aphelele Shange	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
176	46.61 L	F	Anzel Smit	11	EXP TSH	01/02/2025	EGA Last Chance Gala	
177	46.62 L	F	Riley Fourie	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
178	46.83 L	P	Kamila Mohapi	11	ESTR EKU	27/03/2025	SA Level 2 Champs 2025-EGA	
179	46.84 L	P	Sinakhokonke Bhengu	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
180	46.89 L	F	Emily Marais	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs	
181	46.95 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA	
182	47.04 L	P	Catherine Couch	11	QUES JHB	29/11/2024	CGA Championships 2024	
183	47.08 L	F	Ditebogo Pheeha	11	PEPPS CCD	01/02/2025	Limpopo School Champs & Limpopo AG	
184	47.09 L	P	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
185	47.16 L	P	Anna Charlton	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
186	47.21 L	F	Leanke Loots	11	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools	
187	47.24 L	P	Ava Candiotes	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
188	47.29 L	F	Saarah De Maine	11	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
189*	47.32 L	P	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
189*	47.32 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025	
191*	47.33 L	P	Myra Bailey	11	RACE JHB	29/11/2024	CGA Championships 2024	
191*	47.33 L	P	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
193*	47.36 L	F	Vania Martin	11	SOUL EKU	12/10/2024	EGA Summer 2	
193*	47.36 L	F	Emme Wessels	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group	
195	47.45 L	P	Carla Fourie	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
196	47.49 L	P	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
197	47.55 L	F	Emma McCallum	11	USC BUF	13/12/2024	NMBA Championships 2024	
198	47.56 L	F	Emma Ranger	11	USC BUF	22/11/2024	BCA Long Course Championships 2024	
199	47.57 L	F	Yolayne Aucamp	11	TNDER FDD	25/10/2024	Neptunes Gala	
200	47.61 L	F	Lisan Joubert	11	JOIE FBD	16/11/2024	AGE GROUP 2 UPINGTON 2024	
201	47.63 L	F	Leah Meszaros	11	QUES JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
202	47.67 L	P	Livi Engelbrecht	11	PAC TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
203	47.70 L	F	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
204	47.76 L	F	Adrienne Meiring	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
205	47.81 L	P	Phelan Labuscagne	11	QUES JHB	29/11/2024	CGA Championships 2024	
206	47.85 L	F	Emma Gutsche	11	POLSC CCD	29/11/2024	Limpopo Champs 2024	
207	47.87 L	F	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
208	47.88 L	P	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
209	47.93 L	P	Nina le Cordeur	11	WATR JHB	29/11/2024	CGA Championships 2024
210	47.95 L	P	Mieke Pretorius	11	CA EKU	05/12/2024	EGA Summer Championships
211	47.96 L	F	Izelda Meyer	11	VHD ZLD	25/01/2025	uShaka Champs 2025
212	47.98 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
213	48.03 L	F	Lua Heyns	11	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
214	48.07 L	F	Emily Fryer	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
215	48.10 L	F	Puleng Masemene	11	ELEC TSH	13/09/2024	NTS September Age Group 2024
216	48.12 L	P	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025-EGA
217	48.32 L	P	Skyler Muller	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
218	48.42 L	F	Heili Van Heerden	11	BETH FDD	25/10/2024	Neptunes Gala
219	48.45 L	F	Atsile Mogaleemang	11	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
220	48.55 L	P	Rachel Saltzman	11	ESTR EKU	05/12/2024	EGA Summer Championships
221*	48.56 L	P	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
221*	48.56 L	P	Ava Stevens	11	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
223	48.58 L	F	Emma Arendse	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
224	48.63 L	F	Zane Kroon	11	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
225	48.64 L	F	Isabella Van Rooyen	11	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
226	48.71 L	F	Mieke Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
227	48.81 L	F	Carla Swart	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025
228	48.82 L	F	Nika Loots	11	PELIC MAN	01/02/2025	Heidedal & Sentraal Galal
229	48.92 L	F	Courtney Ferguson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
230	48.93 L	F	Cari Kriel	11	LALE CED	28/03/2025	SA Level 2 Regional Age Group Champs
231	48.96 L	F	Lea Swart	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
232	49.05 L	F	Katherine Van Zyl	11	CPSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
233	49.09 L	F	Kethelo Mkhize	11	USH KCD	25/01/2025	uShaka Champs 2025
234	49.10 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
235	49.24 L	F	Mckenzie Adams	11	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
236	49.43 L	F	Jaunté Duvenage	11	LPTBO CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
237	49.45 L	F	Anneske Smith	11	KTS	08/02/2025	NCASA SPRINTS 2025
238	49.48 L	F	Alexa Kibel	11	ORCA EKU	26/10/2024	Summer 3 Delville
239	49.50 L	F	Lily Jones	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
240	49.54 L	F	Mia De Lange	11	UNIC CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
241	49.68 L	F	Hayleigh Roux	11	BLIZ TMD	04/12/2024	Free State Champs 2024
242	49.70 L	F	Beersheba Negash	11	BARA EKU	12/10/2024	EGA Summer 2
243	49.72 L	P	Lehanri Cronje	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
244	49.76 L	F	Danika Brynard	11	STSC KCD	26/10/2024	Froggies Aquatics Championships 2024
245*	49.85 L	F	Mercedes Jaftha	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
245*	49.85 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
247	49.86 L	F	Mihanka vd Bank	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
248	50.03 L	F	Helana Pretorius	11	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
249	50.07 L	F	Tabea Greyling	11	RFA TSH	13/09/2024	NTS September Age Group 2024
250	50.24 L	F	Brogan Eke	11	SUN NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
251	50.29 L	P	Hayley Downs	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
252	50.30 L	F	Taylor Crous	11	PEAS NMA	14/09/2024	3rd A League Gala 2024
253	50.32 L	P	Qhama-Qhamisa Gonya	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
254	50.40 L	F	Annabelle Els	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
255	50.43 L	F	Isabella Van Breda	11	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
256	50.47 L S	F	Tlotlotsame Makatiers	11	RBOT BPD	07/12/2024	NWS Championships 2024
257	50.50 L	F	Shekinah Ikedachi	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
258	50.55 L	F	Kari Moolman	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
259*	50.66 L	P	Wyllow Halse	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
259*	50.66 L	F	Maya Chelin	11	H2O EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
261	50.67 L	F	Sabella Chetty	11	HHPs NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
262	50.72 L	F	Kagiso Motuku	11	PGAC EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
263*	50.75 L	P	Alexa Els	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
263*	50.75 L	F	Rachel Thompson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
265	50.84 L	F	Michaela Kröger	11	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
266	50.90 L	F	Oratilwe Mokhatla	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
267	51.09 L	F	Jorja Petschel	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
268	51.16 L	F	Zoe Joanides	11	BLNE MAN	19/10/2024	Pelicans Gala 2
269	51.18 L	F	Lily Marais	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
270	51.20 L	F	Leandi Van der Westhuizen	11	QSAW CED	09/11/2024	Swartland Prestige Gala 2024
271	51.22 L	F	Emily Johnson	11	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
272	51.24 L	F	Esihle Damoyi	11	PEAS NMA	05/10/2024	4th A League Gala 2024
273	51.31 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
274	51.34 L	P	Leah Botha	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
275	51.53 L S	F	Ilanca Smuts	11	STAR BPD	07/12/2024	NWS Championships 2024
276	51.57 L	P	Adison Gericke	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
277	51.62 L	F	Lize-Mari Cloete	11	BS LLD	01/03/2025	Provincial Level 1 Age Group
278	51.86 L	F	Gabriella De Klerk	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
279*	51.92 L	F	Nienke Eksteen	11	VALS FDD	25/10/2024	Neptunes Gala
279*	51.92 L	F	Astrid Saul	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
281	51.93 L	P	Lucy Bush	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
282	51.96 L S	F	Kirsten Schnehage	11	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
283	51.98 L	F	Milly Kriek	11	BEARS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
284	52.04 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
285	52.05 L S	F	Thalia Mbock Madjang	11	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
286	52.11 L	P	Danelle Louw	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
287	52.12 L	F	Motheo Leshilo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
288	52.20 L	F	Caitlin Byliefeldt	11	MAKO EKU	12/10/2024	EGA Summer 2
289	52.29 L S	F	Reabetswe Raphuti	11	HARB BPD	07/12/2024	NWS Championships 2024
290	52.49 L	F	Rita Rouillard	11	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
291	52.50 L	P	Kharlyn Gysman	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
292	52.52 L	F	Kayla Coetzee	11	VALS FDD	15/11/2024	Valsrivier Gala 2024
293	52.55 L	F	Emily van der Linde	11	SOUL EKU	26/10/2024	Summer 3 Delville
294	52.71 L	F	Marné Truter	11	TKS WBD	29/11/2024	Limpopo Champs 2024
295*	52.72 L	P	Gcinizwi Dom	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
295*	52.72 L	F	Leah Mbhokota	11	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
297	52.79 L	F	Riandi Muller	11	INFA NMA	15/06/2024	PEA Winter Gala 2024
298	52.82 L	F	Elné Roets	11	GHSK	08/02/2025	NCASA SPRINTS 2025
299	52.90 L	F	Ilé Fourie	11	SS MPD	29/11/2024	Limpopo Champs 2024
300	52.97 L	P	Aryn Feris	11	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
301	53.15 L	F	Tshilidzi Rakhumba	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
302	53.29 L	F	Oarabile Malete	11	SASE JHB	20/11/2024	Crusaders Night Gala 1
303	53.54 L	F	Leah Kuisis	11	SS MPD	29/11/2024	Limpopo Champs 2024
304	53.57 L	F	Tamary Nsabayera	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
305	53.67 L	F	Emma Botha	11	AASC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
306	53.80 L	F	Ymeri Wilken	11	VALS FDD	04/12/2024	Free State Champs 2024
307	53.83 L	F	Klara Bruwer	11	SUMW NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
308	53.92 L	F	Ale Mentz	11	KTS	18/01/2025	AGE GROUP 5 KATHU 2025
309	53.98 L	F	Morgan-Jane Moolman	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
310	53.99 L	F	Nina Murray	11	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
311	54.01 L	F	Kate Pieterse	11	PEAS NMA	17/10/2024	43rd Freda Barnard Invitational Gala
312	54.07 L	F	Danille De Jager	11	OLDE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
313	54.21 L	F	Kayla Herbst	11	LSPHA MP	02/11/2024	Limpopo LS - Top 8 skole 2024
314*	54.45 L	F	Lisa Meyer	11	PRA GSD	25/01/2025	uShaka Champs 2025
314*	54.45 L	F	Busisiwe Matsebele	11	AWIN TSH	13/09/2024	NTS September Age Group 2024
316	54.49 L	F	Mari-Hane Visser	11	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
317	54.58 L	F	Tshegofatso Kwadjo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
318	54.64 L	F	Anika Brand	11	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
319	54.65 L	F	Nashe Mudzengi	11	AA JHB	20/11/2024	Crusaders Night Gala 1
320	54.66 L	P	Miele' Loftus	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
321	54.72 L	P	Stella van Staden	11	CENP BUF	03/02/2025	Buffalo City Primary School Trials 2025
322	54.88 L	F	Botshelo Rampana	11	PELIC MAN	04/12/2024	Free State Champs 2024
323	55.28 L	F	Caley Page	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
324	55.33 L	F	Emily-Thea Kirsten	11	LALE CED	25/01/2025	Winelands JLfin
325	55.54 L	P	Abigail Van der Westhuizen	11	CA EKU	05/12/2024	EGA Summer Championships
326	55.74 L	P	Faythe Evans	11	RACE JHB	29/11/2024	CGA Championships 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
327	55.83 L	F	Anje Louw	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
328	55.85 L	F	Lizé Labuschagne	11	TASC MPD	12/10/2024	Limpopo Age Group 4
329	55.90 L	F	Liane Jordaan	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
330	56.12 L	F	Lea Van den Berg	11	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
331	56.15 L	F	Jaydine Fortein	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
332	56.20 L	F	Tenè Venter	11	BLSS MAN	11/10/2024	Otters Prestige Gala 2024
333	56.33 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
334	56.65 L	F	Mia Schraader	11	SOUL EKU	12/10/2024	EGA Summer 2
335	56.80 L	F	Lana Raubenheimer	11	SFSC CPT	22/02/2025	Swartland Invitational Gala 2025
336	56.83 L	F	Eliana Woldemariam	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
337	56.92 L	F	Atipa-Ishe Mubuyayi	11	AQUA BUF	25/01/2025	BCA January Age Group Gala 2025
338	56.99 L	F	Katryn Gerber	11	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
339	57.10 L	P	Pamela Smith	11	BPS CHD	03/02/2025	Buffalo City Primary School Trials 2025
340	57.11 L	F	Ava Koortzen	11	FAAC	05/10/2024	FLAMINGO GALA OCT 2024
341	57.42 L	F	Katrina Sutton	11	SUN NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
342	57.46 L	F	Cayla Senekal	11	TKS WBD	29/11/2024	Limpopo Champs 2024
343	57.55 L	F	Emily Henry	11	CA EKU	12/10/2024	EGA Summer 2
344	57.58 L	F	Lacey Hodgkinson	11	SWIFT EKU	12/10/2024	EGA Summer 2
345	57.73 L	F	Matte Van der Merwe	11	VOLK NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
346	57.87 L	P	Jana Pienaar	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
347	57.97 L	F	Zete Adonis	11	PAQU CED	25/01/2025	Winelands JLfIn
348	58.17 L	F	Mianke Lubbe	11	GHSK	08/02/2025	NCASA SPRINTS 2025
349	58.53 L	F	Lwandisiwe Siqwede	11	SRAY BUF	22/11/2024	BCA Long Course Championships 2024
350	58.77 L	F	Lilly-Anne Benade	11	LSBOS WB	01/02/2025	Limpopo School Champs & Limpopo AG
351	58.96 L	F	Emma Tait	11	SFSC CPT	22/02/2025	Swartland Invitational Gala 2025
352	59.01 L	F	Reneilwe Tsunke	11	BLOT MAN	04/12/2024	Free State Champs 2024
353	59.23 L	F	Anke Pretorius	11	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
354	59.28 L	P	Emma Swanepoel	11	MPS NGD	03/02/2025	Buffalo City Primary School Trials 2025
355	59.45 L	F	Suraya Badat	11	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
356	59.49 L	F	Rachel Bennetts	11	SRAY BUF	02/11/2024	BCA November Age Group Gala SC
357	59.73 L	F	Leane Van Zyl	11	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
358	59.75 L	F	Cleo Julius	11	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
359	1:00.21 L	F	Daniella-Mohapi Lebogo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
360	1:01.18 L	F	Nathalie Naude	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
361	1:01.59 L	F	Juliana Goncalves	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
362	1:01.79 L	F	Loago Mmoloke	11	HREF BP	23/11/2024	NWS Age Group 3 + 4 2024
363	1:02.22 L	F	Neo Chomba	11	BARA EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
364	1:02.54 L	F	Thabelo Ntjana	11	WSS LLD	25/10/2024	Neptunes Gala
365	1:02.94 L	F	Nqobile Kakana	11	TLAC BPD	23/11/2024	NWS Age Group 3 + 4 2024
366	1:02.96 L	F	Mika Philander	11	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
367	1:03.37 L	P	Atipha-Ishe Mubuyzyi	11	CAMBP BUF	03/02/2025	Buffalo City Primary School Trials 2025
368	1:03.48 L	F	Mia du Plessis	11	RBOT BPD	09/11/2024	NWS Age Group 1 & 2 2024
369	1:03.56 L	F	Summer Bosch	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
370	1:03.62 L	F	Shuma Nkuna	11	UNIC CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
371	1:04.00 L	F	Roxanne Hautmann	11	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
372	1:05.28 L	F	Larona Pilane	11	AASC EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
373	1:05.47 L	F	Lisa Mostert	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
374	1:05.56 L	F	Elizabeth Calitz	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
375	1:06.29 L	F	Kenzie Murugan	11	STSC KCD	25/01/2025	uShaka Champs 2025
376	1:06.72 L	F	Carli Pienaar	11	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
377	1:07.99 L	F	Karli Van der Merwe	11	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
378	1:09.02 L	F	Codi May	11	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
379	1:09.13 L	F	Relebohile Khaoletsa	11	PELIC MAN	13/09/2024	Pelicans Age Group Gala
380	1:09.55 L	F	Emilie Botha	11	JAQ EKU	12/10/2024	EGA Summer 2
381	1:10.54 L	F	Sophia Lamprecht	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
382	1:13.77 L	F	Lwandle Mnguni	11	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
383	1:16.68 L	F	Keasha Beukes	11	KSSS JTD	15/02/2025	AGE GROUP 6 KATHU 2025
384	1:20.14 L	F	Kankolongo Kadima	11	MAHD NMD	09/11/2024	NWS Age Group 1 & 2 2024
385	1:20.65 L	F	Mia Lessing	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
386	1:28.60 L	F	Onolo Jonathan	11	KSSS JTD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1	
387	1:30.33 L	F	Gontse Mmusi	11	KSSS JTD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1	
388	1:35.10 L	F	Kendall Davies	11	KSSS JTD	15/02/2025	AGE GROUP 6 KATHU 2025	
Women 11 - 11 100 Back								
1	1:14.95 L	F	Sage Lindsay	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
2	1:16.51 L	F	Elke Coetsee	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group	
3	1:17.14 L	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
4	1:17.45 L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
5	1:19.48 L	F	Jessica Caldeira	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
6	1:20.26 L	F	Alexi Claassen	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
7	1:22.22 L	F	Kwicia Nchumali	11	CBM	26/03/2025	SA Level 3 Regional Age Group	
8	1:23.44 L	F	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
9	1:23.59 L	F	Sophie Chiang	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
10	1:23.76 L	P	Demi Vorster	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
11	1:23.88 L	P	Cayleigh Knott	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
12	1:24.65 L	F	Annebell Botha	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT	
13	1:25.06 L	P	Ané Venter	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group	
14	1:25.13 L	F	Ella Johnson	11	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024	
15	1:25.49 L	F	Emily Daniels	11	XCEL CPT	08/02/2025	WCA-B Champs - 2025	
16	1:25.63 L	F	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group	
17	1:26.08 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional Age Group	
18	1:26.19 L	F	Mackenzi Dart	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
19	1:26.36 L	P	Alexia Tranter	11	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group	
20*	1:26.37 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
20*	1:26.37 L	F	Saskia Gilligan	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
22	1:26.60 L	F	Harley Knudsen	11	CA ECU	12/10/2024	EGA Summer 2	
23	1:27.19 L	P	Mila Geldenhuys	11	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT	
24	1:27.40 L	F	Chantel Van der Linde	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
25	1:27.42 L	F	Lisa Le Roux	11	BLOT MAN	04/12/2024	Free State Champs 2024	
26*	1:27.59 L	P	Lize Beyers	11	AGAQ QBD	05/12/2024	Western Cape LC-A Championship 2024	
26*	1:27.59 L	P	Isabella Knight	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
28	1:27.69 L	P	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group	
29	1:27.98 L	P	Alivia Nel	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
30	1:28.00 L	F	Courtney Grant	11	ACES ETH	02/07/2024	Prestige Tournament 2024	
31	1:28.09 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group	
32	1:28.14 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group	
33	1:28.52 L	F	Mia (B) Venter	11	AWIN TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
34	1:28.76 L	P	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
35	1:28.80 L	F	Layla Palframan	11	SEAL UMD	25/01/2025	uShaka Champs 2025	
36	1:28.89 L	P	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
37	1:28.94 L	P	Mila Nel	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
38*	1:28.98 L	P	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
38*	1:28.98 L	P	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024	
40	1:29.05 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT	
41	1:29.14 L	F	Hayley Greyvenstein	11	USC BUF	13/12/2024	NMBA Championships 2024	
42	1:29.16 L	F	Keyla Douglas	11	ROA EDD	17/08/2024	Madibaz Swim Meet 2024	
43	1:29.27 L	P	Layla Palframan	11	KZNS	05/04/2025	SA Schools Swimming Championship	
44*	1:29.37 L	P	Emma Roets	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
44*	1:29.37 L	P	Dione Smit	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
46	1:29.59 L	F	Emma Du Toit	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala	
47	1:29.61 L	F	Simone Zoutendyk	11	VASTR BPD	28/02/2025	NW School Championships 2025	
48	1:29.90 L	P	Lea Dornbrack	11	WELL CED	28/03/2025	SA Level 2 Regional Age Group Champs	
49	1:29.91 L	P	Ava Maritz	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
50	1:30.28 L	P	Tshegofatso Moabelo	11	BAS ECU	20/03/2025	SA Level 3 Champs 2025-NT	
51	1:30.54 L	F	Lilly-Mae Smith	11	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
52	1:30.58 L	F	Chelsey Crossman	11	BLSS MAN	04/12/2024	Free State Champs 2024	
53	1:30.68 L	F	Gianna Olivier	11	PAQU CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)	
54	1:30.73 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT	
55	1:30.87 L	P	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
56	1:31.02 L	F	Lianka Spies	11	GHS BP	28/02/2025	NW School Championships 2025
57	1:31.12 L	F	Zeney De Beer	11	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
58	1:31.34 L	P	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group
59	1:31.65 L	P	Miane Steyn	11	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN
60	1:31.72 L	F	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
61	1:31.81 L	F	Bria Ahmed	11	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
62	1:31.86 L	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024
63	1:31.92 L	F	Lizanté Bam	11	UPS NMA	18/02/2025	Inter Primary 2025
64	1:32.08 L S	P	Bukata Mwanza	11	ESP ECU	05/12/2024	EGA Summer Championships
65	1:32.15 L	P	Naledi Makhanya	11	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN
66	1:32.21 L	F	Kyra Du Preez	11	USC BUF	13/12/2024	NMBA Championships 2024
67	1:32.28 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
68	1:32.34 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
69	1:32.38 L	P	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
70	1:32.40 L	P	Kyla Coetzee	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
71	1:32.55 L	F	Morgan Burstein	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
72*	1:32.71 L	P	Paige Oliphant	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT
72*	1:32.71 L	P	Miané Prinsloo	11	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT
74	1:32.91 L	P	Darshana Pillay	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
75	1:32.97 L	F	Jaime-Lynn Vermeulen	11	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
76	1:33.02 L	P	Isabel Smith	11	HARL BUF	20/03/2025	SA Level 3 Regional Age Group
77	1:33.14 L	F	Jaime Sprong	11	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
78	1:33.15 L	F	Leané Bruwer	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
79	1:33.30 L	F	Bianca Van Jaarsveld	11	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
80	1:33.36 L	P	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
81	1:33.63 L	P	Diante Bothma	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
82	1:33.72 L	F	Kaylee Vd Wal	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
83	1:33.73 L	F	Pia Swanepoel	11	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
84	1:33.95 L	P	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024
85	1:34.02 L	P	Hannah Stearn	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group
86	1:34.04 L	F	Jane Tredoux	11	UPS NMA	18/02/2025	Inter Primary 2025
87	1:34.18 L	P	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
88	1:34.19 L	P	Catherine Couch	11	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
89*	1:34.23 L	F	Marlien Nell	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
89*	1:34.23 L	F	Rebecca Symon	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
91	1:34.33 L	F	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
92	1:34.38 L	P	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
93	1:34.53 L	F	Tatum Adams	11	PAQU CED	25/01/2025	Winelands JLfIn
94	1:34.55 L	P	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
95	1:34.58 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
96	1:34.72 L	F	Meziana Hammouche	11	MAKO ECU	12/10/2024	EGA Summer 2
97	1:34.83 L	P	Annabelle Ras	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group
98	1:35.04 L	P	Emily Van Der Byl	11	USC BUF	20/03/2025	SA Level 3 Regional Age Group
99	1:35.17 L S	F	Erin Shekel	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
100	1:35.27 L	P	Beulah vd Merwe	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
101	1:35.32 L	P	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs
102	1:35.33 L	F	Jana Seryn	11	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs
103	1:35.55 L	F	Rachel De Fleuriot	11	SEALE ETH	25/01/2025	uShaka Champs 2025
104	1:35.65 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
105	1:35.74 L	F	Olivia Odendaal	11	HPS TSH	13/09/2024	NTS September Age Group 2024
106	1:35.80 L	F	Engela Kloppe	11	USC BUF	02/11/2024	BCA November Age Group Gala 2024
107	1:35.90 L	F	Naomi Mahlangu	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025
108	1:35.91 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
109	1:35.95 L	F	Tanya Loots	11	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
110	1:36.22 L	F	Carli Stoop	11	COMS TSH	13/09/2024	NTS September Age Group 2024
111	1:36.39 L	P	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
112	1:36.40 L	F	Sophia Ebrahim	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA
113	1:36.73 L	F	Miane Bendeman	11	LSPHA MP	01/02/2025	Limpopo School Champs & Limpopo AG
114	1:36.75 L	P	Puleng Masemene	11	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
115	1:36.88 L	F	Ashley Du Randt	11	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
116	1:36.93 L	F	Mika Pelser	11	OLDE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
117	1:36.99 L	P	Elmine Opperman	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs
118	1:37.05 L	P	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
119	1:37.29 L	F	Morgan Baard	11	FISH EDD	15/06/2024	PEA Winter Gala 2024
120	1:37.41 L	F	Lusanele Qusheka	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
121	1:37.60 L	F	Myra Bailey	11	RACE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
122*	1:37.63 L	F	Mamoso Ramokgopa	11	TPS BPD	01/02/2025	Limpopo School Champs & Limpopo AG
122*	1:37.63 L	P	Lilly Rautenbach	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
124	1:37.65 L	P	Kayden Jack	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
125	1:37.80 L	P	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
126*	1:37.84 L	F	Shalom Mtileni	11	UNI U EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
126*	1:37.84 L	P	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA
128	1:37.88 L	P	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
129	1:38.15 L	P	Mari Haasbroek	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025 EGA
130	1:38.18 L	P	Ella Niven	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
131	1:38.31 L	F	Rebecca Sam	11	HPS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
132	1:38.35 L	F	Leila Burden	11	BARR CPT	08/02/2025	WCA-B Champs - 2025
133	1:38.53 L	F	Inge Jv Vuuren	11	SS MPD	29/11/2024	Limpopo Champs 2024
134	1:38.56 L	F	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
135	1:38.59 L	F	Leanke Loots	11	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
136*	1:38.89 L	P	Reatile Ntidi	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
136*	1:38.89 L	P	Phelan Labuscagne	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
138	1:39.07 L	F	Mieke Jordaan	11	KTS	08/02/2025	NCASA SPRINTS 2025
139	1:39.16 L	P	Milea Louw	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
140	1:39.18 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
141	1:39.39 L	P	Leah Vos	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
142	1:39.41 L	P	Isabelle de Beer	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
143	1:39.46 L	P	Alexia Botha	11	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
144	1:39.57 L	F	Maria De Klerk	11	BS LLD	01/02/2025	Heidedal & Sentraal Galal
145	1:39.70 L	F	Mariane Labuschagne	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
146	1:39.78 L S	P	Khera Murray	11	H2O ECU	05/12/2024	EGA Summer Championships
147	1:39.87 L S	P	Amy-Lee Wood	11	TCA ECU	05/12/2024	EGA Summer Championships
148	1:39.91 L	F	Lienke Rossouw	11	LALE CED	09/11/2024	Winelands SL4
149	1:40.13 L	F	Anzel Smit	11	EXP TSH	01/02/2025	EGA Last Chance Gala
150	1:40.29 L	F	Leah Schemel	11	HARL BUF	22/11/2024	BCA Long Course Championships 2024
151	1:40.31 L	F	Cato Erasmus	11	BLIZ TMD	01/03/2025	Provincial Level 1 Age Group
152	1:40.35 L S	P	Melissa Kleynhans	11	PGAC ECU	05/12/2024	EGA Summer Championships
153	1:40.38 L	F	Emma Ranger	11	USC BUF	22/11/2024	BCA Long Course Championships 2024
154	1:40.51 L	P	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA
155	1:40.53 L	F	Daniella Louw	11	BLOT MAN	09/11/2024	Bull Sharks Gala
156	1:40.65 L	F	Ditebogo Pheeha	11	PEPPS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
157	1:40.84 L	F	Gia Warby	11	PER JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
158	1:40.92 L S	F	Yamakhuze Loni	11	INFA NMA	17/01/2025	6th A League Gala 2025
159	1:41.07 L	P	Anchen Schoeman	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
160	1:41.16 L	P	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
161	1:41.25 L	P	Emily Marais	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs
162	1:41.42 L	F	Janel Van der Merwe	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
163	1:41.44 L	F	Lara Engels	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
164	1:41.45 L	F	Amelia Lange	11	STAQ CED	08/02/2025	Winelands SL Final
165	1:41.83 L S	P	Murunwa Thidiela	11	MAKO ECU	05/12/2024	EGA Summer Championships
166	1:41.92 L	P	Anna Charlton	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
167	1:42.12 L	P	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024
168	1:42.17 L	P	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA
169	1:42.20 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
170	1:42.21 L	P	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
171	1:42.32 L	F	Janke Bresler	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
172	1:42.48 L	P	Yolayne Aucamp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
173	1:42.56 L	P	Mariandi Bredenkamp	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
174	1:42.69 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
175	1:43.26 L	P	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
176	1:43.28 L	F	Emily Fryer	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
177	1:43.67 L	F	Willow Halse	11	USC BUF	02/11/2024	BCA November Age Group Gala SC
178	1:43.81 L	F	Isabella Van Breda	11	BLS KK	28/02/2025	NW School Championships 2025
179	1:44.09 L S	F	Emily Johnson	11	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
180	1:44.13 L S	F	Beatrisa Kotklier	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
181	1:44.20 L	P	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
182	1:44.25 L	F	Hayley Liedeman	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025
183	1:44.43 L	F	Ava Candiotas	11	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
184	1:44.49 L	F	Marizel Prinsloo	11	BS LLD	04/12/2024	Free State Champs 2024
185	1:44.55 L	F	Adrianne Meiring	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
186	1:44.65 L	P	Cari Kriel	11	LALE CED	28/03/2025	SA Level 2 Regional Age Group Champs
187	1:45.24 L	P	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
188	1:45.32 L	F	Mambay Banza	11	UNI EZD	10/01/2025	2024 Grand Prix Invitation Swimming
189	1:45.34 L	F	Emma Arendse	11	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
190	1:45.37 L	F	Zani Hager	11	ASAW CED	25/01/2025	Winelands JLfin
191	1:45.48 L	F	Courtney Ferguson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
192	1:45.54 L	F	Tabea Greyling	11	RFA TSH	13/09/2024	NTS September Age Group 2024
193	1:45.58 L S	P	Vania Martin	11	SOUL ECU	05/12/2024	EGA Summer Championships
194	1:45.59 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
195	1:45.91 L	F	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
196	1:46.08 L	P	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
197	1:46.12 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
198	1:46.27 L	F	Mieke Pretorius	11	CA ECU	15/11/2024	Summer 4 Delville
199*	1:46.66 L	P	Izelda Meyer	11	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
199*	1:46.66 L	F	Jaunté Duvenage	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
201	1:46.67 L	P	Kamila Mohapi	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA
202	1:46.98 L	F	Emma McCallum	11	USC BUF	13/12/2024	NMBA Championships 2024
203	1:47.26 L	F	Abigail Wilson	11	TYGE CPT	17/10/2024	43rd Freda Barnard Invitational Gala
204	1:47.54 L	F	Lily Jones	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
205	1:47.74 L	P	Annabelle Els	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs
206	1:47.82 L	F	Natalie Brown	11	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
207	1:47.83 L	P	Etli Van Niekerk	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
208	1:47.99 L	P	Jorja Petschel	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
209	1:48.36 L	F	Catherine Sebastian	11	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
210	1:48.43 L	F	Maya Chelin	11	H2O ECU	01/02/2025	EGA Last Chance Gala
211	1:48.44 L	F	Skyler Muller	11	HARL BUF	01/02/2025	BCA Feb Age Group Gala 2025
212	1:48.77 L	P	Michaela Kröger	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
213	1:48.92 L	F	Zane Kroon	11	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
214	1:49.11 L	F	Katrien Prinsloo	11	DDA TSH	13/09/2024	NTS September Age Group 2024
215	1:49.15 L	F	Marné Truter	11	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
216	1:49.16 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
217	1:49.49 L	F	Lynette Rust	11	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024
218	1:49.83 L	F	Hayley Downs	11	CRSC JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
219	1:50.04 L	P	Nika Loots	11	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs
220	1:50.15 L	P	Tlotlotsame Makatiers	11	RBOT BPD	07/12/2024	NWS Championships 2024
221	1:50.33 L	F	Mihanka vd Bank	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
222	1:50.53 L	P	Kagiso Motuku	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025-EGA
223	1:50.60 L	F	Kethelo Mkhize	11	USH KCD	07/12/2024	Stingrays Champs 2024
224	1:50.88 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
225	1:50.92 L	F	Eliana Woldemariam	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
226	1:51.09 L	F	Astrid Saul	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
227	1:51.12 L	F	Milly Kriek	11	BEARS TSH	13/09/2024	NTS September Age Group 2024
228	1:51.18 L	F	Mieke Moolman	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
229	1:51.24 L	F	Atsile Mogaleemang	11	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
230	1:51.48 L	F	Beersheba Negash	11	BARA ECU	12/10/2024	EGA Summer 2
231	1:51.49 L	F	Ilanca Smuts	11	OLS BP	28/02/2025	NW School Championships 2025
232	1:51.53 L	F	Danika Brynard	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
233	1:51.54 L	F	Emme Wessels	11	BETH FDD	04/12/2024	Free State Champs 2024
234	1:51.65 L S	P	Rachel Saltzman	11	ESTR ECU	05/12/2024	EGA Summer Championships
235	1:51.72 L	F	Taylor Crous	11	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
236	1:51.92 L	F	Zoe Joanides	11	BLNE MAN	11/10/2024	Otters Prestige Gala 2024
237	1:52.20 L	F	Heili Van Heerden	11	BETH FDD	27/09/2024	Seals Gala 2
238	1:52.50 L	F	Ava Stevens	11	USC BUF	02/11/2024	BCA November Age Group Gala 2024
239	1:52.95 L	P	Danelle Louw	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
240	1:53.14 L	F	Elné Roets	11	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
241	1:53.18 L	F	Emma Botha	11	AASC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
242	1:53.36 L	F	Anneske Smith	11	KTS	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
243	1:53.70 L	P	Kari Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
244	1:53.80 L	F	Mianke Lubbe	11	GHSK	08/02/2025	NCASA SPRINTS 2025
245	1:53.97 L	F	Lacey Hodgkinson	11	SWIFT ECU	01/02/2025	EGA Last Chance Gala
246	1:54.13 L	F	Tshilidzi Rakhumba	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
247	1:54.33 L	F	Kirsten Schnehage	11	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
248	1:54.47 L	F	Thalia Mbock Madjang	11	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
249	1:54.75 L	F	Mckenzie Adams	11	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
250	1:55.02 L	F	Abigail Haupt	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
251	1:55.97 L	F	Lea Van den Berg	11	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
252	1:56.10 L	F	Gcinizwi Dom	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
253	1:56.11 L	F	Reabetswe Raphuti	11	GHS BP	28/02/2025	NW School Championships 2025
254	1:56.43 L	F	Ale Mentz	11	KTS	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
255	1:56.54 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
256	1:56.65 L	F	Lehanri Cronje	11	NSAD EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
257	1:57.43 L	F	Nina Murray	11	DDA TSH	01/02/2025	EGA Last Chance Gala
258	1:57.51 L	P	Mari-Hane Visser	11	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
259	1:57.70 L S	P	Abigail Van der Westhuizen	11	CA ECU	05/12/2024	EGA Summer Championships
260	1:58.10 L	F	Motheo Leshilo	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
261	1:58.36 L	F	Elmi Koen	11	ASAW CED	25/01/2025	Winelands JLfin
262	1:58.43 L	F	Jaydine Fortein	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
263	1:59.46 L	F	Faythe Evans	11	RACE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
264	1:59.65 L	F	Lisa Meyer	11	PRA GSD	25/01/2025	uShaka Champs 2025
265	1:59.72 L S	F	Mpho Kutumane	11	UWCA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
266	1:59.93 L	F	Tshegofatso Kwadjo	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
267	2:00.39 L S	P	Emily van der Linde	11	SOUL ECU	05/12/2024	EGA Summer Championships
268	2:00.46 L	F	Suraya Badat	11	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
269	2:00.60 L	F	Leandi Van der Westhuizen	11	QSAW CED	09/11/2024	Swartland Prestige Gala 2024
270	2:00.87 L	F	Kharlyn Gysman	11	CAMB BP	03/02/2025	Buffalo City Primary School Trials 2025
271	2:01.82 L S	P	Mia Schraader	11	SOUL ECU	05/12/2024	EGA Summer Championships
272	2:03.19 L	F	Emma Ku	11	OLDE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
273	2:03.85 L	F	Cayla Senekal	11	TKS WBD	29/11/2024	Limpopo Champs 2024
274	2:03.86 L	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
275	2:04.19 L	F	Lizé Labuschagne	11	TASC MPD	29/11/2024	Limpopo Champs 2024
276	2:04.35 L	F	Nienke Eksteen	11	VALS FDD	14/02/2025	Neptune Last Chance Gala
277	2:04.50 L	F	Kayla Coetzee	11	VALS FDD	15/11/2024	Valsrivier Gala 2024
278	2:04.72 L	F	Anje Louw	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
279	2:04.94 L	F	Liane Jordaan	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
280	2:05.16 L	F	Miele' Loftus	11	BULS MAN	04/12/2024	Free State Champs 2024
281	2:08.62 L	F	Botshelo Rampana	11	PELIC MAN	04/12/2024	Free State Champs 2024
282	2:09.08 L	F	Emily Henry	11	CA ECU	12/10/2024	EGA Summer 2
283	2:09.44 L	F	Nathalie Naude	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
284	2:09.61 L S	P	Emilie Botha	11	JAQ ECU	05/12/2024	EGA Summer Championships
285	2:09.93 L	F	Mika Philander	11	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
286	2:10.97 L	F	Atipa-Ishe Mubuyayi	11	AQUA BUF	22/11/2024	BCA Long Course Championships 2024
287	2:11.73 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
288	2:12.38 L	F	Jana Pienaar	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
289	2:18.17 L	F	Loago Mmoloke	11	HREF BP	23/11/2024	NWS Age Group 3 + 4 2024
290	2:20.98 L	F	Nqobile Kakana	11	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
291	2:21.20 L	F	Cleo Julius	11	KALA	06/12/2024	NCASA CHAMPS 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
292	2:23.87 L		F	Summer Bosch	11	CASC CPT	22/02/2025 Swartland Invitational Gala 2025
293	2:25.42 L		F	Thabelo Ntjana	11	WSS LLD	15/11/2024 Valsrivier Gala 2024
294	2:26.26 L		F	Roxanne Hautmann	11	RBUR BPD	23/11/2024 NWS Age Group 3 + 4 2024
295	2:27.80 L		F	Codi May	11	RETR CPT	22/02/2025 Swartland Invitational Gala 2025
296	2:30.45 L		F	Relebohile Khaoletsa	11	PELIC MAN	04/12/2024 Free State Champs 2024
297	2:32.31 L		F	Karli Van der Merwe	11	KALA	01/11/2024 UPINGTON PRESTIGE GALA 2024
Women 11 - 11 200 Back							
1	2:40.23 L		P	Sage Lindsay	11	CA EKU	20/03/2025 SA Level 3 Champs 2025-NT
2	2:44.75 L		F	Leah Dabrowski	11	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
3	2:48.30 L		P	Alexi Claassen	11	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
4	2:50.42 L		F	Gianna Olivier	11	PAQU CED	08/02/2025 Winelands SL Final
5	2:54.09 L		F	Demi Vorster	11	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
6	2:54.70 L		F	Jessica Caldeira	11	CRSC JHB	20/03/2025 SA Level 3 Champs 2025-NT
7	2:55.82 L		F	Cayleigh Knott	11	ASAC CPT	20/03/2025 SA Level 3 Regional Age Group
8	2:56.31 L		F	Olivia Normington	11	XCEL CPT	20/03/2025 SA Level 3 Regional Age Group
9	2:57.62 L		F	Ella Johnson	11	SAAW CPT	05/12/2024 Western Cape LC-A Championship 2024
10	2:58.55 L		F	Kyla Short	11	MDOL JHB	20/03/2025 SA Level 3 Champs 2025-NT
11	2:58.89 L		F	Grace Johns	11	OHAN ILD	26/03/2025 SA Level 3 Regional Age Group
12	2:59.13 L		F	Cayden Parfitt	11	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
13	2:59.96 L		F	Sophie Chiang	11	WATR JHB	20/03/2025 SA Level 3 Champs 2025-NT
14	3:01.42 L		P	Mila Geldenhuys	11	ACAA CCD	20/03/2025 SA Level 3 Champs 2025-NT
15	3:01.97 L		F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025 SA Level 3 Regional Age Group
16	3:02.08 L		P	Annebelle Botha	11	PER JHB	20/03/2025 SA Level 3 Champs 2025-NT
17	3:02.18 L		F	Alexia Tranter	11	SSISA CPT	05/12/2024 Western Cape LC-A Championship 2024
18	3:02.19 L		F	Kwicia Nchumali	11	CBM	26/03/2025 SA Level 3 Regional Age Group
19	3:03.99 L		F	Mackenzi Dart	11	USC BUF	28/03/2025 SA Level 2 Regional Age Group Champs
20	3:04.63 L		P	Dione Smit	11	CASC CPT	20/03/2025 SA Level 3 Regional Age Group
21	3:04.68 L		P	Alivia Nel	11	CRSC JHB	20/03/2025 SA Level 3 Champs 2025-NT
22	3:04.93 L S		F	Saskia Gilligan	11	BLMA CPT	21/09/2024 CTA INVITATIONAL LC MEET
23	3:05.42 L		P	Marli Strydom	11	QUIC CPT	20/03/2025 SA Level 3 Regional Age Group
24	3:05.58 L		P	Mila Nel	11	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
25	3:05.59 L		P	Ané Venter	11	FISH EDD	20/03/2025 SA Level 3 Regional Age Group
26	3:05.61 L		P	Lize Beyers	11	AGAQ OBD	20/03/2025 SA Level 3 Regional Age Group
27	3:05.65 L		F	Lienke Bester	11	HREF BPD	07/12/2024 NWS Championships 2024
28	3:06.40 L		P	Emily Daniels	11	XCEL CPT	20/03/2025 SA Level 3 Regional Age Group
29	3:06.60 L		F	Harley Knudsen	11	PGAC EKU	05/12/2024 EGA Summer Championships
30	3:06.64 L		P	Jaime Sprong	11	ASAC CPT	20/03/2025 SA Level 3 Regional Age Group
31	3:07.56 L S		F	Lisa Le Roux	11	BLOT MAN	04/12/2024 Free State Champs 2024
32	3:07.58 L		F	Hayley Greyvenstein	11	USC BUF	13/12/2024 NMBA Championships 2024
33	3:08.07 L		P	Emma Roets	11	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
34	3:08.35 L		P	Lefei Li	11	WATR JHB	20/03/2025 SA Level 3 Champs 2025-NT
35	3:08.69 L		P	Alexa Kuhn	11	CASC CPT	20/03/2025 SA Level 3 Regional Age Group
36	3:08.80 L		P	Colleen McQueen	11	BLSS MAN	26/03/2025 SA Level 3 Regional Age Group
37	3:09.09 L		F	Keyla Douglas	11	ROA EDD	17/08/2024 Madibaz Swim Meet 2024
38	3:09.89 L		P	Chelsey Crossman	11	BLSS MAN	26/03/2025 SA Level 3 Regional Age Group
39	3:10.70 L		P	Isabella Knight	11	WATR JHB	20/03/2025 SA Level 3 Champs 2025-NT
40	3:10.83 L		F	Simone Zoutendyk	11	VASTR BPD	28/02/2025 NW School Championships 2025
41	3:11.36 L		P	Morgan Burstein	11	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
42	3:12.21 L		P	Zara Komani	11	WATR JHB	20/03/2025 SA Level 3 Champs 2025-NT
43	3:12.84 L		P	Tshegofatso Moabelo	11	BAS EKU	20/03/2025 SA Level 3 Champs 2025-NT
44	3:12.93 L		P	Bianca Van Jaarsveld	11	TYGE CPT	20/03/2025 SA Level 3 Regional Age Group
45	3:14.27 L		P	Makayla Stoltz	11	PER JHB	20/03/2025 SA Level 3 Champs 2025-NT
46	3:14.98 L		F	Jaime-Lynn Vermeulen	11	HARL BUF	22/11/2024 BCA Long Course Championships 2024
47	3:15.18 L		P	Mieke Steinbach	11	NWUC KKD	20/03/2025 SA Level 3 Champs 2025-NT
48	3:15.45 L		P	Engela Kloppe	11	USC BUF	28/03/2025 SA Level 2 Regional Age Group Champs
49	3:16.43 L		P	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025 SA Level 3 Regional Age Group
50	3:16.48 L		F	Olivia Odendaal	11	HPS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
51	3:17.15 L		P	Kyla Coetzee	11	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
52	3:17.52 L		P	Courtney Grant	11	ACES ETH	02/07/2024 Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
53	3:18.55 L	F	Annabelle Ras	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
54	3:19.11 L	F	Lizanté Bam	11	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
55	3:19.18 L	T	Zeney De Beer	11	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
56	3:19.77 L	F	Jane Tredoux	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
57	3:20.40 L	F	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
58	3:20.56 L S	F	Kaylee Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
59	3:20.59 L	F	Luze Potgieter	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
60	3:20.73 L	F	Naomi Mahlangu	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025
61	3:21.08 L	P	Catherine Couch	11	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
62	3:21.83 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
63	3:22.24 L	F	Kyra Du Preez	11	USC BUF	13/12/2024	NMBA Championships 2024
64	3:22.36 L	F	Morgan Baard	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
65	3:22.81 L	F	Milea Louw	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
66	3:22.94 L S	F	Ashley Du Randt	11	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
67	3:23.19 L	F	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
68	3:23.28 L	F	Pia Swanepoel	11	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
69	3:23.31 L	F	Leila Burden	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
70	3:23.61 L	F	Rebecca Symon	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
71	3:24.21 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
72	3:24.30 L	F	Emma Du Toit	11	BLOT MAN	25/10/2024	Neptunes Gala
73	3:24.70 L	F	Hayley Liedeman	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
74	3:25.03 L	F	Elmine Opperman	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs
75	3:25.08 L	F	Beulah vd Merwe	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
76	3:25.16 L	F	Lilly Rautenbach	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
77	3:25.17 L	F	Lusanele Qusheka	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
78	3:25.37 L	F	Bukata Mwanza	11	ESP EKU	05/12/2024	EGA Summer Championships
79	3:27.19 L	F	Tisetso Makhatho	11	ESP EKU	05/12/2024	EGA Summer Championships
80	3:27.73 L	F	Emma McCallum	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
81	3:27.97 L	F	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
82	3:28.13 L	F	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA
83	3:28.15 L S	F	Dine Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
84	3:28.59 L	F	Marlien Nell	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
85	3:28.77 L	F	Puleng Masemene	11	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
86	3:28.91 L	F	Mienke Kemp	11	TNDER FDD	25/10/2024	Neptunes Gala
87	3:29.03 L	F	Gabriella Scott	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
88	3:29.59 L	F	Melissa Kleynhans	11	PGAC EKU	27/03/2025	SA Level 2 Champs 2025-EGA
89	3:30.14 L	F	Emily Van Der Byl	11	USC BUF	22/11/2024	BCA Long Course Championships 2024
90	3:30.77 L	F	Murunwa Thidiela	11	MAKO EKU	05/12/2024	EGA Summer Championships
91	3:31.00 L	P	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
92	3:31.39 L	F	Mamoso Ramokgopa	11	TKS WBD	29/11/2024	Limpopo Champs 2024
93	3:32.38 L	F	Leané Bruwer	11	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
94	3:32.92 L	F	Leah Vos	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
95	3:33.38 L	F	Nicola Nysschen	11	KTS	06/12/2024	NCASA CHAMPS 2024
96	3:33.46 L	F	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
97	3:34.10 L	F	Isabelle de Beer	11	GHS BP	28/02/2025	NW School Championships 2025
98	3:34.38 L	F	Ella Niven	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
99	3:37.21 L	F	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
100	3:37.48 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
101	3:37.76 L	P	Phelan Labuscagne	11	QUES JHB	29/11/2024	CGA Championships 2024
102	3:38.41 L	F	Yolayne Aucamp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
103	3:38.78 L	F	Mia Mostert	11	AWIN TSH	13/09/2024	NTS September Age Group 2024
104	3:39.22 L	F	Sophia Ebrahim	11	ESP EKU	01/02/2025	EGA Last Chance Gala
105	3:39.64 L S	F	Beatrisa Kotkliaar	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
106	3:41.07 L S	F	Jessieka Faul	11	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
107	3:41.50 L	F	Etti Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
108	3:42.76 L	F	Kamila Mohapi	11	ESTR EKU	27/03/2025	SA Level 2 Champs 2025-EGA
109	3:44.39 L	F	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
110	3:47.40 L	F	Ava Candiotas	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
111	3:47.59 L	F	Khera Murray	11	H2O EKU	18/01/2025	EGA Summer 5

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
112	3:48.69 L	P	Adrianne Meiring	11	PEAS NMA	28/03/2025	SA Level 2 Regional Age Group Champs
113	3:49.08 L	F	Emma Arendse	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
114	3:49.22 L	F	Michaela Kröger	11	BARR CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
115	3:49.82 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
116	3:50.40 L	F	Anchen Schoeman	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
117	3:53.43 L	F	Janel Van der Merwe	11	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
118*	3:53.55 L	P	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024
118*	3:53.55 L	F	Maya Chelin	11	H2O EKU	18/01/2025	EGA Summer 5
120	3:55.71 L	F	Atsile Mogaleemang	11	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
121	3:56.19 L	F	Catherine Sebastian	11	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
122	3:57.21 L	F	Zoe Joanides	11	BLNE MAN	25/10/2024	Neptunes Gala
123	3:57.94 L	F	Lily Jones	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
124	4:00.63 L	P	Rachel Johnson	11	BARA EKU	05/12/2024	EGA Summer Championships
125	4:05.01 L	F	Mihanka vd Bank	11	CUHE QBD	17/10/2024	43rd Freda Barnard Invitational Gala
126	4:05.49 L	F	Beersheba Negash	11	BARA EKU	27/03/2025	SA Level 2 Champs 2025-EGA
127	4:30.08 L	F	Anje Louw	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
128	4:30.10 L	F	Liane Jordaan	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
129	4:30.52 L S	F	Kirsten Schnehage	11	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
130	4:32.26 L	P	Reabetswe Raphuti	11	HARB BPD	07/12/2024	NWS Championships 2024
131	4:45.12 L	F	Adelle Luttig	11	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
132	4:45.57 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
133	4:49.02 L	F	Cleo Julius	11	KALA	23/11/2024	AGE GROUP 3 KATHU 2024
134	5:12.66 L	F	Neo Chomba	11	BARA EKU	18/01/2025	EGA Summer 5
Women 11 - 11 50 Breast							
1	38.40 L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group
2	39.79 L	F	Hayley Greyvenstein	11	ECSA	05/04/2025	SA Schools Swimming Championship
3	40.07 L	P	Caro Bishop	11	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA
4	40.10 L	F	Isabella Knight	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
5	40.42 L	F	Elke Coetsee	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
6	40.50 L	F	Jessica Steyn	11	KZNS	05/04/2025	SA Schools Swimming Championship
7	41.21 L	F	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
8	41.33 L	F	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
9	41.66 L	F	Gianna Olivier	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
10	41.87 L	F	Morgan Booysen	11	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
11	42.01 L	F	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
12	42.36 L	F	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
13	42.50 L	F	Mambay Banza	11	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
14	42.53 L	F	Bria Ahmed	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
15	42.59 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
16	42.68 L	F	Kayla Coetzee	11	BS LLD	18/02/2025	Inter Primary 2025
17	42.79 L	F	Lea Cilliers	11	BS LLD	18/02/2025	Inter Primary 2025
18	42.98 L	P	Ané Venter	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
19	43.00 L	P	Sophie Chiang	11	WATR JHB	29/11/2024	CGA Championships 2024
20	43.10 L	F	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
21	43.14 L	P	Leah Dabrowski	11	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group
22	43.16 L	F	Gianna Onkruid	11	WCS	05/04/2025	SA Schools Swimming Championship
23	43.27 L	F	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
24	43.32 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group
25	43.43 L	F	Hannah Stearn	11	INFA NMA	05/10/2024	4th A League Gala 2024
26	43.59 L	F	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
27	43.67 L	P	Kyra Du Preez	11	USC BUF	20/03/2025	SA Level 3 Regional Age Group
28*	43.79 L	F	Saskia Gilligan	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
28*	43.79 L	P	Miane Bendeman	11	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
30	43.86 L	P	Annabelle Ras	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group
31	44.08 L	F	Zanenkosi Ndlovu	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
32	44.17 L	F	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
33	44.29 L	P	Jessica Caldeira	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
34	44.31 L	P	Ashlynn Shaw	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT
35	44.41 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
36	44.44 L	F	Lisa Le Roux	11	BLOT MAN	09/11/2024	Bull Sharks Gala
37	44.52 L	P	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
38	44.72 L	P	Bukata Mwanza	11	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
39	44.74 L	P	Tshegofatso Moabelo	11	BAS ECU	20/03/2025	SA Level 3 Champs 2025-NT
40	44.75 L	F	Lily Bailes	11	COLJ NMA	22/02/2025	Eastern Cape School Provincial Trials
41	44.82 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
42	44.84 L	F	Jana Serdyn	11	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs
43	44.94 L	P	Annebelle Botha	11	PER JHB	29/11/2024	CGA Championships 2024
44	45.08 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
45	45.22 L	P	Isabel Smith	11	HARL BUF	20/03/2025	SA Level 3 Regional Age Group
46	45.33 L	F	Luze Potgieter	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
47	45.41 L	F	Demi Vorster	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
48	45.53 L	F	Miane Steyn	11	LEGC ETH	31/03/2025	SA Level 2 Champs 2025-KZN
49	45.77 L	F	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group
50*	45.81 L	F	Leah Schemel	11	HARL BUF	02/11/2024	BCA November Age Group Gala SC
50*	45.81 L	F	Sophia Duggan	11	PEAS NMA	28/03/2025	SA Level 2 Regional Age Group Champs
52	45.84 L	F	Myra Bailey	11	RACE JHB	29/11/2024	CGA Championships 2024
53	45.86 L	F	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
54	45.92 L	P	Livi Engelbrecht	11	PAC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
55*	46.02 L	P	Rachel Thompson	11	PSC TSH	20/03/2025	SA Level 3 Champs 2025-NT
55*	46.02 L	F	Grace Johns	11	OHAN ILD	25/01/2025	uShaka Champs 2025
57	46.03 L	P	Emma Gutsche	11	POLSC CCD	20/03/2025	SA Level 3 Champs 2025-NT
58	46.07 L	F	Anzel Smit	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
59*	46.09 L	P	Alexi Dandoulakis	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
59*	46.09 L	P	Kamila Mohapi	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA
61	46.27 L	F	Janel Van der Merwe	11	UNI EZD	27/03/2025	SA Level 2 Champs 2025-EGA
62	46.31 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group
63	46.39 L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024
64	46.42 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025
65	46.47 L	F	Amelia Lange	11	STAQ CED	08/02/2025	Winelands SL Final
66	46.53 L	F	Zane Kroon	11	AGAQ QBD	08/02/2025	WCA-B Champs - 2025
67	46.68 L	F	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
68	46.71 L	P	Tatum Adams	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
69	46.72 L	P	Aphelele Shange	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
70	46.82 L	P	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025	SA Level 3 Regional Age Group
71	46.90 L	F	Reatile Ntidi	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
72	46.93 L	F	Simone Zoutendyk	11	RBOT BPD	07/12/2024	NWS Championships 2024
73	46.94 L	F	Jaime-Lynn Vermeulen	11	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
74	47.05 L	P	Phelan Labuschagne	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA
75	47.26 L	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024
76*	47.28 L	F	Naomi Mahlangu	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
76*	47.28 L	F	Maria Geyser	11	LSBOS WB	01/02/2025	Limpopo School Champs & Limpopo AG
78	47.29 L	F	Mariane Labuschagne	11	FISH EDD	30/11/2024	Eden LC Champs 2024
79	47.35 L	F	Aiva Van der Zandt	11	VASTR BPD	28/02/2025	NW School Championships 2025
80	47.42 L	P	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
81	47.53 L	P	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
82	47.55 L	P	Chelsey Crossman	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group
83	47.56 L	F	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
84	47.58 L	F	Ava Stevens	11	USCLT BUF	22/02/2025	Eastern Cape School Provincial Trials
85	47.67 L	F	Ella Johnson	11	SAAW CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
86	47.69 L	P	Sophia Ebrahim	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025-EGA
87	47.70 L	F	Miané Prinsloo	11	LPTBO CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
88	47.71 L	F	Leah Kotze'	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
89	47.78 L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
90	47.84 L	P	Rachel De Fleuriot	11	SEALE ETH	31/03/2025	SA Level 2 Champs 2025-KZN
91	47.89 L	F	Mercedes Jaffha	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs
92	47.91 L	F	Emma Ranger	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
93	47.98 L	F	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group
94	47.99 L	P	Catherine Couch	11	QUES JHB	29/11/2024	CGA Championships 2024

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Times since: 01-May-24
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	Time	P/F/S	Name	Age/Yr			
95	48.03 L	F	Hannah Raphaela Morgado	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
96	48.11 L	F	Shalom Mtileni	11	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
97	48.13 L	F	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA
98	48.28 L	F	Chantel Van der Linde	11	VHD ZLD	25/01/2025	uShaka Champs 2025
99	48.29 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
100	48.35 L	F	Daniella Louw	11	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
101	48.36 L	P	Ava Maritz	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group
102	48.37 L	F	Lize Beyers	11	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
103	48.46 L	F	Nduvho Rabambi	11	BULS MAN	14/02/2025	Neptune Last Chance Gala
104	48.58 L	F	Mamoso Ramokgopa	11	TKS WBD	29/11/2024	Limpopo Champs 2024
105	48.62 L	F	Keyla Douglas	11	ROA EDD	17/08/2024	Madibaz Swim Meet 2024
106	48.78 L	F	Isabelle de Beer	11	HREF BPD	07/12/2024	NWS Championships 2024
107	48.80 L	F	Engela Kloppe	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
108*	48.81 L	F	Yamakhuze Loni	11	INFA NMA	17/10/2024	43rd Freda Barnard Invitational Gala
108*	48.81 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
108*	48.81 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
111	48.99 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN
112	49.04 L	F	Miele' Loftus	11	BULS MAN	01/02/2025	Heidedal & Sentraal Galal
113*	49.07 L	F	Katherine Van Zyl	11	CPSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
113*	49.07 L	P	Kyla Coetzee	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
115	49.08 L	P	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
116	49.14 L	F	Pia Swanepoel	11	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
117	49.16 L	F	Esther Lubbe	11	HARV NMA	22/02/2025	Eastern Cape School Provincial Trials
118*	49.33 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
118*	49.33 L	F	Mackenzi Dart	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
120	49.36 L	F	Hayden Kreusch	11	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
121	49.39 L	F	Tanya Loots	11	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
122	49.42 L	F	Skyler Muller	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
123	49.47 L	P	Isabella Van Breda	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
124	49.56 L	P	Lilly-Mae Smith	11	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA
125	49.62 L	P	Darshana Pillay	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
126	49.63 L	P	Diante Bothma	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
127	49.65 L	F	Zani Hager	11	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Champs
128	49.67 L	F	Annie Bester	11	AGAQ OBD	08/02/2025	WCA-B Champs - 2025
129	49.69 L	F	Lea Dornbrack	11	WELL CED	08/02/2025	WCA-B Champs - 2025
130	49.70 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
131*	49.77 L	F	Layla Palframan	11	SEAL UMD	25/01/2025	uShaka Champs 2025
131*	49.77 L	P	Sinakhokonke Bhengu	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
133	49.82 L	F	Kaylee Vd Wal	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
134*	49.83 L	F	Märta Fogelström	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
134*	49.83 L	F	Lily Marais	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
136*	49.85 L	P	Ella Arnold	11	SASE JHB	29/11/2024	CGA Championships 2024
136*	49.85 L	P	Alexia Botha	11	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
138	49.86 L	F	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
139	49.95 L	P	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
140	50.07 L S	P	Khera Murray	11	H2O ECU	05/12/2024	EGA Summer Championships
141	50.15 L	F	Izelda Meyer	11	VHD ZLD	07/12/2024	Stingrays Champs 2024
142	50.21 L	F	Mila Geldenhuys	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
143	50.32 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
144	50.33 L	F	Carla Swart	11	ASAC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
145	50.34 L	F	Alexa Kibel	11	ORCA ECU	01/02/2025	EGA Last Chance Gala
146	50.35 L	F	Annabelle Els	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs
147	50.38 L	F	Anneke Van Niekerk	11	LSJM SKD	02/11/2024	Limpopo LS - Top 8 skole 2024
148	50.42 L	F	Bethany Meyer	11	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
149	50.45 L	F	Ashley Du Randt	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
150	50.54 L	F	Hayley Liedeman	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
151	50.56 L	F	Lexi Abrahamse	11	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
152	50.57 L	P	Josephine Watt	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
153	50.59 L	F	Saarah De Maine	11	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
154	50.66 L	F	Erin Shekel	11	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
155	50.71 L	F	Ymeri Wilken	11	BS LLD	18/02/2025	Inter Primary 2025
156*	50.73 L	P	Bailey Maralik	11	PER JHB	29/11/2024	CGA Championships 2024
156*	50.73 L	F	Emily Muijs	11	STAQ CED	28/03/2025	SA Level 2 Regional Age Group Champs
158	50.76 L	F	Mieke Jordaan	11	KTS	06/12/2024	NCASA CHAMPS 2024
159	50.77 L	F	Leané Bruwer	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025
160	50.78 L	F	Mia (B) Venter	11	AWIN TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
161	50.80 L	F	Olivia Odendaal	11	HPS TSH	13/09/2024	NTS September Age Group 2024
162	50.82 L	P	Aryn Feris	11	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
163	50.86 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
164	50.88 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025
165	50.91 L	F	Catherine Sebastian	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
166	50.94 L	F	Lebogang Maredi	11	SS MPD	29/11/2024	Limpopo Champs 2024
167	51.05 L	F	Mari-Hane Visser	11	KALA	08/02/2025	NCASA SPRINTS 2025
168	51.16 L	P	Rebecca Symon	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
169	51.18 L	F	Alexi Claassen	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
170	51.26 L	F	Emma Arendse	11	MANT CPT	08/02/2025	WCA-B Champs - 2025
171	51.27 L	F	Inge Jv Vuuren	11	SS MPD	29/11/2024	Limpopo Champs 2024
172	51.32 L	F	Marlien Nell	11	GHS BP	28/02/2025	NW School Championships 2025
173	51.33 L	P	Leah Vos	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
174	51.34 L	P	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
175*	51.42 L	P	Paige Oliphant	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT
175*	51.42 L	F	Emma Vorster	11	HPS TSH	13/09/2024	NTS September Age Group 2024
177	51.44 L	P	Arya Fenwick	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
178	51.45 L	F	Amani Sausi	11	AZON ETH	25/01/2025	uShaka Champs 2025
179	51.48 L	P	Lizanté Bam	11	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
180	51.60 L	F	Courtney Grant	11	ACES ETH	02/07/2024	Prestige Tournament 2024
181	51.67 L	P	Oarerata Modiole	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
182	51.68 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
183*	51.71 L	F	Jane Tredoux	11	BLNE MAN	04/12/2024	Free State Champs 2024
183*	51.71 L S	P	Rachel Saltzman	11	ESTR ECU	05/12/2024	EGA Summer Championships
185	51.76 L	F	Marizel Prinsloo	11	BS LLD	25/10/2024	Neptunes Gala
186	51.78 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025
187	51.93 L	F	Emily Fryer	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
188	51.98 L	P	Carla Fourie	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
189	52.02 L	F	Jessieka Faul	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025
190	52.03 L	F	Mckenzie Dempsey	11	RSA	04/10/2024	Curro AquaElite Gala
191	52.06 L	P	Alexa Els	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
192	52.15 L	F	Skylin Koupis	11	BLOT MAN	04/12/2024	Free State Champs 2024
193*	52.23 L	F	Ella Niven	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
193*	52.23 L	P	Etli Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
195	52.27 L	P	Nienke Eksteen	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs
196	52.29 L	F	Mari Haasbroek	11	EXP TSH	01/02/2025	EGA Last Chance Gala
197	52.30 L	F	Maya Chelin	11	H2O ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
198	52.34 L	F	Zaan Van Goeverden	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
199	52.45 L	F	Janke Bresler	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
200	52.48 L	P	Anna Charlton	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
201	52.67 L	F	Wyllow Halse	11	USC BUF	02/11/2024	BCA November Age Group Gala 2024
202	52.69 L	F	Fozia Martin	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
203	52.71 L	F	Morgan Baard	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
204*	52.75 L	P	Stella van Staden	11	CENP BUF	03/02/2025	Buffalo City Primary School Trials 2025
204*	52.75 L	F	Cara Kolesky	11	LORR NMA	22/02/2025	Eastern Cape School Provincial Trials
206	52.77 L	F	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
207	52.78 L	F	Kagiso Motuku	11	PGAC ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
208	52.79 L	F	Nathalie Naude	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
209	52.83 L S	F	Alexia Tranter	11	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
210*	52.84 L	P	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025-EGA
210*	52.84 L	F	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
212	52.85 L	F	Cari Kriel	11	LALE CED	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
213*	52.89 L	P	Sarah McNamara	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
213*	52.89 L	F	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
215	52.90 L	F	Bianca Van Jaarsveld	11	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
216	52.96 L	F	Kate Pieterse	11	PEAS NMA	17/10/2024	43rd Freda Barnard Invitational Gala
217	52.98 L S	P	Vania Martin	11	SOUL ECU	05/12/2024	EGA Summer Championships
218*	53.03 L	P	Emily Van Der Byl	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
218*	53.03 L	F	Amy Freeman	11	NAE EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
220	53.05 L	F	Nicola Nysschen	11	KTS	06/12/2024	NCASA CHAMPS 2024
221	53.42 L	P	Zeney De Beer	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
222	53.46 L	F	Danika Brynard	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group
223	53.50 L	P	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
224	53.53 L	P	Emma Dyer	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
225	53.60 L	P	Rita Rouillard	11	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
226	53.72 L	P	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024
227	53.74 L	P	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024
228	53.83 L	F	Morgan Burstein	11	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
229	53.99 L	F	Beersheba Negash	11	BARA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
230	54.08 L	F	Nissi Mtetwa	11	WWOL TSH	13/09/2024	NTS September Age Group 2024
231	54.11 L	F	Jaunté Duvenage	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
232	54.17 L	P	Lianka Spies	11	HARB BPD	07/12/2024	NWS Championships 2024
233	54.20 L	F	Jorja Petschel	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
234	54.21 L	P	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA
235	54.34 L	F	Roxanne Hautmann	11	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
236	54.37 L	F	Heili Van Heerden	11	BETH FDD	04/12/2024	Free State Champs 2024
237	54.39 L	F	Mihanka vd Bank	11	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
238	54.54 L	P	Hayley Downs	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
239	54.56 L	P	Leah Botha	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
240	54.59 L	F	Courtney Ferguson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
241	54.61 L	P	Mariandi Bredenkamp	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
242	54.63 L	F	Abigail Haupt	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
243	54.65 L	F	Reneilwe Tsunke	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala
244	54.66 L	P	Kayden Jack	11	PER JHB	29/11/2024	CGA Championships 2024
245	54.76 L	F	Yolayne Aucamp	11	TNDER FDD	04/12/2024	Free State Champs 2024
246	54.81 L	F	Helana Pretorius	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
247	54.82 L	P	Kharlyn Gysman	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
248	54.85 L	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
249	54.88 L S	P	Melissa Kleynhans	11	PGAC ECU	05/12/2024	EGA Summer Championships
250	54.91 L S	P	Murunwa Thidiela	11	MAKO ECU	05/12/2024	EGA Summer Championships
251	54.97 L	F	Elmine Opperman	11	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
252	54.99 L	F	Charlotte Van Acker	11	SUMW NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
253	55.02 L	F	Aishah Bingudza	11	NGU TSH	13/09/2024	NTS September Age Group 2024
254	55.09 L	P	Gemma Heugh	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
255*	55.12 L	F	Tlotlotsame Makatiers	11	RBOT BPD	23/11/2024	NWS Age Group 3 + 4 2024
255*	55.12 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
257	55.14 L	F	Leanke Loots	11	KNYA EDD	22/02/2025	EDEN 5th A-League Gala 2025
258	55.20 L	F	Kenzie Du Preez	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
259*	55.25 L	F	Johane' Goosen	11	BLOT MAN	25/10/2024	Neptunes Gala
259*	55.25 L	F	Marné Truter	11	TKS WBD	29/11/2024	Limpopo Champs 2024
261	55.31 L	F	Riandi Muller	11	INFA NMA	13/12/2024	NMBA Championships 2024
262	55.36 L	F	Lienke Rossouw	11	LALE CED	09/11/2024	Winelands SL4
263	55.43 L	F	Cato Erasmus	11	BLIZ TMD	09/11/2024	Bull Sharks Gala
264	55.47 L	F	Lize-Mari Cloete	11	BS LLD	18/02/2025	Inter Primary 2025
265	55.68 L	F	Lacey Hodgkinson	11	SWIFT ECU	01/02/2025	EGA Last Chance Gala
266	55.95 L	P	Mieke Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
267	56.12 L	P	Riley Fourie	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
268	56.13 L	P	Emma Swanepoel	11	MPS NGD	03/02/2025	Buffalo City Primary School Trials 2025
269	56.24 L	F	Leila Burden	11	BARR CPT	08/02/2025	WCA-B Champs - 2025
270	56.26 L	F	Morgan-Jane Moolman	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
271	56.42 L	F	Kenzie Murugan	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
272	56.56 L	F	Reabetswe Raphuti	11	GHS BP	28/02/2025	NW School Championships 2025
273	56.58 L	F	Adrianne Meiring	11	PEAS NMA	17/10/2024	43rd Freda Barnard Invitational Gala
274	56.59 L	P	Nika Loots	11	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs
275	56.62 L	F	Emma McCallum	11	USC BUF	02/11/2024	BCA November Age Group Gala 2024
276	56.65 L	F	Ditebogo Pheeha	11	PEPPS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
277	56.70 L	F	Lisan Joubert	11	JOIE FBD	16/11/2024	AGE GROUP 2 UPINGTON 2024
278	56.83 L	P	Maria De Klerk	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
279	56.84 L	F	Milea Louw	11	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
280	57.00 L	F	Karla Kriek	11	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
281	57.04 L	F	Astrid Saul	11	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
282	57.08 L	F	Eliana Woldemariam	11	TUKS TSH	20/11/2024	Crusaders Night Gala 1
283	57.12 L	F	Lisa Meyer	11	PRA GSD	25/01/2025	uShaka Champs 2025
284	57.21 L	F	Zara Zehmke	11	SUMW NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
285	57.39 L	F	Emily Johnson	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025
286	57.53 L	F	Emme Wessels	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group
287	57.70 L	F	Rachel Thompson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
288	57.86 L	P	Kari Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
289	57.99 L	F	San-Mari de Jager	11	UPSK ZMD	01/11/2024	UPINGTON PRESTIGE GALA 2024
290	58.40 L	F	Dané Combrinck	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
291	58.41 L S	P	Emilie Botha	11	JAQ ECU	05/12/2024	EGA Summer Championships
292	58.63 L	F	Ilanca Smuts	11	OLS BP	28/02/2025	NW School Championships 2025
293	58.65 L	F	Katrina Sutton	11	SUN NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
294	58.81 L	P	Isabella Du Preez	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
295	58.85 L	F	Anneske Smith	11	KTS	08/02/2025	NCASA SPRINTS 2025
296	58.94 L	F	Sabella Chetty	11	HHPs NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
297	58.97 L	P	Ava Candiotes	11	HREF BPD	07/12/2024	NWS Championships 2024
298	59.07 L	F	Lara Engels	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
299	59.09 L	F	Leah Kuisis	11	SS MPD	29/11/2024	Limpopo Champs 2024
300	59.62 L	F	Liane Jordaan	11	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
301	59.71 L	P	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
302	59.78 L	P	Summer Metcalfe	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
303	59.97 L	P	Lehanri Cronje	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
304	1:00.09 L	F	Milly Kriek	11	BEARS TSH	13/09/2024	NTS September Age Group 2024
305	1:00.16 L	F	Neo Chomba	11	BARA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
306	1:00.31 L	F	Lusanele Qusheka	11	BEST NMA	15/06/2024	PEA Winter Gala 2024
307	1:00.35 L	F	Jaydine Fortein	11	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
308	1:00.60 L	F	Natalie Brown	11	MATL KKD	09/11/2024	NWS Age Group 1 & 2 2024
309	1:00.98 L	F	Ale Mentz	11	KTS	15/02/2025	AGE GROUP 6 KATHU 2025
310	1:00.99 L	F	Nashe Mudzengi	11	AA JHB	20/11/2024	Crusaders Night Gala 1
311	1:01.04 L	F	Mianke Lubbe	11	GHSK	08/02/2025	NCASA SPRINTS 2025
312	1:01.06 L	F	Cayla Senekal	11	TKS WBD	29/11/2024	Limpopo Champs 2024
313	1:01.09 L	F	Emily Marais	11	KNYA EDD	08/02/2025	WCA-B Champs - 2025
314	1:01.10 L	F	Michaela Kröger	11	BARR CPT	02/11/2024	CTA A & B CHAMPS 2024
315	1:01.11 L	F	Tshegofatso Kwadjo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
316	1:01.14 L	F	Tamary Nsabayera	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
317	1:01.18 L	F	Harley Knudsen	11	PGAC ECU	01/02/2025	EGA Last Chance Gala
318	1:01.23 L	F	Daniella-Mohapi Lebogo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
319	1:01.37 L	F	Tshegofatso Le Roux	11	CASC CPT	08/02/2025	WCA-B Champs - 2025
320	1:01.60 L	F	Mika Philander	11	AQDO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
321	1:01.90 L	F	Emily Henry	11	CA ECU	12/10/2024	EGA Summer 2
322	1:01.92 L	F	Lizé Labuschagne	11	TASC MPD	29/11/2024	Limpopo Champs 2024
323	1:02.09 L	F	Mckenzie Adams	11	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
324	1:02.52 L	F	Matte Van der Merwe	11	VOLK NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
325	1:02.61 L	F	Anje Louw	11	QUIC CPT	09/11/2024	Swartland Prestige Gala 2024
326	1:02.80 L S	P	Abigail Van der Westhuizen	11	CA ECU	05/12/2024	EGA Summer Championships
327	1:02.87 L	F	Lea Swart	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
328	1:02.88 L	F	Danelle Louw	11	BULS MAN	04/12/2024	Free State Champs 2024
329	1:02.97 L	F	Zoe Joanides	11	BLNE MAN	13/09/2024	Pelicans Age Group Gala
330	1:03.00 L	F	Leane Van Zyl	11	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024

Individual Top Times

Times since: 01-May-24		Times until: 30-Apr-25	
Number of Top Times: All		Show Long Course Only	
Time	P/F/S	Name	Age/Yr
331	1:03.07 L	F Lilly-Anne Benade	11 LSBOS WB 01/02/2025 Limpopo School Champs & Limpopo AG
332	1:03.86 L	F Mia du Plessis	11 OLS BP 28/02/2025 NW School Championships 2025
333	1:03.97 L	F Beulah vd Merwe	11 HREF BP 09/11/2024 NWS Age Group 1 & 2 2024
334	1:04.02 L	F Atipa-Ishe Mubuyayi	11 AQUA BUF 22/11/2024 BCA Long Course Championships 2024
335	1:04.16 L	F Anchen Schoeman	11 BS LLD 15/11/2024 Valsrivier Gala 2024
336	1:04.27 L	F Emma Botha	11 AASC EZD 31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 JAN
337	1:04.45 L	F Cleo Julius	11 KALA 06/12/2024 NCASA CHAMPS 2024
338	1:04.89 L	F Juliana Goncalves	11 ELRAS WBD 29/11/2024 Limpopo Champs 2024
339	1:05.90 L	F Klara Bruwer	11 SUMW NMA 08/02/2025 Nelson Mandela Bay Schools Trials & 1st
340	1:06.02 L	F Relebohile Khaoletsa	11 PELIC MAN 14/02/2025 Neptune Last Chance Gala
341	1:06.08 L	P Kankolongo Kadima	11 MAHD NMD 07/12/2024 NWS Championships 2024
342	1:06.13 L	F Zahrah Desai	11 BHK NGD 31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 JAN
343	1:06.38 L	F Leandi Van der Westhuizen	11 QSAW CED 25/01/2025 Winelands JLfin
344	1:06.68 L	F Botshelo Rampana	11 PELIC MAN 01/03/2025 Provincial Level 1 Age Group
345	1:06.87 L	F Emily-Thea Kirsten	11 LALE CED 25/01/2025 Winelands JLfin
346	1:06.93 L	F Isabella Van Rooyen	11 RFA TSH 11/10/2024 NTS Level 1+2 October Age Group 2024
347	1:07.04 L	F Oarabile Malete	11 SASE JHB 20/11/2024 Crusaders Night Gala 1
348	1:07.90 L S	F Mpho Kutumane	11 UWCA CPT 21/09/2024 CTA INVITATIONAL LC MEET
349	1:07.97 L	P Asanele Mtolo	11 WSTV ETH 02/07/2024 Prestige Tournament 2024
350	1:08.03 L	F Elné Roets	11 UPSK ZMD 05/10/2024 FLAMINGO GALA OCT 2024
351	1:08.06 L	P Pamela Smith	11 BPS CHD 03/02/2025 Buffalo City Primary School Trials 2025
352	1:08.13 L	P Jana Pienaar	11 CSA EZD 29/11/2024 Mpumalanga Championships 2024
353	1:08.31 L S	P Mia Schraader	11 SOUL EKU 05/12/2024 EGA Summer Championships
354	1:08.52 L	F Tshilidzi Rakhumba	11 TUKS TSH 11/10/2024 NTS Level 1+2 October Age Group 2024
355	1:08.61 L	F Suraya Badat	11 PSCP UMD 01/03/2025 Provincial Level 1 Age Group
356	1:08.84 L	F Taylor Crous	11 PEAS NMA 22/02/2025 Eastern Cape School Provincial Trials
357	1:08.99 L	F Noa Marsden	11 CBC FBD 15/02/2025 AGE GROUP 6 KBY 2025
358	1:09.18 L	F Hayleigh Roux	11 BLIZ TMD 04/12/2024 Free State Champs 2024
359	1:09.78 L	F Rachel Bennetts	11 SRAY BUF 02/11/2024 BCA November Age Group Gala SC
360	1:10.11 L	F Zete Adonis	11 PAQU CED 25/01/2025 Winelands JLfin
361	1:10.73 L	F Sophia Lamprecht	11 BARR CPT 22/02/2025 Swartland Invitational Gala 2025
362	1:10.81 L	F Katryn Gerber	11 CPPS NMA 08/02/2025 Nelson Mandela Bay Schools Trials & 1st
363	1:11.02 L S	F Amy Cloete	11 UWCA CPT 21/09/2024 CTA INVITATIONAL LC MEET
364	1:11.53 L	F Ava Koortzen	11 FAAC 19/10/2024 NCASA AGE GROUP 1 KBY 2024
365	1:12.27 L	F Gabriella De Klerk	11 HHPS NMA 08/02/2025 Nelson Mandela Bay Schools Trials & 1st
366	1:14.78 L	F Tshegofa Tau	11 CPSC TSH 13/09/2024 NTS September Age Group 2024
367	1:15.90 L	F Anke Pretorius	11 STELL RMD 23/11/2024 NWS Age Group 3 + 4 2024
368	1:18.29 L	F Lwandisiwe Siqwede	11 SRAY BUF 22/11/2024 BCA Long Course Championships 2024
369	1:22.20 L	F Elizabeth Calitz	11 CUHE OBD 09/11/2024 Swartland Prestige Gala 2024
370	1:22.69 L	F Summer Bosch	11 CASC CPT 22/02/2025 Swartland Invitational Gala 2025
371	1:24.19 L	P Lea van Greunen	11 HKLIP BUF 03/02/2025 Buffalo City Primary School Trials 2025
372	1:44.80 L	F Maqina Mikhulu	11 TPS BPD 08/02/2025 BCSA High School Trials 2025
373	1:45.28 L	F Mia Lessing	11 BETH FDD 01/03/2025 Provincial Level 1 Age Group
374	1:51.37 L	F Karli Van der Merwe	11 KALA 30/11/2024 AGE GROUP 4 KATHU 2024
Women 11 - 11 100 Breast			
1	1:26.00 L	F Ella Johnson	11 SAAW CPT 20/03/2025 SA Level 3 Regional Age Group
2	1:27.49 L	F Olivia Geldart	11 INFA NMA 20/03/2025 SA Level 3 Regional Age Group
3	1:30.57 L	F Jessica Steyn	11 KZNS 05/04/2025 SA Schools Swimming Championship
4	1:30.60 L	P Elke Coetsee	11 FISH EDD 20/03/2025 SA Level 3 Regional Age Group
5	1:30.61 L	F Isabella Knight	11 WATR JHB 20/03/2025 SA Level 3 Champs 2025-NT
6	1:31.22 L	F Hayley Greyvenstein	11 USC BUF 22/11/2024 BCA Long Course Championships 2024
7	1:31.86 L	F Lefei Li	11 WATR JHB 20/03/2025 SA Level 3 Champs 2025-NT
8	1:31.92 L	F Olivia Normington	11 XCEL CPT 20/03/2025 SA Level 3 Regional Age Group
9	1:32.05 L	F Ané Venter	11 FISH EDD 20/03/2025 SA Level 3 Regional Age Group
10	1:32.31 L	P Alivia Nel	11 CRSC JHB 20/03/2025 SA Level 3 Champs 2025-NT
11	1:32.67 L	F Gianna Olivier	11 PAQU CED 20/03/2025 SA Level 3 Regional Age Group
12	1:32.70 L	F Sophie Chiang	11 WATR JHB 20/03/2025 SA Level 3 Champs 2025-NT
13	1:33.04 L	P Annebelle Botha	11 PER JHB 20/03/2025 SA Level 3 Champs 2025-NT
14	1:33.78 L	F Mambay Banza	11 UNI EZD 10/01/2025 2024 Grand Prix Invitation Swimming

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
15	1:35.13 L	F	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2	Champs 2025-EGA
16	1:35.21 L	P	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A	Championship 2024
17	1:35.46 L	F	Lea Cilliers	11	BS LLD	18/02/2025	Inter Primary	2025
18	1:35.54 L	F	Kayla Coetzee	11	BS LLD	18/02/2025	Inter Primary	2025
19	1:35.69 L	P	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3	Champs 2025-NT
20	1:36.20 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3	Regional Age Group
21	1:36.42 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3	Regional Age Group
22	1:36.63 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3	Champs 2025-NT
23	1:36.76 L	F	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3	Regional Age Group
24	1:36.92 L	F	Gianna Onkruid	11	WCS	05/04/2025	SA Schools	Swimming Championship
25	1:36.95 L	F	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2	Champs 2025 EGA
26	1:37.12 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3	Regional Age Group
27	1:37.15 L	P	Annabelle Ras	11	QUIC CPT	20/03/2025	SA Level 3	Regional Age Group
28	1:37.47 L	F	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2	Champs 2025-EGA
29	1:37.51 L	F	Isabel Smith	11	HARL BUF	31/01/2025	Infinity Gala	2025
30	1:37.59 L	F	Hannah Stearn	11	NMBA NM	11/01/2025	EDEN INTER DISTRICT	PRESTIGE
31	1:38.02 L	F	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3	Regional Age Group
32	1:38.23 L	F	Sophia Duggan	11	PEAS NMA	16/11/2024	5th A League	Gala 2024
33	1:38.37 L	P	Ashlynn Shaw	11	PAC TSH	20/03/2025	SA Level 3	Champs 2025-NT
34	1:38.79 L	F	Morgan Booyesen	11	PSCP UMD	26/03/2025	SA Level 3	Regional Age Group
35	1:38.92 L	P	Saskia Gilligan	11	BLMA CPT	05/12/2024	Western Cape LC-A	Championship 2024
36	1:39.25 L	F	Jorja Adelaine	11	AA JHB	27/03/2025	SA Level 2	Champs 2025 EGA
37	1:39.37 L	F	Lily Bailes	11	ECSA	05/04/2025	SA Schools	Swimming Championship
38	1:39.41 L	F	Bria Ahmed	11	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
39	1:39.56 L	P	Miane Bendeman	11	SS MPD	20/03/2025	SA Level 3	Champs 2025-NT
40	1:39.59 L	F	Leah Schemel	11	HARL BUF	01/02/2025	BCA Feb Age Group	Gala 2025
41	1:39.72 L	F	Myra Bailey	11	RACE JHB	27/03/2025	SA Level 2	Champs 2025-EGA
42	1:39.74 L	P	Kyra Du Preez	11	USC BUF	20/03/2025	SA Level 3	Regional Age Group
43	1:40.33 L	P	Alexi Dandoulakis	11	CA EKU	20/03/2025	SA Level 3	Champs 2025-NT
44	1:40.40 L	F	Phelan Labuscagne	11	QUES JHB	29/11/2024	CGA Championships	2024
45	1:40.58 L	P	Emma Gutsche	11	POLSC CCD	20/03/2025	SA Level 3	Champs 2025-NT
46	1:40.69 L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships	2024
47	1:40.81 L	F	Grace Johns	11	OHAN ILD	25/01/2025	uShaka Champs	2025
48	1:41.00 L	P	Emma Ranger	11	USC BUF	28/03/2025	SA Level 2	Regional Age Group Champs
49	1:41.05 L	P	Bukata Mwanza	11	ESP EKU	20/03/2025	SA Level 3	Champs 2025-NT
50	1:41.06 L	P	Tshegofatso Moabelo	11	BAS EKU	20/03/2025	SA Level 3	Champs 2025-NT
51	1:41.09 L	P	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025	SA Level 3	Regional Age Group
52	1:41.17 L	P	Cayleigh Knott	11	ASAC CPT	05/12/2024	Western Cape LC-A	Championship 2024
53	1:41.20 L	F	Skyler Muller	11	HARL BUF	28/03/2025	SA Level 2	Regional Age Group Champs
54	1:41.42 L	F	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School	Trials 2025
55	1:41.65 L	P	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2	Champs 2025 EGA
56	1:41.87 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2	Regional Age Group Champs
57	1:41.98 L	F	Zane Kroon	11	AGAQ QBD	08/02/2025	WCA-B Champs -	2025
58	1:42.19 L	F	Demi Vorster	11	TUKS TSH	15/06/2024	PEA Winter Gala	2024
59	1:42.26 L	F	Mercedes Jaftha	11	MANT CPT	28/03/2025	SA Level 2	Regional Age Group Champs
60	1:42.39 L	P	Naomi Mahlangu	11	BLMA CPT	20/03/2025	SA Level 3	Regional Age Group
61	1:42.46 L	P	Anzel Smit	11	EXP TSH	27/03/2025	SA Level 2	Champs 2025 EGA
62	1:42.70 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2	Champs 2025-KZN
63	1:42.73 L	F	Hannah Raphaela Morgado	11	CSA EZD	29/11/2024	Mpumalanga Championships	2024
64	1:42.80 L	P	Rachel Thompson	11	PSC TSH	20/03/2025	SA Level 3	Champs 2025-NT
65	1:42.82 L	F	Luze Potgieter	11	TUKS TSH	21/02/2025	NTS Age Group Feb	Tuks
66	1:43.02 L	P	Lize Beyers	11	AGAQ QBD	20/03/2025	SA Level 3	Regional Age Group
67	1:43.05 L	F	Lisa Le Roux	11	BLOT MAN	04/12/2024	Free State Champs	2024
68	1:43.10 L	P	Miane Steyn	11	LEGC ETH	31/03/2025	SA Level 2	Champs 2025-KZN
69	1:43.24 L	F	Miané Prinsloo	11	ACAA CCD	12/10/2024	Limpopo Age Group	4
70	1:43.25 L	P	Reatile Ntidi	11	NWUC KKD	28/03/2025	SA Level 2	Regional Age Group Champs
71*	1:43.46 L	F	Simone Zoutendyk	11	RBOT BPD	07/12/2024	NWS Championships	2024
71*	1:43.46 L	P	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2	Champs 2025-KZN
73	1:43.60 L	P	Willow Makwakwa	11	WWOL TSH	27/03/2025	SA Level 2	Champs 2025 EGA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
74	1:43.87 L	F	Katherine Van Zyl	11	CPSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024	
75	1:43.98 L	F	Janel Van der Merwe	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024	
76	1:44.04 L	F	Caitlin Byliefeldt	11	MAKO EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
77	1:44.09 L	P	Chelsey Crossman	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group	
78	1:44.18 L	F	Amelia Lange	11	STAQ CED	08/02/2025	Winelands SL Final	
79	1:44.19 L	P	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
80	1:44.24 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025	
81	1:44.37 L S	F	Hayden Perrins	11	GREY CPT	02/11/2024	CTA A & B CHAMPS 2024	
82	1:44.47 L	F	Catherine Couch	11	QUES JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb	
83	1:44.55 L	P	Aphelele Shange	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
84	1:44.58 L	P	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
85	1:44.59 L S	F	Pia Swanepoel	11	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024	
86	1:44.61 L	P	Mamoso Ramokgopa	11	LPS	05/04/2025	SA Schools Swimming Championship	
87	1:44.92 L	P	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
88	1:44.99 L S	F	Lexi Abrahamse	11	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
89	1:45.11 L	P	Zanenkosi Ndlovu	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA	
90	1:45.12 L	P	Ava Maritz	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
91	1:45.20 L	P	Engela Klopper	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
92	1:45.40 L	F	Mariane Labuschagne	11	FISH EDD	08/02/2025	WCA-B Champs - 2025	
93	1:45.97 L	F	Ava Stevens	11	USCLT BUF	22/02/2025	Eastern Cape School Provincial Trials	
94	1:46.01 L	P	Arabella Symington	11	ACES ETH	02/07/2024	Prestige Tournament 2024	
95	1:46.07 L	F	Mackenzi Dart	11	USC BUF	02/11/2024	BCA November Age Group Gala SC	
96	1:46.33 L	F	Jaime-Lynn Vermeulen	11	HARL BUF	02/11/2024	BCA November Age Group Gala SC	
97	1:46.34 L	P	Livi Engelbrecht	11	PAC TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
98	1:46.41 L	P	Zani Hager	11	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Champs	
99	1:46.71 L	F	Jana Serdyn	11	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st	
100	1:46.78 L	F	Sophia Ibrahim	11	ESP EKU	01/02/2025	EGA Last Chance Gala	
101	1:47.14 L	F	Sydney Kuhn	11	ELEC TSH	13/09/2024	NTS September Age Group 2024	
102	1:47.18 L	P	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group	
103*	1:47.20 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
103*	1:47.20 L	P	Abigail Haupt	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
105	1:47.37 L	P	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
106	1:47.42 L	P	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
107	1:47.60 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
108*	1:47.61 L	F	Keyla Douglas	11	ROA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools	
108*	1:47.61 L	F	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
110	1:47.91 L	F	Emily Muijs	11	STAQ CED	28/03/2025	SA Level 2 Regional Age Group Champs	
111	1:47.93 L	F	Maria Geyser	11	LSBOS WB	01/02/2025	Limpopo School Champs & Limpopo AG	
112	1:48.10 L	P	Oarerata Modiole	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
113	1:48.11 L	P	Leané Bruwer	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs	
114	1:48.30 L	F	Shalom Mtileni	11	UNIU EZD	29/11/2024	Mpumalanga Championships 2024	
115	1:48.38 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025	
116	1:48.54 L	P	Rachel De Fleuriot	11	SEALE ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
117	1:48.80 L	P	Nissi Mtetwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
118	1:48.89 L	P	Ymeri Wilken	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs	
119	1:49.03 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
120*	1:49.07 L	P	Alexia Tranter	11	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024	
120*	1:49.07 L	F	Isabella Van Breda	11	NWUC KKD	07/12/2024	NWS Championships 2024	
122	1:49.28 L	F	Isabel Helberg	11	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
123	1:49.35 L	F	Tanya Loots	11	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
124	1:49.40 L S	F	Beatrisa Kotklar	11	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024	
125	1:49.50 L	P	Mieke Steinbach	11	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT	
126*	1:49.64 L	F	Marizel Prinsloo	11	BS LLD	06/09/2024	Bull Sharks Annual Gala	
126*	1:49.64 L	F	Kamila Mohapi	11	ESTR EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools	
128	1:49.68 L	P	Bailey Maralik	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
129	1:49.83 L	F	Leah Kotze'	11	BULS MAN	04/12/2024	Free State Champs 2024	
130	1:49.89 L	F	Alexia Botha	11	KALA	28/03/2025	SA Level 2 Regional Age Group Champs	
131	1:49.90 L	F	Carla Swart	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
132	1:50.05 L	P	Rebecca Symon	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
133	1:50.19 L	F	Ella Niven	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
134	1:50.29 L	P	Sinakhokonke Bhengu	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
135	1:50.35 L	P	Annabelle Els	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs
136	1:50.40 L	F	Chantel Van der Linde	11	VHD ZLD	25/01/2025	uShaka Champs 2025
137*	1:50.42 L	F	Emma Ku	11	OLDE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
137*	1:50.42 L	F	Alexi Claassen	11	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
139	1:50.44 L	F	Diante Bothma	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
140	1:50.48 L	P	Hayley Liedeman	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
141	1:50.57 L	F	Kaylee Vd Wal	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
142	1:50.65 L	F	Catherine Sebastian	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
143	1:50.68 L	F	Skylin Koupis	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala
144	1:50.75 L	P	Legofi Modisapitse	11	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
145	1:50.84 L	F	Mika Vd Merwe	11	AWSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
146	1:51.05 L	F	Jeanine Goosen	11	BLNE MAN	14/02/2025	Neptune Last Chance Gala
147	1:51.18 L	P	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
148	1:51.23 L	F	Thalia Breedt	11	KSC EZD	29/11/2024	Mpumalanga Championships 2024
149	1:51.41 L	P	Darshana Pillay	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
150	1:51.42 L	F	Mari Sterne	11	STAQ CED	25/01/2025	Winelands JLfin
151	1:51.79 L	P	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
152	1:51.82 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
153	1:51.95 L	F	Dione Smit	11	CASC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
154	1:52.01 L	F	Nduvho Rabambi	11	BS LLD	18/02/2025	Inter Primary 2025
155	1:52.05 L	F	Maya Chelin	11	H2O ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
156*	1:52.16 L S	F	Bianca Van Jaarsveld	11	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
156*	1:52.16 L	P	Mari-Hane Visser	11	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
158	1:52.17 L	F	Amani Sausi	11	AZON ETH	25/01/2025	uShaka Champs 2025
159	1:52.34 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025
160	1:52.75 L	F	Puleng Masemene	11	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
161	1:52.87 L	F	Izelda Meyer	11	VHD ZLD	25/01/2025	uShaka Champs 2025
162	1:52.88 L	F	Miele' Loftus	11	UPS NMA	18/02/2025	Inter Primary 2025
163	1:52.91 L	F	Marlien Nell	11	GHS BP	28/02/2025	NW School Championships 2025
164	1:52.92 L	F	Amy Freeman	11	NAE EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
165	1:52.97 L	F	Rita Rouillard	11	PSA ZLD	07/12/2024	Stingrays Champs 2024
166	1:53.14 L	F	Emily Van Der Byl	11	USC BUF	13/12/2024	NMBA Championships 2024
167	1:53.25 L	F	Isabelle de Beer	11	HREF BPD	07/12/2024	NWS Championships 2024
168	1:53.29 L	P	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025 EGA
169	1:53.30 L	P	Danielle De Jager	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
170	1:53.38 L	P	Anna Charlton	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
171	1:53.46 L	P	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
172	1:53.51 L	P	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
173	1:53.73 L	F	Lily Marais	11	FISH EDD	30/11/2024	Eden LC Champs 2024
174	1:53.80 L	F	Arya Fenwick	11	SASE JHB	22/01/2025	Crusaders Night Gala 2
175	1:53.83 L	P	Paige Oliphant	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT
176	1:53.99 L	F	Emily Fryer	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
177*	1:54.06 L	F	Daniella Louw	11	BLOT MAN	25/10/2024	Neptunes Gala
177*	1:54.06 L	P	Lizanté Bam	11	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
179	1:54.12 L	F	Leah Mbhokota	11	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
180	1:54.13 L	P	Beersheba Negash	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
181	1:54.28 L	F	Danika Brynard	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group
182	1:54.36 L	F	Emma Arendse	11	MANT CPT	08/02/2025	WCA-B Champs - 2025
183	1:54.66 L	P	Nina le Cordeur	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025-EGA
184	1:54.87 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025-EGA
185	1:55.03 L S	F	Ashley Du Randt	11	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
186	1:55.14 L	P	Mia (B) Venter	11	AWIN TSH	27/03/2025	SA Level 2 Champs 2025 EGA
187	1:55.16 L	F	Alexa Kibel	11	ORCA ECU	26/10/2024	Summer 3 Delville
188	1:55.24 L	F	Jane Tredoux	11	BLNE MAN	14/02/2025	Neptune Last Chance Gala
189	1:55.44 L	P	Vania Martin	11	SOUL ECU	05/12/2024	EGA Summer Championships
190	1:55.50 L	P	Khera Murray	11	H2O ECU	05/12/2024	EGA Summer Championships
191	1:55.51 L	F	Mieke Jordaan	11	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
192*	1:55.63 L	F	Wyllow Halse	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
192*	1:55.63 L	P	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs
194	1:55.65 L S	F	Jessieka Faul	11	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
195	1:55.77 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
196	1:55.93 L	F	Jaunté Duvenage	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
197	1:55.98 L	F	Emily Daniels	11	XCEL CPT	08/02/2025	WCA-B Champs - 2025
198	1:56.02 L	F	Courtney Grant	11	ACES ETH	02/07/2024	Prestige Tournament 2024
199	1:56.03 L	F	Lianka Spies	11	GHS BP	28/02/2025	NW School Championships 2025
200	1:56.15 L	P	Sarah McNamara	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
201	1:56.59 L	F	Marné Truter	11	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
202	1:56.91 L	P	Etli Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
203	1:56.92 L	F	Inge Jv Vuuren	11	SS MPD	29/11/2024	Limpopo Champs 2024
204	1:57.13 L S	F	Tshegofatso Le Roux	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
205	1:57.27 L	F	Layla Palframan	11	SEAL UMD	26/10/2024	Froggies Aquatics Championships 2024
206	1:57.45 L	P	Zeney De Beer	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
207	1:57.54 L	F	Pradhia Singh	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
208	1:57.76 L	P	Lilly-Mae Smith	11	SOUL ECU	05/12/2024	EGA Summer Championships
209	1:57.86 L	F	Courtney Ferguson	11	DSG NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
210	1:57.97 L	F	Roxanne Hautmann	11	RBUR BPD	18/01/2025	EGA Summer 5
211	1:58.05 L	F	Kirsten Schnehage	11	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
212	1:58.06 L	F	Elmine Opperman	11	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
213	1:58.17 L	P	Leah Vos	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
214	1:58.40 L	P	Carla Fourie	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
215	1:58.43 L	F	Nathalie Naude	11	HHPs NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
216	1:58.44 L	F	Eliana Woldemariam	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
217	1:58.52 L	F	Fozia Martin	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
218	1:58.62 L	F	Ditebogo Pheeha	11	PEPPS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
219	1:59.31 L	P	Rachel Saltzman	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA
220	1:59.64 L	P	Kagiso Motuku	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA
221	1:59.85 L	F	Tatum Adams	11	PAQU CED	17/10/2024	43rd Freda Barnard Invitational Gala
222	1:59.89 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
223	1:59.93 L	F	Heili Van Heerden	11	BETH FDD	04/12/2024	Free State Champs 2024
224	2:00.08 L	P	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025-EGA
225	2:00.31 L	P	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024
226	2:00.32 L	F	Nicola Nysschen	11	KTS	08/02/2025	NCASA SPRINTS 2025
227*	2:00.77 L	F	Leah Meszaros	11	QUES JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
227*	2:00.77 L	P	Faythe Evans	11	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
229	2:01.30 L	F	Adrianne Meiring	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
230*	2:01.83 L	F	Morgan-Jane Moolman	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
230*	2:01.83 L S	F	Lea Van den Berg	11	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
232	2:01.91 L	F	Meziana Hammouche	11	MAKO ECU	12/10/2024	EGA Summer 2
233	2:02.06 L	F	Nienke Eksteen	11	VALS FDD	04/12/2024	Free State Champs 2024
234	2:02.12 L	F	Murunwa Thidiela	11	MAKO ECU	12/10/2024	EGA Summer 2
235	2:02.13 L	F	Leila Burden	11	BARR CPT	08/02/2025	WCA-B Champs - 2025
236	2:02.42 L	F	Mihanka vd Bank	11	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
237	2:02.45 L	F	Morgan Baard	11	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
238	2:02.62 L	F	Kari Moolman	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
239	2:03.08 L	F	Cato Erasmus	11	BLIZ TMD	04/12/2024	Free State Champs 2024
240	2:03.28 L	P	Jorja Petschel	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
241	2:03.78 L	F	Elmi Koen	11	ASAW CED	25/01/2025	Winelands JLfIn
242	2:03.87 L	P	Mariandi Bredenkamp	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
243	2:03.89 L	F	Reabetswe Raphuti	11	GHS BP	28/02/2025	NW School Championships 2025
244	2:03.93 L	F	Lize-Mari Cloete	11	BS LLD	18/02/2025	Inter Primary 2025
245	2:04.44 L	P	Helana Pretorius	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
246	2:05.11 L	P	Emilie Botha	11	JAQ ECU	05/12/2024	EGA Summer Championships
247	2:05.30 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
248	2:05.40 L	F	Emma Tait	11	SFSC CPT	22/02/2025	Swartland Invitational Gala 2025
249	2:05.42 L	F	Riandi Muller	11	SUN NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
250	2:06.17 L	F	Lindiwe Mothobi	11	SASE JHB	22/01/2025	Crusaders Night Gala 2

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
251	2:06.21 L	F	Anika Brand	11	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
252	2:06.51 L	P	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
253	2:06.61 L	F	Renelwe Tsunke	11	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
254	2:06.82 L	F	Lacey Hodgkinson	11	SWIFT ECU	01/02/2025	EGA Last Chance Gala
255	2:07.17 L	F	Ava Candiotas	11	HREF BP	09/11/2024	NWS Age Group 1 & 2 2024
256	2:07.24 L	F	Motheo Leshilo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
257	2:07.38 L	P	Mieke Pretorius	11	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
258	2:07.63 L	F	Ilanca Smuts	11	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
259	2:07.90 L	F	Daniella-Mohapi Lebogo	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
260	2:07.95 L	P	Maria De Klerk	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
261	2:08.00 L	F	Kharlyn Gysman	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
262	2:08.38 L S	F	Thalia Mbock Madjang	11	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
263	2:08.61 L	F	Karla Kriek	11	QSAW CED	25/01/2025	Winelands JLfin
264	2:09.23 L	F	Tabea Greyling	11	RFA TSH	13/09/2024	NTS September Age Group 2024
265	2:09.34 L	F	Rachel Johnson	11	BARA ECU	26/10/2024	Summer 3 Delville
266	2:09.43 L	F	Qhama-Qhamisa Gonya	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
267	2:09.92 L	F	Lisa Meyer	11	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
268	2:09.93 L	F	Lua Heyns	11	DDA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
269	2:10.25 L	F	Emma McCallum	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
270	2:10.91 L	F	Anje Louw	11	QUIC CPT	09/11/2024	Swartland Prestige Gala 2024
271	2:11.13 L	F	Lisa McEwan	11	UHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
272	2:11.15 L	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
273	2:11.51 L	F	Oratilwe Mokhatla	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
274	2:11.74 L	F	Kenzie Murugan	11	STSC KCD	01/03/2025	Provincial Level 1 Age Group
275	2:12.35 L	F	Mianke Lubbe	11	STGR XRD	19/10/2024	NCASA AGE GROUP 1 KBY 2024
276	2:12.78 L	P	Nika Loots	11	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs
277	2:13.12 L	F	Tshegofatso Kwadjo	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
278	2:13.23 L	F	Astrid Saul	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
279	2:13.33 L	F	Emily Henry	11	CA ECU	12/10/2024	EGA Summer 2
280	2:13.73 L	F	Ulfa Jaffa	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
281	2:14.02 L	P	Michaela Kröger	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
282	2:14.40 L	F	Zoe Joanides	11	BLNE MAN	25/10/2024	Neptunes Gala
283	2:14.73 L	F	Danelle Louw	11	BULS MAN	06/09/2024	Bull Sharks Annual Gala
284	2:15.26 L	F	Tamary Nsabuyera	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
285	2:15.35 L	F	Liane Jordaan	11	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
286*	2:15.40 L	F	Abigail Van der Westhuizen	11	CA ECU	26/10/2024	Summer 3 Delville
286*	2:15.40 L	F	Mckenzie Adams	11	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
288	2:15.61 L	F	Neo Chomba	11	BARA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
289	2:16.00 L	F	Cayla Senekal	11	TKS WBD	29/11/2024	Limpopo Champs 2024
290	2:16.57 L	P	Beulah vd Merwe	11	HREF BPD	07/12/2024	NWS Championships 2024
291	2:16.69 L	F	Milly Kriek	11	BEARS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
292	2:17.36 L	F	Emma Botha	11	AASC EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
293	2:18.28 L	F	Cleo Julius	11	KALA	23/11/2024	AGE GROUP 3 KATHU 2024
294	2:18.74 L	F	Mia du Plessis	11	OLS BP	28/02/2025	NW School Championships 2025
295	2:18.80 L	F	Nina Murray	11	DDA TSH	13/09/2024	NTS September Age Group 2024
296	2:18.95 L	P	Lehanri Cronje	11	NSAD EZD	29/11/2024	Mpumalanga Championships 2024
297	2:20.00 L	F	Lizé Labuschagne	11	TASC MPD	29/11/2024	Limpopo Champs 2024
298	2:21.80 L S	F	Mpho Kutumane	11	UWCO CPT	02/11/2024	CTA A & B CHAMPS 2024
299	2:22.22 L S	F	Mika Philander	11	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
300	2:22.96 L	F	Zete Adonis	11	PAQU CED	25/01/2025	Winelands JLfin
301	2:26.47 L	P	Asanele Mtolo	11	WSTV ETH	02/07/2024	Prestige Tournament 2024
302	2:27.89 L	F	Tshilidzi Rakhumba	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
303	2:29.32 L	P	Jana Pienaar	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
304	2:32.43 L	F	Kankolongo Kadima	11	ISSA NM	28/02/2025	NW School Championships 2025
305	2:41.80 L	F	Sophia Lamprecht	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
306	2:43.46 L	F	Lwandle Mnguni	11	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
307	2:44.00 L	F	Relebohile Khaoletsa	11	PELIC MAN	09/11/2024	Bull Sharks Gala
Women 11 - 11 200 Breast							
1	3:05.51 L	F	Ella Johnson	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	3:08.31 L	F	Hayley Greyvenstein	11	USC BUF	22/11/2024	BCA Long Course Championships 2024
3	3:12.67 L	F	Olivia Normington	11	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
4	3:14.60 L	F	Isabella Knight	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
5	3:16.91 L	F	Gianna Olivier	11	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024
6	3:17.05 L	F	Sophie Chiang	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
7	3:17.52 L	F	Lefei Li	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
8	3:18.17 L	F	Annebelle Botha	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
9	3:18.33 L	F	Ané Venter	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
10	3:19.09 L	F	Ashlynn Shaw	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT
11	3:20.00 L	F	Alivia Nel	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
12	3:22.55 L	F	Ashley Cilliers	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
13	3:22.88 L	P	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional Age Group
14	3:23.24 L	P	Jessica Steyn	11	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group
15	3:23.40 L	P	Cayleigh Knott	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
16	3:23.78 L	F	Annabelle Ras	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group
17	3:24.03 L	F	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
18	3:24.76 L	F	Kwicia Nchumali	11	CBM	26/03/2025	SA Level 3 Regional Age Group
19	3:27.47 L	F	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
20	3:28.52 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
21	3:29.24 L	P	Aria Benade	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
22	3:29.45 L	F	Kayla Coetzee	11	BS LLD	18/02/2025	Inter Primary 2025
23	3:29.68 L	P	Saskia Gilligan	11	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group
24	3:30.42 L	F	Marli Strydom	11	QUIC CPT	08/02/2025	WCA-B Champs - 2025
25	3:30.63 L	F	Leah Schemel	11	HARL BUF	02/11/2024	BCA November Age Group Gala SC
26	3:30.77 L	F	Gianna Onkruid	11	UWCA CPT	08/02/2025	WCA-B Champs - 2025
27	3:30.95 L	P	Kyra Du Preez	11	USC BUF	20/03/2025	SA Level 3 Regional Age Group
28	3:31.50 L	P	Miane Bendeman	11	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
29	3:31.80 L	F	Elke Coetsee	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
30	3:32.21 L	P	Pia Swanepoel	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
31	3:32.51 L	F	Isabel Smith	11	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
32	3:32.54 L	P	Tshegofatso Moabelo	11	BAS ECU	20/03/2025	SA Level 3 Champs 2025-NT
33	3:32.56 L	F	Sophia Duggan	11	PEAS NMA	31/01/2025	Infinity Gala 2025
34	3:32.62 L	P	Mambay Banza	11	UNI EZD	20/03/2025	SA Level 3 Champs 2025-NT
35	3:33.36 L	F	Tenley Fowler	11	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
36	3:34.11 L	F	Naomi Mahlangu	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025
37	3:34.76 L	F	Skyler Muller	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
38	3:34.79 L	P	Alexi Dandoulakis	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
39	3:34.80 L	P	Grace Johns	11	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group
40	3:34.88 L	F	Anzel Smit	11	EXP TSH	27/03/2025	SA Level 2 Champs 2025 EGA
41	3:35.22 L	F	Simone Zoutendyk	11	RBOT BPD	10/01/2025	2024 Grand Prix Invitation Swimming
42	3:35.99 L	P	Rachel Thompson	11	PSC TSH	20/03/2025	SA Level 3 Champs 2025-NT
43	3:36.32 L	F	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2 Champs 2025 EGA
44	3:36.97 L	F	Emma Gutsche	11	POLSC CCD	29/11/2024	Limpopo Champs 2024
45	3:37.12 L	F	Phelan Labuscagne	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
46	3:37.58 L	F	Ava Stevens	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
47	3:37.71 L	F	Zia-Bella Engelbrecht	11	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
48	3:38.34 L	F	Miané Prinsloo	11	ACAC CCD	12/10/2024	Limpopo Age Group 4
49	3:38.92 L	F	Lize Beyers	11	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
50	3:38.94 L	F	Demi Vorster	11	TUKS TSH	13/12/2024	NMBA Championships 2024
51	3:39.14 L	F	Emily Muijs	11	STAC CED	28/03/2025	SA Level 2 Regional Age Group Champs
52	3:39.50 L	F	Luze Potgieter	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
53	3:39.84 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
54	3:39.93 L S	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024
55	3:40.01 L	P	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
56	3:40.21 L	F	Reatile Ntidi	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
57	3:40.55 L	F	Zane Kroon	11	AGAQ OBD	08/02/2025	WCA-B Champs - 2025
58	3:40.56 L	F	Hannah Stearn	11	INFA NMA	16/11/2024	5th A League Gala 2024
59	3:41.33 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
60	3:41.72 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
61	3:42.69 L	P	Emma Ranger	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
62	3:43.30 L	F	Baylee-Rae Duffield	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
63	3:43.96 L S	F	Lexi Abrahamse	11	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
64	3:44.09 L	P	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional Age Group
65	3:44.62 L	F	Isabella Van Breda	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
66	3:45.04 L	F	Chelsey Crossman	11	BLSS MAN	27/09/2024	Seals Gala 2
67	3:45.13 L	F	Mienke Kemp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
68	3:45.18 L	P	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
69	3:45.48 L	P	Bukata Mwanza	11	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
70	3:45.56 L	P	Puleng Masemene	11	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
71	3:45.58 L	F	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
72	3:45.75 L	F	Catherine Sebastian	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs
73	3:45.78 L	F	Dine Vd Wal	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
74	3:46.17 L	F	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2 Champs 2025-EGA
75	3:46.43 L	F	Myra Bailey	11	RACE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
76	3:46.45 L	F	Janel Van der Merwe	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
77	3:46.89 L	F	Carla Swart	11	ASAC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
78	3:47.20 L	P	Catherine Couch	11	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT
79	3:47.26 L	F	Livi Engelbrecht	11	PAC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
80	3:47.27 L	F	Janel Van der Merwe	11	PRA GSD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
81	3:47.42 L	F	Miane Steyn	11	LEGC ETH	01/02/2025	KCDA Age Group 4 2024
82	3:48.74 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
83	3:49.35 L	P	Aphelele Shange	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
84	3:49.90 L	F	Maya Chelin	11	H2O ECU	27/03/2025	SA Level 2 Champs 2025-EGA
85	3:49.91 L	F	Beatrisa Kotklia	11	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
86	3:50.45 L	F	Kaylee Vd Wal	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
87	3:50.97 L	F	Willow Makwakwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA
88	3:51.22 L	F	Mieke Steinbach	11	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
89	3:51.34 L	F	Ymeri Wilken	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs
90	3:51.42 L	F	Alexi Claassen	11	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
91	3:51.67 L	P	Phoebe Josiah	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
92	3:52.42 L	F	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
93	3:52.75 L	F	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
94	3:52.80 L	P	Kyla Short	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
95	3:53.49 L	F	Nissi Mtetwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA
96	3:53.58 L	F	Engela Kloppe	11	USC BUF	22/11/2024	BCA Long Course Championships 2024
97	3:53.71 L	P	Sinakhokonke Bhengu	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
98	3:54.64 L	F	Wyllow Halse	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
99	3:55.11 L	F	Aryn Feris	11	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
100	3:55.13 L	P	Mika Vd Merwe	11	AWSC JHB	29/11/2024	CGA Championships 2024
101	3:55.81 L	F	Shalom Mtileni	11	UNIU EZD	27/03/2025	SA Level 2 Champs 2025-EGA
102	3:56.18 L	F	Alexia Botha	11	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
103	3:56.31 L	F	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
104	3:56.32 L	F	Mari-Hane Visser	11	KALA	06/12/2024	NCASA CHAMPS 2024
105	3:56.45 L	F	Sophia Ebrahim	11	ESP ECU	01/02/2025	EGA Last Chance Gala
106	3:57.03 L	F	Bianca Van Jaarsveld	11	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
107	3:57.11 L	F	Amani Sausi	11	AZON ETH	25/01/2025	uShaka Champs 2025
108	3:57.24 L	F	Emma Roets	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
109	3:57.28 L	F	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
110	3:57.39 L	F	Emily Van Der Byl	11	USC BUF	02/11/2024	BCA November Age Group Gala SC
111	3:57.72 L S	F	Erin Shekel	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
112	3:57.78 L	F	Oarerata Modiole	11	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
113	3:58.05 L	F	Danille De Jager	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
114	3:58.08 L	F	Morgan Baard	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
115	3:58.19 L	P	Darshana Pillay	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
116	3:58.37 L	F	Bailey Maralik	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
117	3:58.44 L	F	Olivia Berry	11	BEST NMA	31/01/2025	Infinity Gala 2025
118	3:59.50 L	F	Mieke Jordaan	11	KTS	08/02/2025	NCASA SPRINTS 2025
119	3:59.53 L	P	Izelda Meyer	11	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
120	4:00.67 L	F	Morgan Burstein	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
121	4:01.71 L	F	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
122	4:02.13 L	F	Legofi Modisapitse	11	BDF	27/03/2025	SA Level 2 Champs 2025 EGA
123	4:02.39 L S	F	Marizel Prinsloo	11	BS LLD	04/12/2024	Free State Champs 2024
124	4:03.36 L	P	Khera Murray	11	H2O ECU	05/12/2024	EGA Summer Championships
125	4:03.97 L	F	Tshegofatso Le Roux	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
126	4:04.21 L	F	Marlien Nell	11	GHS BP	28/02/2025	NW School Championships 2025
127	4:04.26 L	F	Nienke Eksteen	11	VALS FDD	28/03/2025	SA Level 2 Regional Age Group Champs
128	4:04.94 L	F	Kamila Mohapi	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025 EGA
129	4:05.39 L	F	Nduvho Rabambi	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
130	4:05.59 L	F	Isabelle de Beer	11	GHS BP	28/02/2025	NW School Championships 2025
131	4:06.04 L	F	Hayley Liedeman	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025
132	4:06.21 L	F	Razaanah Essex	11	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
133	4:06.93 L	F	Miele' Loftus	11	BULS MAN	14/02/2025	Neptune Last Chance Gala
134	4:07.02 L	F	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
135	4:07.56 L	F	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025-EGA
136	4:07.68 L	F	Emma Arendse	11	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
137	4:08.17 L	F	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
138	4:08.18 L	F	Kagiso Motuku	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA
139	4:08.81 L	F	Leah Brand	11	KNYA EDD	30/11/2024	Eden LC Champs 2024
140	4:08.92 L	F	Diante Bothma	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
141	4:09.00 L	F	Rebecca Symon	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
142	4:10.52 L	F	Pradhia Singh	11	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
143	4:11.87 L	F	Faythe Evans	11	RACE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
144	4:11.91 L	F	Carla Fourie	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
145	4:12.66 L	P	Beersheba Negash	11	BARA ECU	05/12/2024	EGA Summer Championships
146	4:15.85 L	F	Etti Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
147	4:16.28 L	F	Elmine Opperman	11	KTS	01/11/2024	UPINGTON PRESTIGE GALA 2024
148	4:16.50 L	F	Daniella Louw	11	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
149	4:16.84 L	F	Lea Van den Berg	11	SFSC CPT	02/11/2024	CTA A & B CHAMPS 2024
150	4:16.96 L	F	Mihanka vd Bank	11	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
151	4:18.31 L	F	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
152	4:19.11 L	F	Adrianne Meiring	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
153	4:19.16 L	F	Jane Tredoux	11	BLNE MAN	25/10/2024	Neptunes Gala
154	4:19.24 L	F	Jorja Petschel	11	HARL BUF	01/02/2025	BCA Feb Age Group Gala 2025
155	4:19.58 L	F	Emma McCallum	11	USC BUF	13/12/2024	NMBA Championships 2024
156	4:20.14 L	F	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA
157	4:22.46 L	P	Murunwa Thidiela	11	MAKO ECU	05/12/2024	EGA Summer Championships
158	4:25.56 L	F	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
159	4:25.80 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
160	4:27.73 L	F	Leah Vos	11	CSA EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
161	4:28.09 L	F	Ava Candiotes	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
162	4:28.48 L	F	Rachel Saltzman	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025 EGA
163	4:29.23 L	F	Khloe Mesquita	11	ANAX CPT	22/02/2025	Swartland Invitational Gala 2025
164	4:29.37 L S	F	Kirsten Schnehage	11	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
165	4:30.74 L	F	Lize-Mari Cloete	11	BS LLD	15/11/2024	Valsrivier Gala 2024
166	4:32.16 L	F	Dané Combrinck	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
167	4:32.94 L	F	Karla Kriek	11	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
168	4:32.98 L S	F	Lika Baird	11	HREF BPD	07/12/2024	NWS Championships 2024
169	4:34.19 L S	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
170	4:38.47 L	F	Liane Jordaan	11	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025
171	4:41.29 L	F	Cleo Julius	11	KALA	06/12/2024	NCASA CHAMPS 2024
172	4:44.41 L	F	Mianke Lubbe	11	GHSK	08/02/2025	NCASA SPRINTS 2025
173	4:45.32 L	F	Astrid Saul	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
174	4:45.39 L	F	Atsile Mogaleemang	11	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
175	4:47.83 L S	F	Reabetswe Raphuti	11	HARB BPD	07/12/2024	NWS Championships 2024
176	4:53.14 L	F	Anje Louw	11	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
177	4:55.24 L	F	Jana Pienaar	11	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
Women 11 - 11 50 Fly									
1	33.32 L	F	Alivia Nel	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT		
2	34.16 L	F	Olivia Geldart	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group		
3	34.29 L	F	Caro Bishop	11	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024		
4	34.33 L	F	Morgan Booysen	11	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group		
5	34.67 L	F	Keyla Douglas	11	ROA EDD	20/03/2025	SA Level 3 Regional Age Group		
6	35.23 L	F	Ella Johnson	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group		
7	35.67 L	F	Sage Lindsay	11	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
8	35.68 L	F	Arabella Symington	11	ACES ETH	26/03/2025	SA Level 3 Regional Age Group		
9	35.87 L	P	Chelsey Crossman	11	FSS	05/04/2025	SA Schools Swimming Championship		
10	36.00 L	F	Elke Coetsee	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group		
11*	36.11 L	F	Leah Kotze'	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
11*	36.11 L	P	Hayley Greyvenstein	11	USC BUF	25/04/2025	SA National Junior Age Grou-WCA		
13	36.15 L	P	Leah Dabrowski	11	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024		
14	36.19 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional Age Group		
15	36.28 L	P	Arabella Symington	11	KZNS	05/04/2025	SA Schools Swimming Championship		
16	36.38 L	F	Alexi Claassen	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
17	36.41 L	F	Mila Geldenhuis	11	ACAA CCD	29/11/2024	Limpopo Champs 2024		
18	36.51 L	F	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024		
19	36.65 L	F	Aiva Van der Zandt	11	NWS	05/04/2025	SA Schools Swimming Championship		
20	36.67 L	P	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
21	36.68 L	P	Lika Baird	11	NWS	05/04/2025	SA Schools Swimming Championship		
22	36.89 L	F	Janel Van der Merwe	11	UNI EZD	27/03/2025	SA Level 2 Champs 2025 EGA		
23	36.92 L	F	Sophia Duggan	11	PEAS NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
24	37.37 L	P	Mikayla Wilensky	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group		
25	37.54 L	P	Ané Venter	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group		
26	37.68 L	F	Layla Palframan	11	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group		
27*	37.88 L	F	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
27*	37.88 L	P	Layla Palframan	11	KZNS	05/04/2025	SA Schools Swimming Championship		
29	37.98 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional Age Group		
30	38.01 L	F	Chantel Van der Linde	11	VHD ZLD	11/01/2025	Uthukela District Age Group Gala		
31	38.35 L	F	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
32	38.61 L	P	Sophie Chiang	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
33	38.70 L	F	Mariane Labuschagne	11	FISH EDD	08/02/2025	WCA-B Champs - 2025		
34	38.74 L	P	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
35	38.75 L	P	Saskia Gilligan	11	BLMA CPT	20/03/2025	SA Level 3 Regional Age Group		
36	38.79 L	F	Emily Van Der Byl	11	USC BUF	02/11/2024	BCA November Age Group Gala 2024		
37	38.90 L	P	Yamakhuze Loni	11	INFA NMA	20/03/2025	SA Level 3 Regional Age Group		
38	38.97 L	F	Simone Zoutendyk	11	VASTR BPD	28/02/2025	NW School Championships 2025		
39	39.03 L	F	Mia (B) Venter	11	AWIN TSH	27/03/2025	SA Level 2 Champs 2025-EGA		
40	39.04 L	P	Jaime Sprong	11	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024		
41	39.05 L	P	Lize Beyers	11	AGAQ QBD	20/03/2025	SA Level 3 Regional Age Group		
42	39.07 L	F	Sophia Ebrahim	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA		
43	39.08 L	P	Jessica Caldeira	11	CRSC JHB	29/11/2024	CGA Championships 2024		
44	39.13 L	P	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
45	39.17 L	P	Dione Smit	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group		
46	39.19 L	F	Pia Swanepoel	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025		
47	39.32 L	P	Tatum Adams	11	PAQU CED	20/03/2025	SA Level 3 Regional Age Group		
48	39.34 L	P	Gianna Onkruid	11	UWCA CPT	20/03/2025	SA Level 3 Regional Age Group		
49	39.35 L	F	Jaime-Lynn Vermeulen	11	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025		
50	39.37 L	P	Olivia Normington	11	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024		
51	39.48 L	F	Demi Vorster	11	TUKS TSH	13/12/2024	NMBMA Championships 2024		
52	39.49 L	F	Lisa Le Roux	11	BLOT MAN	04/12/2024	Free State Champs 2024		
53*	39.50 L	P	Lefei Li	11	WATR JHB	29/11/2024	CGA Championships 2024		
53*	39.50 L	P	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional Age Group		
55*	39.75 L	F	Mieke Steinbach	11	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024		
55*	39.75 L	P	Lily Bailes	11	ECSA	05/04/2025	SA Schools Swimming Championship		
57	39.89 L	F	Maria Geyser	11	LSBOS WB	02/11/2024	Limpopo LS - Top 8 skole 2024		
58	39.91 L	F	Melissa Kleynhans	11	PGAC ECU	27/03/2025	SA Level 2 Champs 2025-EGA		

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
59	39.95 L	P	Kyra Du Preez	11	USC BUF	20/03/2025	SA Level 3 Regional	Age Group	
60	39.97 L	F	Catherine Sebastian	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
61	40.00 L	F	Gia Warby	11	PER JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
62	40.10 L	P	Isabel Helberg	11	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
63	40.19 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
64	40.21 L	P	Puleng Masemene	11	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT		
65	40.38 L	P	Kari Nel	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
66	40.55 L	F	Cayleigh Knott	11	ASAC CPT	08/02/2025	Winelands SL Final		
67	40.68 L	F	Colleen McQueen	11	BLSS MAN	26/03/2025	SA Level 3 Regional	Age Group	
68	40.70 L	F	Shalom Mtileni	11	UNIU EZD	11/10/2024	MP AGE GROUP 2	(11 - 11 OCT'24)	
69	40.98 L	F	Emily Daniels	11	XCEL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
70*	41.04 L	F	Carli Stoop	11	COMS TSH	13/09/2024	NTS September Age Group 2024		
70*	41.04 L	P	Bukata Mwanza	11	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT		
72	41.13 L	P	Beulah vd Merwe	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs		
73	41.20 L	P	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025	SA Level 3 Regional	Age Group	
74	41.23 L	P	Hannah Stearn	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group	
75*	41.46 L	P	Leanke Loots	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs		
75*	41.46 L	F	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional	Age Group	
77*	41.63 L	P	Mila Nel	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
77*	41.63 L	P	Gianna Olivier	11	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024		
79	41.74 L	P	Annebelle Botha	11	PER JHB	29/11/2024	CGA Championships 2024		
80	41.81 L	P	Emma Gibson-Taylor	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
81	41.84 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
82	41.87 L	F	Zeney De Beer	11	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER		
83	41.96 L	F	Bela Davis-Taylor	11	COLJ NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st		
84	41.97 L	P	Anzel Smit	11	EXP TSH	27/03/2025	SA Level 2	Champs 2025-EGA	
85	42.09 L	F	Zanenkosi Ndlovu	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA		
86	42.13 L	F	Janel Van der Merwe	11	PRA GSD	25/01/2025	uShaka Champs 2025		
87	42.18 L	P	Isabella Van Breda	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs		
88*	42.26 L	F	Reatile Ntidi	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs		
88*	42.26 L	P	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs		
90	42.27 L	P	Bianca Van Jaarsveld	11	TYGE CPT	20/03/2025	SA Level 3 Regional	Age Group	
91*	42.35 L	F	Miane Bendeman	11	SS MPD	29/11/2024	Limpopo Champs 2024		
91*	42.35 L	P	Tshegofatso Moabelo	11	BAS ECU	20/03/2025	SA Level 3 Champs 2025-NT		
93	42.38 L	P	Leah Schemel	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025		
94	42.48 L	P	Catherine Couch	11	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT		
95	42.60 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
96	42.65 L	F	Amy-Lee Wood	11	TCA ECU	18/01/2025	EGA Summer 5		
97	42.90 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025		
98*	42.97 L	F	Khloe Mesquita	11	ANAX CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
98*	42.97 L	P	Kayden Jack	11	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
100	42.98 L	F	Lilly-Mae Smith	11	SOUL ECU	05/12/2024	EGA Summer Championships		
101	43.02 L	P	Naomi Mahlangu	11	BLMA CPT	20/03/2025	SA Level 3 Regional	Age Group	
102	43.09 L	F	Esther Lubbe	11	HARV NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st		
103	43.15 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025		
104	43.22 L	F	Jane Tredoux	11	UPS NMA	18/02/2025	Inter Primary 2025		
105	43.23 L	F	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
106	43.26 L	P	Rachel De Fleuriot	11	SEALE ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
107	43.53 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN		
108	43.54 L	P	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
109	43.57 L	F	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025		
110	43.58 L	F	Nduvho Rabambi	11	BULS MAN	04/12/2024	Free State Champs 2024		
111	43.59 L	F	Emma Du Toit	11	BLOT MAN	04/12/2024	Free State Champs 2024		
112	43.64 L	F	Kirsti Davids	11	GREY CPT	08/02/2025	WCA-B Champs - 2025		
113	43.69 L	F	Amber Gewer	11	MDOL JHB	29/11/2024	CGA Championships 2024		
114	43.77 L	F	Jessieka Faul	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025		
115*	43.82 L	P	Harley Knudsen	11	PGAC ECU	20/03/2025	SA Level 3 Champs 2025-NT		
115*	43.82 L	P	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
117*	43.91 L	P	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2	Champs 2025-EGA	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
117*	43.91 L	P	Diante Bothma	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
119	44.02 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
120	44.03 L	F	Annique Bester	11	AGAQ OBD	08/02/2025	WCA-B Champs - 2025
121	44.24 L	F	Jeanine Goosen	11	BLNE MAN	14/02/2025	Neptune Last Chance Gala
122	44.47 L	F	Murunwa Thidiela	11	MAKO ECU	12/10/2024	EGA Summer 2
123	44.56 L	F	Kayla Coetzee	11	BS LLD	18/02/2025	Inter Primary 2025
124	44.63 L	P	Mackenzi Dart	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
125	44.70 L	P	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA
126	44.82 L	P	Lynette Rust	11	RFA TSH	27/03/2025	SA Level 2 Champs 2025-EGA
127	45.03 L	P	Marli Strydom	11	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group
128*	45.37 L	F	Morgan Burstein	11	TUKS TSH	13/09/2024	NTS September Age Group 2024
128*	45.37 L	F	Lizanté Bam	11	BLSS MAN	04/12/2024	Free State Champs 2024
130	45.46 L	P	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
131	45.47 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
132	45.48 L	F	Leila Burden	11	BARR CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
133	45.64 L	F	Heili Van Heerden	11	BETH FDD	15/11/2024	Valsrivier Gala 2024
134	45.84 L	F	Lienke Bester	11	HREF BPD	07/12/2024	NWS Championships 2024
135	45.97 L	F	Engela Klopper	11	USC BUF	13/12/2024	NMBA Championships 2024
136	46.07 L	P	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
137	46.19 L	P	Etti Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025-EGA
138	46.22 L	F	Ella Niven	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
139	46.59 L	F	Alexa Kibel	11	ORCA ECU	26/10/2024	Summer 3 Delville
140	46.60 L	F	Aria Benade	11	SAAW CPT	22/02/2025	Swartland Invitational Gala 2025
141	46.63 L	F	Zane Kroon	11	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
142	46.66 L	P	Mambay Banza	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
143	46.74 L	P	Emma Roets	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
144	46.75 L	F	Erin Shekel	11	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
145	46.80 L	F	Cato Erasmus	11	BLIZ TMD	01/03/2025	Provincial Level 1 Age Group
146	47.03 L	P	Qhama-Qhamisa Gonya	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
147	47.09 L	F	Mieke Moolman	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
148*	47.10 L	F	Tlotlotsame Makatiers	11	RBOT BPD	07/12/2024	NWS Championships 2024
148*	47.10 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
150	47.15 L	P	Isabel Smith	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
151	47.18 L	F	Zaan Van Goeverden	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
152	47.21 L	F	Yolayne Aucamp	11	TNDER FDD	04/12/2024	Free State Champs 2024
153	47.30 L	F	Kyla Short	11	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
154	47.33 L	F	Astrid Saul	11	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
155	47.53 L	P	Emma Ranger	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
156	47.55 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
157	47.57 L	F	Emma Gutsche	11	POLSC CCD	29/11/2024	Limpopo Champs 2024
158	47.59 L	F	Lebogang Maredi	11	SS MPD	09/11/2024	Limpopo Age Group 5
159*	47.62 L	P	Skyler Muller	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
159*	47.62 L	P	Ella Arnold	11	SASE JHB	29/11/2024	CGA Championships 2024
161	47.63 L	F	Kamila Mohapi	11	ESTR ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
162	47.64 L	P	Lianka Spies	11	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
163	47.74 L	P	Emma McCallum	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
164	47.89 L	F	Inge Jv Vuuren	11	SS MPD	01/02/2025	Limpopo School Champs & Limpopo AG
165	48.07 L	F	Mieke Jordaan	11	KTS	06/12/2024	NCASA CHAMPS 2024
166*	48.11 L	P	Sinakhokonke Bhengu	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
166*	48.11 L	P	Myra Bailey	11	RACE JHB	29/11/2024	CGA Championships 2024
168	48.16 L	P	Lusanele Qusheka	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
169	48.48 L	F	Ymeri Wilken	11	BS LLD	18/02/2025	Inter Primary 2025
170	48.49 L	F	Miané Prinsloo	11	LPTBO CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
171	49.33 L	F	Jaunté Duvenage	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
172	49.38 L	F	Hayley Downs	11	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
173	49.57 L	F	Kari Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
174	49.66 L	P	Khera Murray	11	H2O ECU	05/12/2024	EGA Summer Championships
175	49.74 L	F	Tshegofatso Le Roux	11	CASC CPT	08/02/2025	WCA-B Champs - 2025
176	49.79 L	P	Marlien Nell	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
177	49.81 L	F	Anchen Schoeman	11	BS LLD	01/02/2025	Heidedal & Sentraal Galal
178	49.84 L	P	Riley Fourie	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
179	49.88 L	F	Leané Bruwer	11	SWAR WCD	08/02/2025	WCA-B Champs - 2025
180	50.21 L	F	Wyllow Halse	11	USC BUF	13/12/2024	NMBA Championships 2024
181*	50.25 L	P	Leah Botha	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
181*	50.25 L	F	Daniella Louw	11	BLOT MAN	09/11/2024	Bull Sharks Gala
183	50.26 L	P	Danelle Louw	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
184	50.33 L	P	Elle Lingerfelder	11	QUES JHB	29/11/2024	CGA Championships 2024
185	50.38 L	F	Mari Haasbroek	11	EXP TSH	01/02/2025	EGA Last Chance Gala
186*	50.41 L	P	Janke Bresler	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
186*	50.41 L	F	Leah Meszaros	11	QUES JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
188	50.49 L	P	Mieke Pretorius	11	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
189	50.61 L	P	Ava Du Preez	11	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
190	50.69 L	P	Adison Gericke	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
191	51.06 L	P	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
192	51.14 L	F	Reabetswe Raphuti	11	GHS BP	28/02/2025	NW School Championships 2025
193	51.20 L	F	Caitlin Byliefeldt	11	MAKO ECU	12/10/2024	EGA Summer 2
194	51.32 L	F	Lexi Abrahamse	11	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
195	51.55 L	P	Lacey Hodgkinson	11	SWIFT ECU	05/12/2024	EGA Summer Championships
196	51.56 L	F	Meziana Hammouche	11	MAKO ECU	26/10/2024	Summer 3 Delville
197	51.63 L	F	Emma Arendse	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
198	51.79 L	F	Ulfa Jaffa	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
199	51.80 L	P	Jorja Petschel	11	HARL BUF	28/03/2025	SA Level 2 Regional Age Group Champs
200	51.84 L	P	Aryn Feris	11	NSFD	27/03/2025	SA Level 2 Champs 2025 EGA
201	51.97 L	P	Maya Chelin	11	H2O ECU	27/03/2025	SA Level 2 Champs 2025 EGA
202	51.98 L	F	Lea Swart	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024
203	52.00 L	F	Emme Wessels	11	BS LLD	18/02/2025	Inter Primary 2025
204	52.05 L	F	Jaydine Fortein	11	CSA EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
205	52.20 L	P	Nina le Cordeur	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025-EGA
206	52.24 L	F	Lienke Rossouw	11	LALE CED	09/11/2024	Winelands SL4
207	52.34 L	P	Ditebogo Pheeha	11	ACAA CCD	27/03/2025	SA Level 2 Champs 2025 EGA
208	52.36 L	F	Nika Loots	11	PELIC MAN	01/02/2025	Heidedal & Sentraal Galal
209	52.56 L	F	Zoe Joanides	11	BLNE MAN	19/10/2024	Pelicans Gala 2
210	52.65 L	F	Fozia Martin	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
211	52.68 L	P	Helana Pretorius	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
212	52.90 L	P	Rachel Saltzman	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA
213	53.12 L	F	Mika Vd Merwe	11	AWSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
214	53.17 L	F	Morgan Baard	11	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
215	53.24 L	F	Isabelle de Beer	11	HREF BPD	07/12/2024	NWS Championships 2024
216	53.37 L	F	Taylor Crous	11	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials
217	53.81 L	F	Motheo Leshilo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
218	53.86 L	F	Marizel Prinsloo	11	BS LLD	04/12/2024	Free State Champs 2024
219	53.87 L	P	Beersheba Negash	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
220	53.98 L	F	Shekinah Ikedachi	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
221	54.06 L	F	Elmine Opperman	11	KTS	08/02/2025	NCASA SPRINTS 2025
222	54.15 L	F	Emily Muijs	11	STAQ CED	22/02/2025	Swartland Invitational Gala 2025
223	54.28 L	F	Nienke Eksteen	11	VALS FDD	01/02/2025	Heidedal & Sentraal Galal
224	54.30 L	F	Aishah Bingudza	11	NGU TSH	13/09/2024	NTS September Age Group 2024
225	54.82 L	F	Pradhia Singh	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
226	55.06 L	P	Mariandi Bredenkamp	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
227	55.21 L	P	Miele' Loftus	11	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
228	55.43 L	F	Cari Kriel	11	LALE CED	08/02/2025	WCA-B Champs - 2025
229	55.72 L	F	Tenley Fowler	11	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
230*	55.78 L	F	Atipa-Ishe Mubuyayi	11	AQUA BUF	22/11/2024	BCA Long Course Championships 2024
230*	55.78 L	F	Lily Marais	11	FISH EDD	30/11/2024	Eden LC Champs 2024
232	55.80 L	P	Leah Vos	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
233	56.03 L	P	Gemma Heugh	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
234	56.19 L	P	Atipha-Ishe Mubuyzyi	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
235	56.24 L	F	Phelan Labuscagne	11	QUES JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	56.41 L	F	Mia De Lange	11	UNIC CDD	02/11/2024	Limpopo LS - Top 8 skole 2024
237	56.45 L	F	Tabea Greyling	11	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
238	56.76 L	F	Tshegofatso Kwadjo	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
239	57.09 L	F	Baylee-Rae Duffield	11	CRSC JHB	22/01/2025	Crusaders Night Gala 2
240	57.21 L	F	Atsile Mogaleemang	11	MAHD NMD	23/11/2024	NWS Age Group 3 + 4 2024
241	57.29 L	F	Lisa Meyer	11	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
242	57.51 L	F	Alexia Botha	11	KALA	06/12/2024	NCASA CHAMPS 2024
243	58.07 L	F	Hayley Liedeman	11	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
244	58.08 L	F	Nathalie Naude	11	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
245	58.09 L	P	Zoe Billie	11	MPS NGD	03/02/2025	Buffalo City Primary School Trials 2025
246	58.25 L	F	Botshelo Rampana	11	PELIC MAN	14/02/2025	Neptune Last Chance Gala
247	58.36 L	F	Mihanka vd Bank	11	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
248	58.62 L	F	Liane Jordaan	11	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
249	58.71 L	P	Mia Schraader	11	SOUL EKU	05/12/2024	EGA Summer Championships
250	58.77 L	F	Kirsten Schnehage	11	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
251	58.97 L	P	Emma Swanepoel	11	MPS NGD	03/02/2025	Buffalo City Primary School Trials 2025
252	59.49 L	F	Alyssa Bosch	11	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
253	1:00.07 L	F	Mika Philander	11	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
254	1:00.48 L	F	Lilly Rautenbach	11	ANAX CPT	22/02/2025	Swartland Invitational Gala 2025
255	1:00.60 L	F	Zete Adonis	11	PAQU CED	25/01/2025	Winelands JLfin
256	1:00.65 L	P	Ava Stevens	11	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
257	1:01.03 L	P	Kharlyn Gysman	11	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
258	1:01.08 L	F	Emily Fryer	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
259	1:01.37 L	P	Dané Combrinck	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
260	1:02.09 L	F	Adrianne Meiring	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
261	1:02.49 L	F	Roxanne Hautmann	11	RBUR BPD	18/01/2025	EGA Summer 5
262	1:02.56 L	F	Mckenzie Adams	11	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
263	1:02.72 L	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
264	1:02.93 L	F	Abigail Van der Westhuizen	11	CA EKU	01/02/2025	EGA Last Chance Gala
265	1:03.12 L	F	Kagiso Motuku	11	PGAC EKU	18/01/2025	EGA Summer 5
266	1:03.61 L	F	Leandi Van der Westhuizen	11	QSAW CED	25/01/2025	Winelands JLfin
267	1:04.20 L	F	Rachel Thompson	11	DSG NMA	22/02/2025	Eastern Cape School Provincial Trials
268	1:04.51 L	P	Asanele Mtolo	11	WSTV ETH	02/07/2024	Prestige Tournament 2024
269	1:04.55 L	F	Danille De Jager	11	OLDE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
270	1:04.65 L	F	Tshilidzi Rakhumba	11	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
271	1:04.70 L	F	Marné Truter	11	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
272	1:05.06 L	F	Leah Brand	11	KNYA EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
273	1:05.51 L	F	Ava Candiotes	11	HREF BPD	07/12/2024	NWS Championships 2024
274	1:05.62 L	F	San-Mari de Jager	11	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
275	1:05.78 L	F	Reneilwe Tsunke	11	BLOT MAN	04/12/2024	Free State Champs 2024
276	1:06.68 L S	F	Lea Van den Berg	11	SFSC CPT	21/09/2024	CTA INVITATIONAL LC MEET
277	1:07.65 L	F	Cayla Senekal	11	LSJM SKD	02/11/2024	Limpopo LS - Top 8 skole 2024
278	1:07.69 L	F	Adelle Luttig	11	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
279	1:08.08 L	F	Riandi Muller	11	SUN NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
280	1:08.68 L	F	Thabelo Ntjana	11	WSS LLD	25/10/2024	Neptunes Gala
281	1:09.62 L	F	Mienke Kemp	11	TNDER FDD	15/11/2024	Valsrivier Gala 2024
282	1:09.69 L	F	Ava Diedericks	11	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
283	1:11.24 L	F	Relebohile Khaoletsa	11	PELIC MAN	19/10/2024	Pelicans Gala 2
284	1:12.59 L	F	Tshegofa Tau	11	CPSC TSH	13/09/2024	NTS September Age Group 2024
285	1:16.30 L	F	Anke Pretorius	11	STELL RMD	23/11/2024	NWS Age Group 3 + 4 2024
286	1:16.69 L	F	Neo Chomba	11	BARA EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
287	1:25.48 L	F	Kankolongo Kadima	11	ISSA NM	28/02/2025	NW School Championships 2025
288	1:29.93 L	F	Mia Lessing	11	BETH FDD	01/03/2025	Provincial Level 1 Age Group
Women 11 - 11 100 Fly							
1	1:17.28 L S	F	Caro Bishop	11	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	1:17.79 L	F	Ella Johnson	11	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
3	1:19.35 L	F	Mikayla Wilensky	11	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
4	1:19.87 L	F	Arabella Symington	11	KZNS	05/04/2025	SA Schools Swimming Championship
5	1:20.14 L	F	Alivia Nel	11	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
6	1:20.32 L	F	Arabella Symington	11	ACES ETH	26/03/2025	SA Level 3 Regional	Age Group	
7	1:20.95 L S	F	Cayden Parfitt	11	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024		
8	1:22.62 L S	F	Keyla Douglas	11	ROA EDD	05/12/2024	Western Cape LC-A Championship 2024		
9	1:23.99 L	F	Hannah Raphaela Morgado	11	CSA EZD	26/03/2025	SA Level 3 Regional	Age Group	
10	1:24.27 L	P	Olivia Normington	11	WCS	05/04/2025	SA Schools Swimming Championship		
11	1:24.38 L	P	Alexi Claassen	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
12	1:25.29 L	F	Hayley Greyvenstein	11	USC BUF	22/11/2024	BCA Long Course Championships 2024		
13	1:25.86 L	F	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group	
14	1:26.29 L	P	Tatum Adams	11	PAQU CED	20/03/2025	SA Level 3 Regional	Age Group	
15	1:27.40 L	F	Simone Zoutendyk	11	RBOT BPD	20/03/2025	SA Level 3 Champs 2025-NT		
16	1:27.46 L	F	Chelsey Crossman	11	FSS	05/04/2025	SA Schools Swimming Championship		
17	1:27.63 L	F	Siphwosethu Sikhakhane	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
18	1:28.67 L	F	Chantel Van der Linde	11	SEAL UMD	26/03/2025	SA Level 3 Regional	Age Group	
19	1:31.78 L	F	Leanke Loots	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs		
20	1:31.79 L S	P	Jaime Sprong	11	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024		
21	1:31.98 L	F	Holly Couzens	11	SGUL ETH	26/03/2025	SA Level 3 Regional	Age Group	
22	1:32.16 L	F	Lika Baird	11	NWS	05/04/2025	SA Schools Swimming Championship		
23	1:32.41 L	P	Pia Swanepoel	11	ASAC CPT	20/03/2025	SA Level 3 Regional	Age Group	
24	1:33.28 L	F	Kyra Du Preez	11	USC BUF	13/12/2024	NMBA Championships 2024		
25	1:33.43 L	P	Hayden Perrins	11	GREY CPT	20/03/2025	SA Level 3 Regional	Age Group	
26	1:33.65 L	F	Mila Geldenhuys	11	ACAC CCD	20/03/2025	SA Level 3 Champs 2025-NT		
27	1:33.86 L	F	Layla Palframan	11	SEAL UMD	26/03/2025	SA Level 3 Regional	Age Group	
28	1:34.38 L	F	Gianna Olivier	11	PAQU CED	08/02/2025	Winelands SL Final		
29	1:34.66 L	F	Morgan Booysen	11	PSCP UMD	26/03/2025	SA Level 3 Regional	Age Group	
30	1:35.59 L	P	Amy-Lee Wood	11	TCA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
31	1:35.83 L	F	Isabel Helberg	11	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming		
32	1:36.89 L S	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024		
33	1:37.20 L	P	Ané Venter	11	FISH EDD	20/03/2025	SA Level 3 Regional	Age Group	
34	1:37.80 L	P	Layla Palframan	11	KZNS	05/04/2025	SA Schools Swimming Championship		
35	1:38.61 L	P	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
36	1:38.68 L	F	Marli Strydom	11	QUIC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
37	1:39.74 L	F	Janel Van der Merwe	11	UNI EZD	27/03/2025	SA Level 2 Champs 2025-EGA		
38	1:39.89 L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional	Age Group	
39	1:40.74 L	F	Mariane Labuschagne	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025		
40	1:40.83 L	F	Shalom Mtileni	11	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)		
41	1:41.09 L	F	Leah Schemel	11	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025		
42	1:41.71 L S	F	Jane Tredoux	11	BLNE MAN	04/12/2024	Free State Champs 2024		
43	1:43.05 L	P	Kethelo Mkhize	11	USH KCD	31/03/2025	SA Level 2 Champs 2025-KZN		
44	1:43.14 L	F	Bianca Van Jaarsveld	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025		
45	1:43.99 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
46	1:44.40 L S	F	Yamakhuze Loni	11	INFA NMA	17/01/2025	6th A League Gala 2025		
47	1:45.08 L	F	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA		
48	1:45.52 L	F	Emma McCallum	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
49	1:45.79 L	F	Zanenkosi Ndlovu	11	BASA	27/03/2025	SA Level 2 Champs 2025 EGA		
50	1:47.17 L	F	Gia Warby	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
51	1:49.03 L S	F	Erin Shekel	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
52	1:49.38 L	F	Bukata Mwanza	11	ESP ECU	05/12/2024	EGA Summer Championships		
53	1:50.45 L	F	Reatile Ntidi	11	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024		
54	1:51.17 L	F	Lianka Spies	11	GHS BP	28/02/2025	NW School Championships 2025		
55	1:51.75 L	F	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2 Champs 2025-EGA		
56	1:55.09 L	F	Sophia Ebrahim	11	ESP ECU	01/02/2025	EGA Last Chance Gala		
57	1:55.53 L	F	Kayla Coetzee	11	BS LLD	18/02/2025	Inter Primary 2025		
58	1:55.82 L	F	Wyllow Halse	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
59	1:57.12 L	F	Meziana Hammouche	11	MAKO ECU	12/10/2024	EGA Summer 2		
60	1:57.95 L	F	Miane Bendeman	11	SS MPD	29/11/2024	Limpopo Champs 2024		
61	1:58.00 L	F	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025-EGA		
62	1:58.33 L	F	Kyla Short	11	ESP ECU	12/10/2024	EGA Summer 2		
63	2:00.68 L	F	Mieke Jordaan	11	KTS	06/12/2024	NCASA CHAMPS 2024		
64	2:00.70 L	F	Ditebogo Pheeha	11	ACAC CCD	29/11/2024	Limpopo Champs 2024		

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

Time		P/F/S	Name	Age/Yr	
65	2:02.12 L S	F	Nduvho Rabambi	11	BULS MAN 04/12/2024 Free State Champs 2024
66	2:10.25 L	F	Ava Du Preez	11	BEAV ETH 14/06/2024 AQZ Winter Warmer 2024
Women 11 - 11 200 Fly					
1	4:02.85 L	F	Janel Van der Merwe	11	UNI EZD 14/02/2025 MP AGE GROUP 6 GALA 14-15
Women 11 - 11 200 IM					
1	2:47.14 L	F	Olivia Geldart	11	INFA NMA 20/03/2025 SA Level 3 Regional Age Group
2	2:49.65 L	F	Ella Johnson	11	SAAW CPT 05/12/2024 Western Cape LC-A Championship 2024
3	2:52.04 L	F	Sage Lindsay	11	CA EKU 20/03/2025 SA Level 3 Champs 2025-NT
4	2:54.17 L	P	Arabella Symington	11	KZNS 05/04/2025 SA Schools Swimming Championship
5	2:54.51 L	P	Leah Dabrowski	11	BLMA CPT 05/12/2024 Western Cape LC-A Championship 2024
6	2:54.69 L	F	Hayley Greyvenstein	11	USC BUF 01/02/2025 BCA Feb Age Group Gala 2025
7	2:54.81 L	F	Arabella Symington	11	ACES ETH 26/03/2025 SA Level 3 Regional Age Group
8	2:54.84 L	F	Caro Bishop	11	VINE CPT 02/11/2024 CTA A & B CHAMPS 2024
9	2:55.53 L	F	Olivia Normington	11	WCS 05/04/2025 SA Schools Swimming Championship
10	2:56.43 L	F	Alexi Claassen	11	TUKS TSH 20/03/2025 SA Level 3 Champs 2025-NT
11	2:57.22 L	F	Alivia Nel	11	CRSC JHB 20/03/2025 SA Level 3 Champs 2025-NT
12	2:58.22 L	F	Ané Venter	11	FISH EDD 20/03/2025 SA Level 3 Regional Age Group
13	2:58.77 L	F	Sophie Chiang	11	WATR JHB 20/03/2025 SA Level 3 Champs 2025-NT
14	2:59.76 L	P	Elke Coetsee	11	FISH EDD 20/03/2025 SA Level 3 Regional Age Group
15	3:01.00 L	P	Gianna Olivier	11	PAQU CED 20/03/2025 SA Level 3 Regional Age Group
16	3:01.47 L	F	Grace Johns	11	OHAN ILD 26/03/2025 SA Level 3 Regional Age Group
17	3:03.39 L	P	Tatum Adams	11	PAQU CED 20/03/2025 SA Level 3 Regional Age Group
18	3:03.49 L	F	Demi Vorster	11	TUKS TSH 13/12/2024 NMBA Championships 2024
19	3:03.71 L	P	Saskia Gilligan	11	BLMA CPT 05/12/2024 Western Cape LC-A Championship 2024
20	3:04.44 L	F	Hannah Raphaela Morgado	11	CSA EZD 29/11/2024 Mpumalanga Championships 2024
21	3:04.75 L	F	Keyla Douglas	11	ROA EDD 17/08/2024 Madibaz Swim Meet 2024
22	3:04.93 L	P	Simone Zoutendyk	11	RBOT BPD 20/03/2025 SA Level 3 Champs 2025-NT
23	3:05.79 L	P	Mikayla Wilensky	11	ASAC CPT 05/12/2024 Western Cape LC-A Championship 2024
24	3:06.28 L	P	Ashley Cilliers	11	WATR JHB 20/03/2025 SA Level 3 Champs 2025-NT
25	3:07.76 L	P	Hayden Perrins	11	GREY CPT 20/03/2025 SA Level 3 Regional Age Group
26	3:08.17 L	P	Colleen McQueen	11	BLSS MAN 26/03/2025 SA Level 3 Regional Age Group
27	3:08.34 L	F	Chelsey Crossman	11	BLSS MAN 04/12/2024 Free State Champs 2024
28	3:08.66 L	P	Jessica Caldeira	11	CRSC JHB 20/03/2025 SA Level 3 Champs 2025-NT
29	3:08.89 L	P	Pia Swanepoel	11	ASAC CPT 20/03/2025 SA Level 3 Regional Age Group
30	3:09.58 L	P	Mila Geldenhuys	11	ACAQ CCD 20/03/2025 SA Level 3 Champs 2025-NT
31	3:10.07 L	P	Kari Nel	11	TUKS TSH 27/03/2025 SA Level 2 Champs 2025-EGA
32	3:10.76 L	P	Tshegofatso Moabelo	11	BAS EKU 20/03/2025 SA Level 3 Champs 2025-NT
33	3:11.30 L	P	Annebelle Botha	11	PER JHB 29/11/2024 CGA Championships 2024
34	3:11.62 L	F	Kyra Du Preez	11	USC BUF 13/07/2024 1st A League Gala 2024
35	3:11.66 L	P	Marli Strydom	11	QUIC CPT 20/03/2025 SA Level 3 Regional Age Group
36	3:11.82 L	F	Lisa Le Roux	11	BLOT MAN 04/12/2024 Free State Champs 2024
37	3:12.38 L	F	Lienke Bester	11	HREF BPD 07/12/2024 NWS Championships 2024
38*	3:12.52 L	P	Mila Nel	11	TUKS TSH 20/03/2025 SA Level 3 Champs 2025-NT
38*	3:12.52 L	F	Chantel Van der Linde	11	VHD ZLD 25/01/2025 uShaka Champs 2025
40	3:12.96 L	F	Mackenzi Dart	11	USC BUF 13/12/2024 NMBA Championships 2024
41	3:13.08 L	F	Siphwosethu Sikhakhane	11	AZON ETH 31/03/2025 SA Level 2 Champs 2025-KZN
42	3:13.21 L	P	Kwicia Nchumali	11	CBM 26/03/2025 SA Level 3 Regional Age Group
43	3:13.32 L	F	Morgan Booysen	11	PSCP UMD 26/03/2025 SA Level 3 Regional Age Group
44	3:13.57 L	P	Lefei Li	11	WATR JHB 29/11/2024 CGA Championships 2024
45	3:14.07 L	P	Amy-Lee Wood	11	TCA EKU 20/03/2025 SA Level 3 Champs 2025-NT
46	3:14.08 L	P	Cayden Parfitt	11	CASC CPT 05/12/2024 Western Cape LC-A Championship 2024
47	3:14.22 L	P	Hannah Stearn	11	INFA NMA 20/03/2025 SA Level 3 Regional Age Group
48	3:14.23 L	P	Jaime Sprong	11	ASAC CPT 05/12/2024 Western Cape LC-A Championship 2024
49	3:14.35 L	F	Courtney Grant	11	ACES ETH 02/07/2024 Prestige Tournament 2024
50	3:14.37 L	P	Leah Schemel	11	HARL BUF 20/03/2025 SA Level 3 Regional Age Group
51	3:14.54 L	F	Jaime-Lynn Vermeulen	11	HARL BUF 22/02/2025 Eastern Cape School Provincial Trials
52	3:14.65 L	F	Kyla Short	11	ESP EKU 26/10/2024 Summer 3 Delville
53	3:14.73 L	P	Holly Couzens	11	SGUL ETH 26/03/2025 SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
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	Time	P/F/S	Name	Age/Yr					
54*	3:14.87 L	P	Zia-Bella Engelbrecht	11	HTSA CPT	20/03/2025	SA Level 3 Regional	Age Group	
54*	3:14.87 L	F	Emma Ranger	11	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs		
56	3:15.22 L	P	Makayla Stoltz	11	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT		
57	3:15.31 L	F	Mieke Steinbach	11	NWUC KKD	07/12/2024	NWS Championships 2024		
58	3:16.26 L	F	Isabel Smith	11	HARL BUF	22/02/2025	Eastern Cape School	Provincial Trials	
59	3:16.61 L	F	Sophia Duggan	11	PEAS NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
60	3:16.87 L	F	Maria Geyser	11	ELRAS WBD	29/11/2024	Limpopo Champs 2024		
61	3:16.92 L	P	Alexa Kuhn	11	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group	
62	3:17.47 L	F	Janel Van der Merwe	11	UNI EZD	27/03/2025	SA Level 2	Champs 2025-EGA	
63	3:17.92 L	P	Emily Daniels	11	XCEL CPT	20/03/2025	SA Level 3 Regional	Age Group	
64	3:18.01 L	P	Willow Makwakwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025	EGA	
65	3:18.17 L	P	Lheané Du Plessis	11	FISH EDD	20/03/2025	SA Level 3 Regional	Age Group	
66	3:18.45 L	P	Yamakhuze Loni	11	INFA NMA	20/03/2025	SA Level 3 Regional	Age Group	
67	3:18.53 L	F	Lize Beyers	11	AGAQ QBD	17/10/2024	43rd Freda Barnard Invitational Gala		
68	3:18.56 L	P	Ashlynn Shaw	11	PAC TSH	20/03/2025	SA Level 3 Champs 2025-NT		
69	3:18.78 L	F	Jorja Adelaine	11	AA JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
70	3:19.13 L	F	Olivia Berry	11	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs		
71	3:19.16 L	F	Mamoso Ramokgopa	11	TKS WBD	27/03/2025	SA Level 2 Champs 2025	EGA	
72	3:19.45 L	F	Willow Coleman	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN		
73	3:19.70 L S	F	Bianca Van Jaarsveld	11	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
74	3:20.20 L	P	Gianna Onkruid	11	UWCA CPT	20/03/2025	SA Level 3 Regional	Age Group	
75	3:20.57 L	P	Morgan Burstein	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
76	3:20.65 L	F	Ella Arnold	11	SASE JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
77	3:20.72 L	P	Isabella Knight	11	WATR JHB	29/11/2024	CGA Championships 2024		
78	3:20.84 L	P	Amber Gewer	11	MDOL JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
79	3:20.95 L	F	Isabella Van Breda	11	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs		
80	3:21.40 L	P	Zara Komani	11	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT		
81	3:22.09 L	P	Bukata Mwanza	11	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT		
82	3:22.15 L	P	Gabriella Scott	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
83	3:22.40 L	F	Layla Palframan	11	SEAL UMD	25/01/2025	uShaka Champs 2025		
84	3:22.44 L S	F	Erin Shekel	11	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
85	3:22.69 L	P	Alexia Tranter	11	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024		
86	3:22.70 L	F	Kaylee Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024		
87	3:22.78 L	F	Leanke Loots	11	KNYA EDD	28/03/2025	SA Level 2 Regional Age Group Champs		
88	3:22.99 L	F	Cara Hill	11	OHAN ILD	25/01/2025	uShaka Champs 2025		
89	3:23.02 L	P	Emma Gutsche	11	POLSC CCD	20/03/2025	SA Level 3 Champs 2025-NT		
90	3:23.30 L	F	Emily Van Der Byl	11	USC BUF	02/11/2024	BCA November Age Group Gala SC		
91	3:23.44 L	F	Miané Prinsloo	11	ACAQ CCD	12/10/2024	Limpopo Age Group 4		
92	3:23.67 L	P	Catherine Couch	11	QUES JHB	20/03/2025	SA Level 3 Champs 2025-NT		
93	3:23.99 L	F	Naomi Mahlangu	11	BLMA CPT	08/02/2025	WCA-B Champs - 2025		
94	3:24.40 L	F	Lily Van Zyl	11	QSAW CED	08/02/2025	WCA-B Champs - 2025		
95	3:24.65 L	F	Ashley Du Randt	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025		
96	3:24.85 L	F	Rachel De Fleuriot	11	SEALE ETH	25/01/2025	uShaka Champs 2025		
97	3:24.89 L	P	Lizanté Bam	11	BLSS MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
98	3:25.38 L	P	Melissa Kleynhans	11	PGAC ECU	27/03/2025	SA Level 2	Champs 2025-EGA	
99	3:25.60 L	F	Dine Vd Wal	11	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024		
100	3:25.62 L	F	Lexi Digovich	11	AWSC JHB	27/03/2025	SA Level 2	Champs 2025-EGA	
101	3:25.67 L	P	Nicola Nysschen	11	KTS	28/03/2025	SA Level 2 Regional Age Group Champs		
102	3:26.70 L	F	Diante Bothma	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024		
103	3:26.86 L	P	Amani Sausi	11	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN		
104	3:27.11 L	P	Jeanine Goosen	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
105	3:27.13 L	T	Zeney De Beer	11	CSA EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15		
106	3:27.19 L	P	Alexi Dandoulakis	11	CA ECU	05/12/2024	EGA Summer Championships		
107	3:27.32 L	P	Zanenkosi Ndlovu	11	BASA	27/03/2025	SA Level 2 Champs 2025	EGA	
108	3:27.33 L	P	Rebecca Sam	11	HPS TSH	27/03/2025	SA Level 2	Champs 2025-EGA	
109	3:27.45 L	P	Joana Majoni	11	BASA	27/03/2025	SA Level 2 Champs 2025	EGA	
110	3:27.89 L	F	Emma Du Toit	11	UPS NMA	18/02/2025	Inter Primary 2025		
111	3:28.04 L	F	Jane Tredoux	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
112	3:28.15 L	F	Aria Benade	11	SAAW CPT	08/02/2025	WCA-B Champs - 2025		

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
113	3:28.30 L	F	Amelia Lange	11	STAQ CED	08/02/2025	Winelands SL Final
114	3:28.38 L	F	Jessieka Faul	11	ASAC CPT	08/02/2025	WCA-B Champs - 2025
115	3:28.41 L	P	Luze Potgieter	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
116	3:28.46 L	F	Janel Van der Merwe	11	PRA GSD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
117	3:28.66 L	P	Georgia Steyn	11	SEAL UMD	31/03/2025	SA Level 2 Champs 2025-KZN
118	3:28.73 L	P	Shalom Mtleni	11	UNIU EZD	27/03/2025	SA Level 2 Champs 2025-EGA
119	3:28.78 L	F	Miane Bendeman	11	SS MPD	09/11/2024	Limpopo Age Group 5
120	3:28.91 L	P	Kayden Jack	11	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
121	3:29.00 L	F	Ella Niven	11	UNI EZD	11/10/2024	MP AGE GROUP 2 (11 - 11 OCT'24)
122	3:29.13 L	F	Leané Bruwer	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
123	3:29.82 L	P	Emma Roets	11	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
124	3:30.13 L	F	Isabel Helberg	11	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
125	3:30.43 L	F	Mariane Labuschagne	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
126	3:30.52 L	F	Tenley Fowler	11	AZON ETH	25/01/2025	uShaka Champs 2025
127	3:31.36 L	F	Vida Olivier	11	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
128	3:31.42 L	P	Harley Knudsen	11	PGAC ECU	05/12/2024	EGA Summer Championships
129	3:31.73 L	F	Jana Serdyn	11	INFA NMA	31/01/2025	Infinity Gala 2025
130	3:31.76 L	P	Nissi Mtetwa	11	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA
131	3:31.94 L	F	Lianka Spies	11	GHS BP	28/02/2025	NW School Championships 2025
132*	3:32.47 L	F	Mambay Banza	11	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
132*	3:32.47 L	P	Tiisetso Makhatho	11	ESP ECU	27/03/2025	SA Level 2 Champs 2025 EGA
134	3:32.74 L	F	Razaanah Essex	11	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
135	3:32.96 L	P	Elle Lingerfelder	11	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
136	3:32.97 L	F	Julie Schwartz	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
137	3:33.62 L	F	Skyler Muller	11	HARL BUF	02/11/2024	BCA November Age Group Gala SC
138	3:33.77 L	F	Janke Bresler	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
139	3:33.89 L	F	Annabelle Ras	11	QUIC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
140	3:33.98 L	P	Mika Pelser	11	OLDE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
141	3:34.32 L	F	Engela Kloppe	11	USC BUF	13/12/2024	NMBA Championships 2024
142	3:34.42 L	F	Phelan Labuscagne	11	QUES JHB	29/11/2024	CGA Championships 2024
143	3:34.80 L	P	Reatile Ntidi	11	NWUC KKD	07/12/2024	NWS Championships 2024
144	3:35.54 L	F	Zani Hager	11	ASAW CED	28/03/2025	SA Level 2 Regional Age Group Champs
145	3:35.95 L	F	Mia Mostert	11	AWIN TSH	13/09/2024	NTS September Age Group 2024
146	3:36.01 L	F	Xin Tong Haley Liang	11	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
147	3:36.39 L	F	Mercedes Jaftha	11	MANT CPT	28/03/2025	SA Level 2 Regional Age Group Champs
148	3:36.44 L	F	Miane Steyn	11	LEGC ETH	01/02/2025	KCDA Age Group 4 2024
149	3:36.66 L	P	Khera Murray	11	H2O ECU	05/12/2024	EGA Summer Championships
150	3:36.76 L	P	Maya Chelin	11	H2O ECU	27/03/2025	SA Level 2 Champs 2025 EGA
151	3:36.92 L	F	Annie Bester	11	AGAQ OBD	08/02/2025	WCA-B Champs - 2025
152	3:37.36 L	F	Leila Burden	11	BARR CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
153	3:37.86 L	F	Heili Van Heerden	11	BETH FDD	04/12/2024	Free State Champs 2024
154	3:38.00 L	F	Wyllow Halse	11	USC BUF	13/12/2024	NMBA Championships 2024
155	3:38.03 L	P	Lilly-Mae Smith	11	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA
156	3:38.04 L	F	Carli Stoop	11	COMS TSH	13/09/2024	NTS September Age Group 2024
157	3:38.29 L	F	Kyla Coetzee	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
158	3:38.38 L	F	Milea Louw	11	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
159	3:38.40 L	P	Rachel Johnson	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
160	3:38.50 L	F	Sophia Ebrahim	11	ESP ECU	01/02/2025	EGA Last Chance Gala
161	3:38.70 L	F	Nduvho Rabambi	11	BS LLD	18/02/2025	Inter Primary 2025
162	3:38.74 L	F	Puleng Masemene	11	ELEC TSH	13/09/2024	NTS September Age Group 2024
163	3:38.90 L	F	Morgan Baard	11	FISH EDD	15/06/2024	PEA Winter Gala 2024
164	3:39.20 L	P	Marlien Nell	11	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
165	3:39.41 L	F	Tanya Loots	11	TYGE CPT	08/02/2025	WCA-B Champs - 2025
166	3:39.81 L	F	Paige Oliphant	11	PAC TSH	13/09/2024	NTS September Age Group 2024
167	3:40.77 L	F	Beulah vd Merwe	11	MCS BP	28/02/2025	NW School Championships 2025
168	3:41.48 L	P	Myra Bailey	11	RACE JHB	29/11/2024	CGA Championships 2024
169	3:41.70 L	F	Murunwa Thidiela	11	MAKO ECU	18/01/2025	EGA Summer 5
170	3:41.72 L	F	Beatrisa Kotklier	11	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
171	3:42.22 L	F	Mieke Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
172	3:42.63 L	P	Lethabo Rikhotso	11	WATR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
173	3:42.83 L	F	Isabelle de Beer	11	GHS BP	28/02/2025	NW School Championships 2025
174	3:43.32 L	F	Alexia Botha	11	KALA	06/12/2024	NCASA CHAMPS 2024
175	3:43.40 L	F	Pradhia Singh	11	CASC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
176	3:43.54 L	F	Meziana Hammouche	11	MAKO ECU	26/10/2024	Summer 3 Delville
177	3:43.69 L	F	Jaunté Duvenage	11	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
178	3:43.79 L	P	Etli Van Niekerk	11	CSA EZD	27/03/2025	SA Level 2 Champs 2025 EGA
179	3:44.46 L	P	Mieke Pretorius	11	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
180	3:44.54 L	P	Rebecca Symon	11	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
181	3:44.81 L	P	Yolayne Aucamp	11	TNDER FDD	28/03/2025	SA Level 2 Regional Age Group Champs
182	3:44.95 L	F	Lusanele Qusheka	11	BEST NMA	16/11/2024	5th A League Gala 2024
183	3:45.21 L	F	Leah Vos	11	CSA EZD	29/11/2024	Mpumalanga Championships 2024
184	3:45.58 L	F	Abigail Wilson	11	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
185	3:45.66 L	F	Lea Cilliers	11	BLOT MAN	25/10/2024	Neptunes Gala
186	3:45.77 L	F	Kamila Mohapi	11	ESTR ECU	26/10/2024	Summer 3 Delville
187	3:45.95 L	P	Aiva Van der Zandt	11	STAR BPD	07/12/2024	NWS Championships 2024
188	3:46.03 L	P	Sarah McNamara	11	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
189	3:47.11 L	F	Elmine Opperman	11	KTS	06/12/2024	NCASA CHAMPS 2024
190	3:47.22 L	F	Carla Swart	11	ASAC CPT	28/03/2025	SA Level 2 Regional Age Group Champs
191	3:47.31 L	F	Kethelo Mkhize	11	USH KCD	25/01/2025	uShaka Champs 2025
192	3:47.46 L	F	Skylin Koupis	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala
193	3:47.55 L	F	Leah Kotze'	11	BULS MAN	11/10/2024	Otters Prestige Gala 2024
194	3:48.11 L	F	Alyssa Bosch	11	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
195	3:48.29 L	F	Mika Vd Merwe	11	AWSC JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
196	3:48.90 L	F	Inge Jv Vuuren	11	LSTZN CCD	02/11/2024	Limpopo LS - Top 8 skole 2024
197	3:49.38 L	F	Emma McCallum	11	USC BUF	13/12/2024	NMBA Championships 2024
198	3:50.21 L	F	Ava Du Preez	11	BEAV ETH	25/01/2025	uShaka Champs 2025
199	3:50.97 L	P	Mariandi Bredenkamp	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
200	3:51.34 L	P	Ditebogo Pheeha	11	ACAC CCD	27/03/2025	SA Level 2 Champs 2025 EGA
201	3:51.53 L	F	Emma-Kate McCallum	11	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
202	3:51.90 L	F	Rachel Thompson	11	PSC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
203	3:51.93 L	F	Cari Kriel	11	LAL CED	28/03/2025	SA Level 2 Regional Age Group Champs
204	3:52.22 L	F	Zane Kroon	11	AGAQ QBD	17/10/2024	43rd Freda Barnard Invitational Gala
205	3:52.25 L	F	Daniella Louw	11	BLOT MAN	14/02/2025	Neptune Last Chance Gala
206	3:52.37 L	F	Kari Moolman	11	UNI EZD	29/11/2024	Mpumalanga Championships 2024
207	3:52.72 L	P	Maria De Klerk	11	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
208	3:53.61 L	F	Mieke Jordaan	11	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
209	3:54.38 L	F	Helana Pretorius	11	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
210	3:55.52 L	F	Motheo Leshilo	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
211	3:55.56 L	F	Ava Stevens	11	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
212	3:56.45 L	P	Hayley Downs	11	CRSC JHB	27/03/2025	SA Level 2 Champs 2025-EGA
213	3:56.66 L	F	Oarerata Modiole	11	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
214	3:56.69 L	F	Leah Botha	11	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
215	3:57.04 L	F	Kayla Coetzee	11	VALS FDD	15/11/2024	Valsrivier Gala 2024
216	3:57.32 L	F	Khloe Mesquita	11	ANAX CPT	08/02/2025	WCA-B Champs - 2025
217	3:57.71 L	F	Astrid Saul	11	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
218	3:57.80 L	F	Cato Erasmus	11	BLIZ TMD	04/12/2024	Free State Champs 2024
219	3:57.85 L	P	Rachel Saltzman	11	ESTR ECU	27/03/2025	SA Level 2 Champs 2025-EGA
220	3:58.41 L	F	Amy Freeman	11	NAE EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
221	3:59.28 L	F	Arya Fenwick	11	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
222	3:59.52 L	F	Lilly Rautenbach	11	ANAX CPT	22/02/2025	Swartland Invitational Gala 2025
223	4:01.47 L	F	Mihanka vd Bank	11	CUHE QBD	17/10/2024	43rd Freda Barnard Invitational Gala
224	4:01.59 L	F	Mienke Kemp	11	TNDER FDD	25/10/2024	Neptunes Gala
225	4:01.99 L	P	Beersheba Negash	11	BARA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
226	4:02.24 L	F	Lily Marais	11	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
227	4:02.46 L S	F	Mpho Kutumane	11	UWCA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
228	4:02.93 L	F	Lily Jones	11	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
229	4:03.22 L	F	Anchen Schoeman	11	BS LLD	04/12/2024	Free State Champs 2024
230	4:06.35 L	F	Jorja Petschel	11	HARL BUF	22/11/2024	BCA Long Course Championships 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
231	4:07.71 L	F	Dané Combrinck	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
232	4:08.20 L	F	Ymeri Wilken	11	VALS FDD	04/12/2024	Free State Champs 2024
233	4:08.67 L	F	Fozia Martin	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
234	4:09.03 L	F	Elmi Koen	11	ASAW CED	25/01/2025	Winelands JLfin
235	4:09.27 L	F	Danelle Louw	11	BULS MAN	11/10/2024	Otters Prestige Gala 2024
236	4:09.49 L	F	Alexa Kibel	11	ORCA EKU	01/02/2025	EGA Last Chance Gala
237	4:09.83 L	P	Tlotlotsame Makatiers	11	RBOT BPD	07/12/2024	NWS Championships 2024
238	4:09.85 L	F	Zoe Joanides	11	BLNE MAN	25/10/2024	Neptunes Gala
239	4:09.87 L	F	Marizel Prinsloo	11	BS LLD	11/10/2024	Otters Prestige Gala 2024
240	4:10.97 L	F	Danika Brynard	11	STSC KCD	25/01/2025	uShaka Champs 2025
241	4:11.37 L	F	Vania Martin	11	SOUL EKU	18/01/2025	EGA Summer 5
242	4:11.93 L	F	Mari Sterne	11	STAQ CED	25/01/2025	Winelands JLfin
243	4:12.00 L	F	Jessica Steyn	11	VHD ZLD	02/11/2024	Uthukela District Age Group Gala
244	4:12.72 L	F	Tabea Greyling	11	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
245	4:13.46 L S	F	Lexi Abrahamse	11	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
246	4:14.74 L	F	Ilanca Smuts	11	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
247	4:15.14 L	F	Miele' Loftus	11	BULS MAN	11/10/2024	Otters Prestige Gala 2024
248	4:15.20 L	F	Adrianne Meiring	11	PEAS NMA	15/06/2024	PEA Winter Gala 2024
249	4:15.36 L	P	Adelle Luttig	11	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
250	4:15.90 L	F	Tshilidzi Rakhumba	11	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
251	4:16.44 L	F	Rita Rouillard	11	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
252	4:17.31 L	F	Izelda Meyer	11	VHD ZLD	02/11/2024	Uthukela District Age Group Gala
253	4:17.97 L	F	Emme Wessels	11	BS LLD	18/02/2025	Inter Primary 2025
254	4:18.35 L	P	Kagiso Motuku	11	PGAC EKU	05/12/2024	EGA Summer Championships
255	4:18.74 L	F	Nienke Eksteen	11	VALS FDD	14/02/2025	Neptune Last Chance Gala
256	4:19.18 L	P	Ava Candiotes	11	HREF BPD	07/12/2024	NWS Championships 2024
257	4:20.38 L	F	Kirsten Schnehage	11	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
258	4:22.11 L	F	Cayla Senekal	11	LSJM SKD	02/11/2024	Limpopo LS - Top 8 skole 2024
259	4:22.14 L	F	Tenè Venter	11	BLSS MAN	04/12/2024	Free State Champs 2024
260	4:22.92 L	F	Mika Philander	11	AQDO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
261	4:22.97 L	F	Ulfa Jaffa	11	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
262	4:23.43 L	F	Karla Kriek	11	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
263	4:24.12 L	F	Atipha-Ishe Mubuyzyi	11	CAMB P BUF	03/02/2025	Buffalo City Primary School Trials 2025
264	4:24.25 L	F	Leah Mbhokota	11	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
265	4:24.81 L	P	Reabetswe Raphuti	11	HARB BPD	07/12/2024	NWS Championships 2024
266	4:26.23 L	F	Mari-Hane Visser	11	KALA	06/12/2024	NCASA CHAMPS 2024
267	4:26.79 L	F	Michaela Kröger	11	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
268	4:31.33 L	F	Abigail Van der Westhuizen	11	CA EKU	26/10/2024	Summer 3 Delville
269	4:31.86 L	F	Riandi Muller	11	INFA NMA	31/01/2025	Infinity Gala 2025
270	4:33.52 L	F	Katrien Radley	11	NSAD EZD	29/11/2024	Mpumalanga Championships 2024
271	4:33.88 L	F	Liane Jordaan	11	UPSK ZMD	18/01/2025	AGE GROUP 5 UPT2025
272	4:43.18 L	F	Cleo Julius	11	KALA	23/11/2024	AGE GROUP 3 KATHU 2024
273	4:45.40 L	F	Anje Louw	11	QUIC CPT	09/11/2024	Swartland Prestige Gala 2024
274	5:22.88 L	F	Neo Chomba	11	BARA EKU	18/01/2025	EGA Summer 5
Women 11 - 11 400 IM							
1	7:59.50 L	F	Lianka Spies	11	HARB BPD	07/12/2024	NWS Championships 2024